

THE SOURCE

SPRING 2018

What's New?

New training sessions for after school care providers!

All PPLD classes are discounted this quarter! Look for the owl icon!

Set 3 cohort training - see page 5!

On July 1, the price of our CPR / First Aid classes will increase to \$50.00.
This change is due to a recent increase in the cost of materials.

Planning Your Professional Development: Which Level of Training do You Need?

By Karen Kraemer and Heather Irace

Oh my, you need three more training hours before your program's license renewal date. As you look over this quarter's offerings, a number of factors may influence which classes you choose:

- Which classes fit your schedule?
- Which classes fit your budget?
- Which classes sound interesting?
- In which Core Knowledge Categories do you need training hours?
- Which classes are appropriate for your current level of knowledge and experience?

The last point is often an afterthought, but it does require attention. With experience, you build your knowledge and skills and expand your understanding. At some point, introductory level "Set One" training sessions will no longer meet your needs.

Let's look at an example outside of early childhood education. Imagine that you are interested in learning to crochet. You have a goal of someday making intricate, multi-colored creations. Of course, you

know that you cannot do so the first time you pick up a crochet hook and use it to work yarn. You start by finding a resource to introduce you to basic crochet stitches. With practice, you will soon find that you are ready for more. Learning intermediate skills will allow you to include design, shape, and texture in your projects. After some time, you might seek advanced learning so you can create more complex and unique projects. If you continue to crochet, you will develop mastery after quite a lot of learning and practice. Learning the skills and knowledge which are needed by early childhood education professionals happens in much the same way.

The Oregon Registry Step Program is designed to encourage you to focus on introductory (Set One) training when you are working toward the early Steps, 1-7. Set One training is designed to introduce you to new ideas. If you followed a typical path, you may have started your career by learning about topics related to Health, Safety, and Nutrition (HSN), then you may have moved on to learning about Human Growth and Development (HGD).

Continued on page 2



Office Hours

Monday - Friday
8:30 am - 4:30 pm

Closed

We will be closed on
Monday, May 28
for Memorial Day

We will be closed
for staff meetings
12:30 to 3:00 pm
on April 26,
May 31,
and June 20

By the time you reach Step 7, you will have built an understanding of topics in all ten Core Knowledge Categories. If you have mostly participated in Set One training, there may be a lot more to learn about any given subject. In order to advance past Step 7, you need to go beyond introductory level knowledge.

Once you understand the basics of a topic, you are ready to use what you have learned. Set Two classes are designed to help you use your knowledge in your work with children. The suggestion from the Oregon Registry is that you will gain more from a Set Two class if you have already taken several Set One classes in the same Core Knowledge Category. When you attend a Set Two class, the trainer will assume you already know something about the topic.

Let's look at the Set One class, *Positive Guidance Basics* (see page 18), which will be taught by Tammy Marino of Ask Phoenix Solutions. If you take this class, you will learn about ways to proactively guide children's behavior. This will prepare you to participate in a Set Two class on a similar topic, such as responding to challenging behavior. Aoife Magee's class, *Linking the Causes of Challenging Behavior with Strategies for Positive Child Guidance: Birth to Five* (see page 18) might be a great next step for your learning.

Set Three classes offer more in-depth learning. You will get the most out of a Set Three class if you understand the topic and are already putting that knowledge into practice.

Standards for each level of training are listed in the recently

revised document, Oregon's Core Knowledge Categories. Trainers use the Core Knowledge Categories document to make sure their classes meet Oregon's standards.

As a professional, you can use the same information to assess whether a training is appropriate to your unique needs. Whenever you can, select classes that help you meet your professional development training requirements AND help you build a strong foundation for your growing understanding of early childhood education. You can find the Core Knowledge Categories document at the OCCD website: www.pdx.edu/occd/forms-and-resources.

Set One standards include:	Set Two standards include:	Set Three standards include:
Awareness Basic Principles Definition Description Explanation Fundamentals Identification Introduction Overview Understanding	Application Development Examination Exploration Implementation Influences Linking Practice Selection Strategies	Analysis Comparison Critical Examination In-depth Study Interrelationships Research Theories

FREE LEAD EVALUATION

Grants to reduce hazards also available

When lead-based paint is disturbed, it creates poisonous dust that is particularly harmful to children and pregnant women. The Portland Lead Hazard Control Program provides a free evaluation of lead hazards and grants to reduce lead-based paint hazards in housing occupied by qualified low and moderate income households. Contact the Portland Housing Bureau at 503-823-3400, or [visit them online](http://www.portlandoregon.gov/phb/74654) for more information.

www.portlandoregon.gov/phb/74654

Would you like to receive
The Source by email
each quarter?
Please email
amelia.reyes@mhcc.edu
to let us know.

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If you work in the early childhood education field, you are a mandatory reporter.

Being a mandatory reporter means that you are required by law to report suspected abuse or neglect of any child or elderly or dependent adult. This is true even when you are not at your job. If you think a child or adult might be experiencing abuse or neglect you must make a report, even if you are not sure. To make a report, call the Oregon Department of Human Services at 1-855-503-SAFE (7233).

Need a refresher? If it has been at least 5 years (3 years for people working in Certified Family and Certified Center programs) since you completed the Recognizing and Reporting Child Abuse and Neglect (RRCAN) class, you can take it again and get two hours of credit toward your required training hours. The class is available [online](#) at no charge, or you can attend the class in-person. See page 11 for dates and times.

<http://campus.educadium.com/OCCD/>

April Rain Song

By Langston Hughes

Let the rain kiss you
Let the rain beat upon your head with silver liquid drops
Let the rain sing you a lullaby

The rain makes still pools on the sidewalk
The rain makes running pools in the gutter
The rain plays a little sleep song on our roof at night
And I love the rain.

www.poetryfoundation.org



REGISTER FOR KINDERGARTEN

by June 1

If your child will be 5 years old by Sept. 1, register now to help your child and family have a great start to the school year. School offices close during the summer, so please register today!



Kindergarten COUNTS

A TRI-COUNTY EARLY
LEARNING INITIATIVE

Need help identifying your school or district?

DIAL 211

TEXT your zip code to 898211

All Ability Tri4Youth Event

Saturday, August 11

Tualatin Hills Athletic Center
15707 SW Walker Rd, Beaverton,
OR 97006

The All Ability Tri4Youth is a fun, safe, accessible event with an emphasis on inclusion and community building. From a triathlon course that has been successfully tested by youth to fully accessible facilities, great music, food, and lots to celebrate, participants will create lifelong memories on this special day.

Information and registration:
factoregon.org/calendar/triathlon/

Oregon's New Family Child Care Scholarship

provides funding for training, college coursework, conference fees, or applying for a credential. To qualify, you must be the provider named on an Oregon Registered Family or Certified Family Child Care license. Funds are limited and availability may change. See application for details. Funds are available until the money has been used or until June 30, 2019 (whichever comes first). Please select your scholarship carefully; individuals may only be awarded one type of scholarship. Apply today at www.oregonccpt.com.

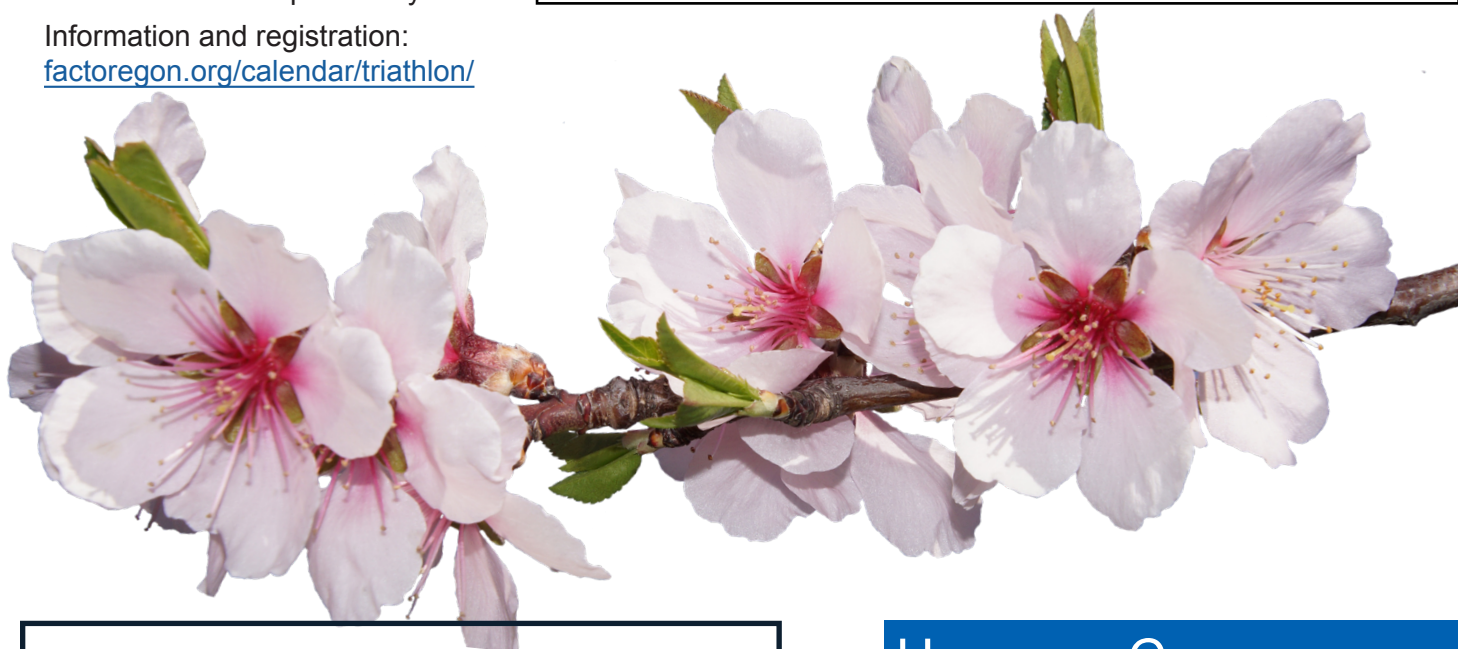
Speak with an AFSCME representative if you have questions:

English 503-508-2287

español 503-891-4831

Русский 503-508-2287

Tiếng Việt/中文 503-954-4982



Online Child Care Search

The free, state designated online child care search has changed how parents see child care search results. Before the change, when a parent searched for care, results were limited to 10 programs at a time, which were pulled randomly from the database. This meant that some programs in densely populated areas might not show up, even after numerous searches. Now all programs within the selected area that meet the parent's search criteria will be displayed. Additional search fields were also added, including the program's willingness to work with DHS subsidies (ERDC). Remember, you can update your information by calling (503)416-2698 or emailing support@211info.org.

The online child care search tool can be found at triouw.org/projects/fcco

UPCOMING CONFERENCES

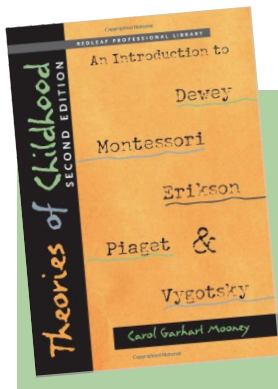
Oregon AEYC

Infant Toddler Institute
and Professional Development Institute
at Lane Community College
Friday and Saturday, April 20 & 21, 2018
www.oraeyc.org

Annual Early Childhood Summer Institute
Free professional development opportunity
Monday - Thursday, June 25 - 28, 2018
at South Albany High School
<https://goo.gl/8jKhjE>

Oregon Parenting Educators Conference
Monday and Tuesday, May 21 & 22, 2018
at Oregon State University
<https://goo.gl/uDMxYn>

This spring we are pleased to offer a unique Set 3 training opportunity: Bringing Early Childhood Theory to Life



We are offering this seven-week class in partnership with Community Action, the Washington County CCR&R. Our classroom in Multnomah County will be connected via video conference with a classroom in Washington County, creating an exciting and unique learning experience! Trainers: Heather Irace (Multnomah County) and Danielle Stamm Thomas (Washington County)

Have you learned all you can from major theorists like Vygotsky and Dewey? Join us to analyze child development theory and transform your understanding of early childhood education. This in-depth training balances active learning, reflective discussion, and out-of-classroom assignments to help you make meaningful connections between your work and major theories of development.

Session 1:	Saturday, April 14	9:00 am - 12:00 pm
Session 2:	Thursday, April 19	6:00 - 9:00 pm
Session 3:	Saturday, April 28	9:00 am - 12:00 pm
Session 4:	Thursday, May 3	6:00 - 9:00 pm
Session 5:	Saturday, May 12	9:00 am - 12:00 pm
Session 6:	Thursday, May 17	6:00 - 9:00 pm
Session 7:	Thursday, May 31	6:30 - 8:30 pm

- 25 hours of Set 3 training in HGD
- 20 hours in class + 5 hours working on your own
- Infant, Toddler, Preschool focus
- Register with course number CCRX11AHGD, Section 1
- Cost: \$200.00
- Ask us how to apply for \$100.00 from the [Oregon Statewide Scholarship Program](#) to help pay for this approved cohort!
- Location: CCR&R Office
4510 NE 102nd Ave.
Portland, OR 97220

This training uses the book, *Theories of Childhood*, by Carol Garhart Mooney (Second Edition). We will lend you a copy of the book for the duration of the training, or you can purchase your own copy from a book store.

Supports for Challenging Behavior, Social & Emotional Development, and Special Needs Screening

Even experienced educators and caregivers need support from time to time.

- Looking for ideas on how to address challenging behaviors?
- Are you worried about a child's social & emotional development?
- Do you feel like you are having trouble meeting a child's needs?

Child behavior specialists are available to help.
This is a free service.

Call Child Care Resource and Referral's
Child Behavior Specialist Line 503-491-6219



Multnomah Early Childhood Program (MECP)

Multnomah Early Childhood Program (MECP) provides early intervention and early childhood special education services to children birth to age five in Multnomah County.

If you have concerns about a child's development, including speech and language, motor skills, behavior, socialization, vision, or hearing, you may make a referral to MECP for a developmental screening. Qualifying children are eligible to receive free services to support healthy development and support the child's full participation in and enjoyment of home and school life.
This is a free service.

Call 503-261-5535
to refer a child for developmental screening.

The Inclusive Child Care Program (ICCP)

The Inclusive Child Care Program is here to help YOU, the child care provider, deliver the best care you can for all children. We provide free consultation and staff training to support children with diverse abilities and needs in their child care placement.

If you have questions or are needing support please contact us to schedule a visit.

This is a free service.

Call 971-673-2286,
or email contact.iccp@state.or.us

SPARK UPDATES

Congratulations to Multnomah County's newest star-rated programs!



Vera Poberezhnaya
Nadezhola Lavaline
Vera Skrylnikova
Larisa Sannikova
Pequenitos Day Care II

Just Little People Inc
PPS Head Start - Sacajawea
Nena's Daycare
Carita Feliz
Providence Wee Care

*Thank you for the hard
work you do on behalf of
Oregon's children!*

Update accurate as of March 7, 2018

Are you interested in working on quality improvement?
It's not too late to qualify for quality improvement funding!

Do you have an unfinished QRIS portfolio?
If you do, there is still time to earn a star-rating with the current system!

Call Heather (503) 491-6226 for information.

CHILD CARE FUNDING

CCI Expansion Means More Financial Assistance for Families

Thanks to increased funding from the Portland Children's Levy, the Community Childcare Initiative (CCI) is expanding funding. Eligible families on the DHS reservation list can now apply for CCI benefits. Families must live in Portland or use child care in Portland.

DHS is currently placing those applying for employment-related daycare assistance (ERDC) on a wait list (reservation list). Limited families meeting very specific criteria will be accepted into the ERDC program to receive assistance with child care costs. However, with our additional funds, CCI is able to accept applications both from families accepted to ERDC AND those on the waitlist. We encourage anyone who may be eligible to apply for ERDC and then contact us for assistance paying for child care.

Eligible families attending child care programs enrolled in CCI pay only 10% of their gross monthly income for child care costs, while the child care program receives their full tuition rate.

Interested child care programs which operate in Portland or serve families who live in Portland may call the CCI Coordinator at 503-491-6220 to learn about eligibility requirements.



Investing in our future
**portland
children's
levy**

Save the Date!

Tuesday, May 15 from 5:30 - 8:00 pm

Early Educator Evening

A **FREE** event at OMSI, just for you and other educators who work with early learners (birth - K)!

- ★ Enjoy free food and cash bar
- ★ Explore OMSI's early learner exhibits and programs
- ★ Build your professional learning community
- ★ Enter to win prizes

*RSVP required; please email
adouglass@omsi.edu for more details.*





Mt Hood Community College/CCR&R Registration

FORMA DE REGISTRACIÓN

Information on this form will be provided to the Oregon Registry.

La información de este formulario será proporcionada al Registro de Oregon.



Date Fecha:	Last name Apellido	First name Primer nombre	M.I. Segundo
Term / Year Año	Home Address Dirección	City Ciudad	State Estado Zip Código Postal
Spring 2018			

Gender Género	Mother's Maiden Name Apellido de Soltera de la Madre
Birth Date Fecha de Nac	Phone Teléfono
Email Correo electrónico	

Type of Care Tipo de cuidado:

☐ Center
 ☐ RF
 ☐ CF

☐ Exempt (not licensed through OCC, sin licencia de OCC)

Child Care License Number							
Numero De Licencia De Cuidado Infantil							

<input type="checkbox"/> Yes! Please mail me a Food Handler Packet. I have included a payment of \$10 Si! Favor de enviar el paquete para manejar los alimentos. He incluido el pago de \$10

Ethnic Data - Datos Etnicos	
<input type="checkbox"/>	Native American Nativo Americano
<input type="checkbox"/>	Alaskan Native Nativo de Alaska
<input type="checkbox"/>	Asian/Pacific Islander Asiatico/De las Islas Pacificas
<input type="checkbox"/>	African – American/Black Afro-Americano
<input type="checkbox"/>	Hispanic or Latino/a Hispano o Latino/a
<input type="checkbox"/>	White/Caucasian Blanco/Caucásico
<input type="checkbox"/>	Unknown or Other Se Desconoce o Otro _____

High School Education Educación Preparatoria	
<input type="checkbox"/>	(H)-High School Graduate Graduado de Preparatoria
<input type="checkbox"/>	(D)-Adult High School Diploma Diploma de la Preparatoria
<input type="checkbox"/>	(S)-Still in High School Todavía en la Preparatoria
<input type="checkbox"/>	(G)-GED
<input type="checkbox"/>	(N)-Did not complete No Complete

<input type="checkbox"/> Are you a US Military veteran? ¿US Veterano Militar?

Name of High School Nombre de la Preparatoria	Graduation Yr Año Graduado	State Estado

Will you be employed while attending this class? ¿Usted estará trabajando mientras asiste la escuela?	
<input type="checkbox"/>	Yes, full-time (35+ hours per week) Si, Tiempo Completo (35+ horas a la semana)
<input type="checkbox"/>	Yes, part-time (Less than 35 hours per week) Si, Medio Tiempo (Menos de 35 horas por semana)
<input type="checkbox"/>	No, not employed No, no estoy trabajando

Course # Curso #	SEC # Sección #	Course Name Nombre del Curso	Date Fecha	Cost Costo

FOR OFFICE USE ONLY				Authorized Signature								Date	
Apply Cashier Code in the Amount of \$													
Cashier code	CCRD	EXP	CDFS	CCRC	CCI	OCCD	CDA	RFCF					

Bring or mail completed registration form to CCR&R-MC 4510 NE 102nd Ave. Portland, OR 97220
 Envíenos por correo o en persona su forma de registraci3n a CCR&R-MC 4510 NE 102nd Ave Portland, OR 97220

CCR&R TRAINING REGISTRATION, POLICIES, AND ETIQUETTE

REGISTRATION:

1. Complete the registration form on page 7. All necessary information can be found with class descriptions.
2. Registration for classes will only be accepted by mail or in person, and they must be received prior to the class date. All classes require pre-registration and payment if applicable. Payments are non-transferable from person to person.
3. Mail the registration form with full payment to:
CCR&R-MC
4510 NE 102nd Ave.
Portland, OR 97220

Please make checks and money orders payable to CCR&R-MC. We cannot accept credit/debit card payments at this time. Each person registering for a class needs to fill out a separate registration form. Please make copies as needed or download more copies from our website:

www.ccr-mc.org/training

4. Placement in a requested class will be on a first-come, first-served basis. If there is not space available in the class you request, we will call to let you know.

CANCELLATION POLICY: Please call ahead of time if you need to cancel. If you cancel at least 24 hours prior to the training for which you are registered, you will be issued a refund. The refund will be issued to the person that was registered for the class, regardless of who paid for the class. **Blended CPR classes must be cancelled 2 weeks in advance. See page 11 for specific dates.**

ATTENDANCE POLICY: If you miss a class and have not given at least 24 hours notice, you forfeit the payment for the class. It is important that participants arrive on time and stay for the duration of the class. Participants arriving later than 15 minutes after the start of class will not receive a certificate nor reimbursement, and no partial credit will be issued. In order to receive credit for multiple session trainings, full attendance is mandatory.

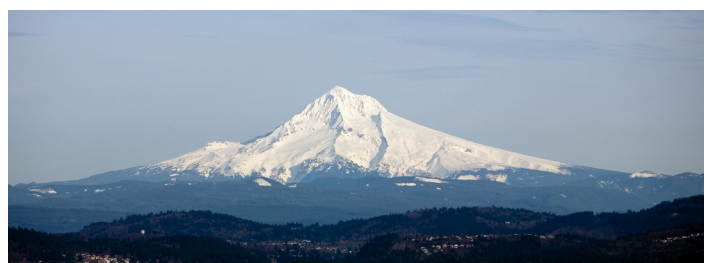
INCLEMENT WEATHER: In the case of inclement weather, CCR&R classes will be cancelled when and if Mt. Hood Community College closes. Closures will be announced via radio, television networks and mhcc.edu. If MHCC evening classes are cancelled, this also indicates that CCR&R evening classes will be cancelled. If class is not cancelled and you choose not to attend, you forfeit any applicable payment.

MHCC encourages students and staff to register for FlashAlert in order to receive emergency notices. There is no cost to use this service and your information will remain confidential. Set up a yearly FlashAlert subscription at www.flashalert.net/id/MHCC

POLICY FOR CHILDREN: Children under the age of 16 are not allowed in trainings. This is for the welfare of all class participants. Please adhere to this policy unless notified by CCR&R of an exception. If you have a breastfeeding infant who you need to bring to class, please call us ahead of time to make arrangements.

ACCOMMODATIONS AVAILABLE: Individuals who require accommodations due to disability may contact CCR&R at (503) 491-6205. Please call at least two weeks before the class to ensure availability.

CLASSROOM ETIQUETTE: Please come prepared to take notes and participate in the class. When you arrive, sign in on the roster sheet. Please make sure your cell phone is turned off or silenced before the class begins. At the end of the class, please complete the evaluation. This will aid us in planning training opportunities that interest you and meet your professional needs. If you are not leaving the building right away after an evening class, let the instructor know. He or she may need to set the building alarm and will need to know if there is someone still in the building.



Mt. Hood seen from OHSU by Cacophony

OREGON REGISTRY CORE KNOWLEDGE CATEGORIES (CKC)

www.pdx.edu/occd

CKC	Abbreviation
Diversity	DIV
Family and Community Systems	FCS
Health, Safety, and Nutrition	HSN
Human Growth and Development	HGD
Learning Environments and Curriculum	LEC
Observation and Assessment	OA
Personal, Professional, and Leadership Development	PPLD
Program Management	PM
Special Needs	SN
Understanding and Guiding Behavior	UGB

CDA NUMBERING SYSTEM (CDA)

www.cdacouncil.org

Competency area 1. Planning a safe, healthy, learning environment. Training subjects include health and safety, first aid, space planning, materials and equipment.

Competency area 2. Steps to advance children's physical and intellectual development. Training subjects include active play, fine motor skills, language, writing, literacy, discovery, art, and music.

Competency area 3. Positive ways to support children's social and emotional development. Training subjects include friendship skills, self-esteem, self-control, understanding emotions, guiding behavior.

Competency area 4. Strategies to establish productive relationships with families. Training subjects include working with parents, home visits, conferences, referrals.

Competency area 5. Strategies to manage an effective program operation. Training subjects include planning, record-keeping, policies, and budgeting.

Competency area 6. Maintaining a commitment to professionalism. Training subjects include advocacy, ethical practices, work force issues, professional associations.

Competency area 7. Observing and recording children's behavior. Training subjects include tools and strategies for collecting objective information about children's learning and development.

Competency area 8. Principles of child development and learning. Training subjects include developmental milestones, and cultural influences on development.



SET ONE training provides an overview of basic principles, theories and/or research. Set One training participants are expected to gain basic, introductory knowledge of session topics.

SET TWO training presents intermediate knowledge. The purpose of these sessions is to build on previous knowledge by having professionals use what they have already learned and experienced to think in depth and to learn more. Sessions are developed assuming that participants already have basic knowledge of the subject.

SET THREE training presents advanced knowledge. Sessions provide opportunities for analysis, comparison, critical examination, evaluation, research, and/or practical study. Set Three training participants are expected to already have significant and/or intermediate knowledge of and professional experience in the session topic.

The listing for each training session includes age group information:

IT = Infants and toddlers (birth to 3 years old)

PK = Preschoolers (3 to 5 years old)

SA = School-age children (5 to 12 years old)

NA = The class contains no age-related content

All = The class includes content that applies to all age groups.

For more information visit the Oregon Center for Career Development (OCCD) at www.pdx.edu/occd

CHILD CARE LICENSING INFORMATION

Training to become a licensed family child care provider:

1. Attend a Family Child Care Overview class
2. Obtain an Infant/Child/Adult CPR and First Aid card
3. Obtain a Food Handlers Card
4. Attend a Recognizing and Reporting Child Abuse and Neglect class or take the online training
5. Attend Introduction to Child Care Health and Safety class or take the online training

Training to renew your Registered Family Child Care License:

1. Ensure you have a current Infant/Child/Adult CPR and First Aid Card and a Food Handlers Card
2. Send in any certificates to ORO (Oregon Registry Online) 30 days prior to your renewal, indicating 10 hours of child care training
3. Complete online Introduction to Child Care Health and Safety training if you have not done so already

FAMILY CHILD CARE OVERVIEW

The family child care overview is a free, one time class required to become a licensed registered family child care provider in Oregon. Information presented includes rules and regulations, the application process, child care business principles, and resources including CCR&R services and the USDA food program. You must pre-register. Classes are typically held at MHCC Maywood Annex, 4510 NE 102nd Ave, Portland, OR 97220. **Course # CCRX10R**

Location: MHCC Maywood Annex, 4510 NE 102nd Ave, Portland, OR 97220		
Tuesday	April 24	9:00 am - 12:00 pm
Wednesday	May 30	9:00 am - 12:00 pm
Monday	June 11	6:00 - 9:00 pm
Tuesday	June 26	9:00 am - 12:00 pm



ONLINE SAFETY SET TRAININGS

Food Handler Certification

Food handler certification may be completed online at www.childcarefoodhandler.org, or you may purchase a self-study packet by sending the registration form on page 7 with a check or money order for \$10. Please check the box for food handler in the middle of the registration form.

Introduction to Child Care Health and Safety (No Cost)

Required Health and Safety training for all providers working in licensed facilities and those caring for children receiving a DHS subsidy. Topics include injury prevention, illness prevention and management, emergency preparedness, and general safety. This training is available online at www.campus.educadium.com/OCCD/

Note: This class is also available in person. See page 11 for details.

Recognizing and Reporting Child Abuse and Neglect (No Cost)

Child care and education providers are among those persons who are mandatory reporters of suspected incidents of child abuse and neglect in the state of Oregon. Participants will learn the process for reporting incidents of child abuse or neglect. This training is available online at www.campus.educadium.com/OCCD/

Note: This class is also available in person. See page 11 for details.

IN-PERSON SAFETY SET TRAINING INFORMATION

In-person classes are offered at the MHCC Maywood Campus at 10100 NE Prescott Street, Portland, OR 97220.

Introduction to Child Care Health and Safety

6:30 - 8:30 pm

Wednesday, June 6

CKC: HSN

CDA: 1

Sec # 1

CCR13tHSN

COST: \$5.00

Required Health and Safety training for all providers working in licensed facilities and those caring for children receiving a DHS subsidy. Topics include injury prevention, illness prevention and management, emergency preparedness, and general safety. Note: This class is also available online at no cost. See page 10 for details.

Recognizing and Reporting Child Abuse and Neglect (RRCAN)

CCR10

COST: \$10.00

RRCAN fulfills the child abuse class requirement for Office of Child Care licensing. See schedule below.

Note: This class is also available online at no cost. See page 10 for details.

Infant/Child/Adult CPR and First Aid Certification

CCR11

COST: \$45.00

Successful completion of our CPR/First Aid classes will certify you in infant, child and adult CPR and First Aid and is valid for 2 years. See schedule below.

Date	RRCAN (CCR10)	Section #	CPR and 1 st Aid (CCR11)	Section #
Saturday, April 7			9:00 am - 3:00 pm	2
Saturday, April 14	9:00 - 11:00 am	1	12:00 - 5:30 pm	1
Saturday, April 21			9:00 am - 3:00 pm	3
Saturday, April 28			9:00 am - 3:00 pm	4
Saturday, May 5			9:00 am - 3:00 pm	6
Wednesday, May 9	6:30 - 8:30 pm	2		
Saturday, May 19			9:00 am - 3:00 pm	9
Saturday, June 2	9:00 - 11:00 am	3	12:00 - 5:30 pm	10
Saturday, June 9			9:00 am - 3:00 pm	11
Saturday, June 30			9:00 am - 3:00 pm	3

BLENDED FIRST AID/CPR TRAINING

COST: \$50.00

This class has two parts: 2-3 hours online, and 3 hours in-person on a scheduled date.



FIRST complete the 2-3 hour online portion of this class, which includes videos, reading, and quizzes. It must be completed **before** the scheduled classroom date.



NEXT, attend the 3-hour in-person portion of the class on your scheduled date. You will have hands-on practice with CPR manikins and first aid procedures.

REGISTRATION AND CANCELLATION POLICIES:

1. Select an in-person training date. All sessions are held at our Maywood campus. Fill out a registration form and mail it in.
2. Two weeks (14 days) prior to your in-person class, you will receive an email with the link to the online half of the training. You must complete this before attending your in-person class.
3. **If you wish to cancel, you must call and let us know at least two weeks (14 days) before your scheduled in-person training. No refunds can be given after that date. (503) 491-6205.**
4. After successful completion of the online portion and attendance at the in-person training, you will receive an email with your new First Aid/CPR certification card. These are sent on your training day.

Day and Date	Time	Course #	Section #	Last Day to Cancel
Monday, April 30	6:00 - 9:00 pm	CCR11	5	Monday, April 16
Saturday, May 12	9:00 am - 12:00 pm	CCR11	7	Friday, April 27
Wednesday, May 23	6:00 - 9:00 pm	CCR11	8	Wednesday, May 9
Monday, June 11	6:00 - 9:00 pm	CCR11	12	Friday, May 25

Training Calendar

Where is the spring mini-conference information?

Our annual conference (formerly Provider Appreciation Day) has been moved to the fall! This timing will allow us make the most of our community partnerships and bring you the best conference we can. Keep an eye out this summer for fall conference dates.

While our conference is this fall, we appreciate your work all year. We know that caring for children is rewarding and also challenging – physically, emotionally, and mentally. We hope that this spring you will dedicate some time to take care of YOU. In this spring's calendar, you will find discounted, \$5 classes on topics such as self-care, goal setting, and work-life balance. Look for the owl icon:

Thank you for all you do, and enjoy!



Mealtimes With Toddlers (Set 2)

Wednesday, April 11

Location: MHCC Maywood Campus 10100 NE Prescott St. Portland, OR 97220

Jennie Sowder

Struggling with mealtimes with your toddlers? Looking for new ways to make mealtimes engaging and fun? Through discussions, video, and activities we will explore strategies for making mealtimes pleasant and safe for everyone!

6:30 - 8:30 pm

Cost: \$20.00

CCR13BHSN

Sec #:1

CKC: HSN

Age group: IT

CDA: 1

Promoting Healthy Social-Emotional Development in the First Five Years (Set 2)

Thursday, April 12

Location: MHCC Maywood Campus 10100 NE Prescott St. Portland, OR 97220

Aoife Magee

Participants will examine the importance of developing early social-emotional competence and the practices that support this in infants, toddlers, and preschool aged children. Factors that influence self-regulation and optimal brain development will be explored.

6:00 - 9:00 pm

Cost: \$25.00

CCR11MHGD

Sec #: 1

CKC: HGD

Age group: IT/PK

CDA: 3

Please be aware that children under the age of 16 are not allowed in trainings. If you need to bring a breastfeeding infant, please call 503-491-6205 before your training day to let us know.

Understanding Biases: How to Create a Diverse Classroom (Set 2)

Wednesday, April 18

Location: MetroKids Child Development Center 600 NE Grand Ave. Portland, OR 97232

Tammy Marino

How does bias appear among young children? What can providers do to support a diverse classroom? Join us as we look at the goals of an anti-bias program and look at strategies to infuse anti-bias into your program.

7:00 - 9:00 pm

Cost: \$20.00

CCR12DIV

Sec #: 1

CKC: DIV

Age group: All

CDA: 3

Youth and Nature: Connections with Healthy Development (Set 2)

Thursday, April 19

Location: MHCC Maywood Campus 10100 NE Prescott St. Portland, OR 97220

Julianne Standish

School age youth contact with the outdoors and nature can be very limited. After school represents a significant chunk of time that children and youth could be exploring and connecting with nature. In this session we will explore the connection between the outdoors and health and how after school professionals can support and promote healthy lifestyles.

6:30 - 8:30 pm

Cost: \$20.00

CCR69HSN

Sec #:1

CKC: HSN

Age group: SA

CDA: NA

New trainer! We would like to introduce you to Lena Ko.

Lena is a training and education specialist for the Oregon Registry Trainer Program, an Oregon master trainer and PSU instructor, and has worked in education research, curriculum and training development. She brings over 25 years of experience teaching, mentoring, coaching, and building programs for adult learners in the early childhood field. She is a co-owner of her own family childcare program which keeps learning and teaching real!

All for Math in Early Childhood Session 2: The Basics of Geometry and Spatial Sense

Saturday, April 21

Location: MHCC Maywood Campus 10100 NE Prescott St. Portland, OR 97220

Lena Ko

Exposure matters! When young children have opportunities for hands on play and exploration, and adults use “math talk” throughout the day, children gain greater math knowledge and skills. In this training, participants will be introduced to the foundations of geometry and spatial sense which are developing in young children, birth-to-five. Participants will become aware of ways to promote children’s knowledge of geometry and spatial sense and their skills in using math throughout the day.

10:00 am - 12:00 pm

Cost: \$16.00

CCR13VLEC

Sec #:1

CKC: LEC

Age group: IT/PK

CDA: 2

NEW

A Set 2 All for Math follow-up class is offered on May 5.

Engaging Young Minds: Laying a Foundation for Inquiry Approaches through the Arts and Sciences (Set 2)

Saturday, April 21, 9:00 am - 12:00 pm

Wednesday, May 9, 6:30 - 9:00 pm

Location for Part 1: Saturday, April 21 at Prescott Elementary School 10410 NE Prescott St.

Location for Part 2: Wednesday, May 9 at MHCC Maywood Campus 10100 NE Prescott St.

Christyn Dundorf and Melinda Hayward

Inquiry Approaches are built on fundamental belief in the competence of children to think, imagine and create. Acknowledging children’s competence fosters essential Habits of Mind, related to school achievement and lifelong learning. This session explores beliefs about children, the implications of beliefs, and strategies to align learning environments and practices, engaging young learners and illuminating their competence and strength. **Must attend both sessions to receive a certificate.**

Cost: \$45

CCR18ELEC

Sec #:1

CKC: LEC & HGD

Age group: PK

CDA: 2 & 8

NEW

Strike a Balance Between Work and Life (Set 2)



Monday, April 23

Location: MHCC Maywood Campus 10100 NE Prescott St. Portland, OR 97220

Jennie Sowder

Ever struggled to balance your work life and your home life? Come explore how to develop an even keel. Create a personal mission statement and find out what really matters in your life. Also explore how you can reduce stress and enjoy life! Develop strategies that help you avoid the dreaded burnout.

7:00 - 9:00 pm

Cost: \$5.00

CCR43PDL

Sec #:1

CKC: PPLD

Age group: NA

CDA: 6

Implementing Developmental Screening Using the Ages and Stages Questionnaire-Third Edition (ASQ-3) (Set 2)

**Wednesday, April 25 and
Wednesday, May 2**

Location: MHCC Maywood Campus 10100 NE Prescott St. Portland, OR 97220

Shawn Hammond

The importance of screening and early intervention cannot be over emphasized. Oregon’s child care providers, home visitors and other learning and development professionals are in a unique position to identify developmental delays early. In this interactive, practical, hands-on session, participants will explore current health and early learning policies promoting developmental screening and examine implementation of Ages & Stages developmental screening including the ASQ Oregon website. Participants will also explore strategies to expand skills for engaging families around screening results and build capacity to navigate community resources and make referrals. **Must attend both sessions to receive a certificate.**

6:00 - 9:00 pm

Cost: \$30.00

CCR44OA

Sec #: 1

CKC: OA & FCS

Age group: IT/PK

CDA: 8

Visual Strategies for Children with Special Needs 0 - 5 (Set 2)**Thursday, April 26**

Location: MHCC Maywood Campus 10100 NE Prescott St. Portland, OR 97220

Tiffany Sanford

Do you work with children with delays, disabilities, or challenging behaviors? Join us to explore and practice using photos and drawings to teach schedules, routines and expectations. Learn why some children need visuals, and why they are useful for all kids! Leave with concrete strategies you can implement tomorrow!

6:00 - 9:00 pm

Cost: \$15.00

CCR555SN

Sec #:1

CKC: SN

Age group: IT/PK

CDA: 2

Tell Me What You Think! Surveys and Beyond (Set 2)**Saturday, April 28**

Location: MHCC Maywood Campus 10100 NE Prescott St. Portland, OR 97220

Carol McMurdie

How do you find out what your families are thinking and whether or not you are addressing their needs? Examine a variety of ways to gather information on an ongoing basis and ways you can use this information to respond to their input. Leave with a personalized survey for your program that you can use immediately and a "Weekly Wonderings," a fun new way to gather information.

9:00 am - 12:00 pm

Cost: \$30.00

CCR41FCS

Sec #:1

CKC: FCS

Age group: NA

CDA: 4

School-Age Saturday!**New Trainer! We would like to introduce you to Susan Zundel from our new partners, Oregon ASK.**

Susan Zundel has been working in afterschool in a variety of ways for 20 years including community children's theater, 21st Century Community Learning Centers, and at the Oregon Afterschool Network, OregonASK. Susan is currently the Quality Improvement Coordinator and a Master Trainer for OregonASK. Susan served for several years in state PTA leadership, ultimately serving as the Oregon PTA State President from 2013-2015. She brings her dedication to parent and community engagement in education to her work in after school.

Behavior Management: Transitions and Time Fillers (Set 2)**Saturday, April 28**

Location: MHCC Maywood Campus 10100 NE Prescott St. Portland, OR 97220

Susan Zundel

Participants will explore and practice strategies to transition students between different activities, reduce or eliminate waiting time, and explore and practice activities that keep students busy and reduce behavior problems.

9:00 am - 12:00 pm

Cost: \$20.00

CCR10JUGB

Sec #: 1

CKC: UGB

Age group: SA

CDA: NA

NEW**S.INQ: Science Inquiry in Elementary Afterschool Programs (Set 2)****Saturday, April 28**

Location: MHCC Maywood Campus 10100 NE Prescott St. Portland, OR 97220

Susan Zundel

In these hands-on, minds-on sessions participants will explore the engineering design process from activities in the S.INQ curriculum. Participants will explore questioning strategies, develop strategies for encouraging reflection, and examine strategies for engaging typically underserved youth. The units are: Sound, Wind, Invisible Forces, Mechanical Engineering, Engineering Design.

1:00 - 4:00 pm

Cost: \$20.00

CCR18FLEC

Sec #:1

CKC: LEC

Age group: SA

CDA: NA

NEW**Observation and Assessment Basics****Tuesday, May 1**

Location: MHCC Maywood Campus 10100 NE Prescott St. Portland, OR 97220

Tammy Marino

Observation and assessment are key skills for working with children. Through video clips we will learn the basics of observation and assessment, why they are important, and effective tools for implementing them successfully.

6:30 - 8:30 pm

Cost: \$16.00

CCR28OA

Sec #:1

CKC: OA

Age group: All

CDA: 8

Put it in Writing**Wednesday, May 2**

Location: CCR&R Office 4510 NE 102nd Ave. Portland, OR 97220

Deb Johnson

Confused about what forms are required by the Office of Child Care for licensing? Join us for a free, fun-filled class to discuss what forms are required and which forms are helpful when communicating with families in your care. Sample forms will be provided.

6:30 - 8:30 pm

Cost: \$5.00

CCR333PM

Sec #:1

CKC: PM

Age group: NA

CDA: 5

New trainer! We would like to introduce you to Chelsea Crest from our partner agency, MECP.

Chelsea Crest is an Early Childhood Special Education teacher with The Multnomah Early Childhood Program. She believes that every child can thrive if placed in the right environment, and enjoys coaching parents and preschool teachers on embedding strategies into daily routines that will help children to feel successful. Chelsea has experience in a variety of early childhood settings including autism classrooms, Head Start, Relief Nurseries, and residential behavior programs.

Common Childhood Delays and Special Needs**Wednesday, May 2**

Location: MHCC Maywood Campus 10100 NE Prescott St. Portland, OR 97220

Chelsea Crest

Although developmental and behavioral delays and disorders are increasingly common, they can be poorly understood. The lack of understanding accompanying a diagnosis of a developmental or behavioral disorder often causes problems for parents and providers of young children in their care. Come join us in learning about common childhood delays and special needs. We will review the basic characteristics of several common childhood delays or disorders such as autism, Down syndrome, sensory processing disorder, and others. We will also briefly cover their causes, identification, and opportunities for treatment and intervention.

6:30 - 8:30 pm

Cost: \$10.00

CCR76SN

Sec #: 1

CKC: SN

Age group: IT/PK

CDA: 8

**Creating a High Performing, Inclusive Organization (Set 2)
(This class is intended for administrators and supervisors)****Saturday, May 5**

Location: MHCC Maywood Campus 10100 NE Prescott St. Portland, OR 97220

Lauren Peterson and Candi Scott

What does it mean to be a "high performing, inclusive organization?" Facilitators will explore how NAEYC's Strategic Priority of Organizational Excellence can be implemented on a program level. We will re-frame the concept of leadership as creating the conditions to "liberate the energy, imagination and momentum needed to create the best beyond measure" (Margaret Heffernan). This class is most appropriate for program directors, administrators and/or people working in programs with multiple staff.

9:00 am - 12:00 pm

Cost: \$15.00

CCR10LPM

Sec #:1

CKC: PM

Age group: NA

CDA: 6

NEW**All for Math in Early Childhood Session 5:
Strategies for Measurement and Comparison (Set 2)****Saturday, May 5**

Location: MHCC Maywood Campus 10100 NE Prescott St. Portland, OR 97220

Lena Ko

In this session, participants will explore child development, from birth-to-five, in the areas of geometry and spatial sense. The workshop will include an exploration of ways to apply specific strategies to learning environments in order to promote children's understanding of geometry and spatial sense and their ability to manipulate shapes.

Participants must complete Session 2 (offered on April 21) before attending Session 5

10:00 am - 12:00 pm

Cost: \$20.00

CCR14VLEC

Sec #:1

CKC: LEC

Age group: IT/PK

CDA: 2

NEW**Developmental Movement Patterns in the Classroom (Set 2)****Tuesday, May 8**

Location: MHCC Maywood Campus 10100 NE Prescott St. Portland, OR 97220

Amy Williams

Participants will leave with ideas regarding material choices that are more conducive to naturally occurring, developmental rhythmic choices of the children in the classroom. We will explore age appropriate ideas of interesting, engaging activities that cross modalities (art, music, movement).

6:00 - 9:00 pm

Cost: \$30.00

CCR39OA

Sec #:1

CKC: OA & HGD

Age group: All

CDA: 1

Inclusive Practices that Work (Set 2)**Thursday, May 10**

Location: MHCC Maywood Campus 10100 NE Prescott St. Portland, OR 97220
Sieu Inac

Join us in exploring commonly used support strategies such as developmentally appropriate practices, universal design, positive behavior supports, embedded instruction and interventions, picture exchange systems, visual supports, and social stories. As you begin to apply these tricks of the trade, all your kids will benefit!

6:30 - 8:30 pm
Cost: \$10.00
CCR74SN
Sec #:1
CKC: SN
Age group: All
CDA: 2

Reflection as Practice (Set 2)**Thursday, May 10**

Location: MHCC Maywood Campus 10100 NE Prescott St. Portland, OR 97220
Julianne Standish

While we often reflect how certain activities or interactions are going - we frequently don't apply this information in changing what we do. Join us as we explore reflection as a practice for teaching, learning, and leading in the classroom.

6:30 - 8:30 pm
Cost: \$5.00
CCR84PDL
Sec #:1
CKC: PPLD
Age group: NA
CDA: 6

New trainer! We would like to introduce you to Annie Douglass from our new partner, OMSI.

Annie Douglass deeply values science as a tool to empower parents and educators. Ms. Douglass was a co-Principal Investigator of the National Living Lab project, which brings working developmental researchers into public spaces to engage families in cutting-edge science. Through this project, funded by NSF, over 3,800 visitors participated in research studies at OMSI and learned more about their child's growth and development. Ms. Douglass now leads all early childhood exhibits and programs at OMSI, with a focus on engaging adults in the science within children's everyday lives.

Supporting Young Scientists: Finding Simple Science in Everyday Play**Saturday, May 12**

Location: OMSI 1945 SE Water Ave, Portland, OR 97214

Annie Douglass

Nervous about science? Let staff from the Oregon Museum of Science and Industry (OMSI) help! In Supporting Young Scientists, you will assess your own attitudes about science and gain resources to identify what it really looks and sounds like when young children are being scientists. We will practice using some of these resources in fun hands-on activities rich in scientific thinking. OMSI will provide coffee and a light breakfast. Participants are welcome to enjoy the museum after the class ends until 2:00 when the museum will close to the public.

8:00 am - 12:00 pm
Cost: FREE
CCR18DLEC
Sec #:1
CKC: LEC
Age group: PK
CDA: 2

NEW**Eco-Healthy Childcare****Saturday, May 12**

Location: MHCC Maywood Campus 10100 NE Prescott St. Portland, OR 97220
Carol McMurdie

Every day children are exposed to chemicals that have a significant effect on their health. We will discuss major environmental health issues, what makes children uniquely vulnerable, and preventable actions and available resources.

10:00 am - 12:00 pm
Cost: \$15.00
CCR24HSN
Sec #: 1
CKC: HSN
Age group: NA
CDA: 1

Self Care for Those Who Care For Others (Set 2)**Saturday, May 12**

Location: MHCC Maywood Campus 10100 NE Prescott St. Portland, OR 97220
Caroline Falcone Goldstone

As early childhood care and education professionals, our days are filled teaching, caring for, and supporting children and their families. Many of us feel called to do this work and derive great joy and passion from the relationships we build. However, the continual process of offering compassion, resources, intentional caregiving, and support can lead us to feel depleted, fatigued and overwhelmed at times. Come join us for a workshop to learn more about secondary trauma and the neurological and emotional benefits of caring for ourselves. We will reflect on our own self-care strategies and learn from colleagues. Participants will create an effective individual self-care plan to incorporate into your daily lives.

9:00 am - 12:00 pm
Cost: \$5.00
CCR71PDL
Sec #:1
CKC: PPLD
Age group: NA
CDA: 6

Focus on Families!

Empowering Families in Early Childhood

Saturday, May 19

Location: MHCC Maywood Campus 10100 NE Prescott St. Portland, OR 97220

Aoife Magee

Participants will be given an introduction to a wide variety of parenting practices and engage in activities designed to help them become more sensitive towards diverse families. Participants will gain an awareness of positive ways to respect, support, and empower all families in early childhood.

9:00 am - 12:00 pm

Cost: \$20.00

CCR55FCS

Sec #:1

CKC: FCS

Age group: IT/PK

CDA: 4

Parenting Styles and Strategies for Socially and Emotionally Healthy Children, Birth to Age Five (Set 2)

Saturday, May 19

Location: MHCC Maywood Campus 10100 NE Prescott St. Portland, OR 97220

Aoife Magee

Participants will examine the four parenting styles, impact of family climate on early development, and explore positive parenting strategies that promote socially and emotionally healthy children in the first five years.

12:30 - 3:30 pm

Cost: \$25.00

CCR64FCS

Sec #:1

CKC: FCS

Age group: IT/PK

CDA: 4

Paint, Pencil & Ink: Creating a Plan for Self-care



Tuesday, May 22

Location: MHCC Maywood Campus 10100 NE Prescott St. Portland, OR 97220

Amy Williams

Using a variety of art materials, explore inspiring ways to recharge and remain fresh and authentic in your classroom community. Articulate what is important to you personally so that your work as an educator deepens.

6:00 - 9:00 pm

Cost: \$5.00

CCR96PDL

Sec #: 1

CKC: PPLD

Age group: NA

CDA: 6

NEW

Children with Chronic Diseases: How Can I Help?

Tuesday, May 22

Location: MHCC Maywood Campus 10100 NE Prescott St. Portland, OR 97220

Luiza Vaynberg

Come learn the difference between chronic and acute diseases and how you can help children in your care who are impacted by these. Specific conditions that will be discussed include diabetes, bronchial asthma, chronic bronchitis, chronic ear problems, and chronic urinary tract infections in childhood. Learn strategies to support children who are chronically ill.

6:30 - 8:30 pm

Cost: \$16.00

CCR68HSN

Sec #:1

CKC: HSN

Age group: All

CDA: 1

Goal Setting and Objective Development



Tuesday, May 29

Location: MHCC Maywood Campus 10100 NE Prescott St. Portland, OR 97220

Amy Williams

Whether you are a seasoned professional or new to the field, develop professional goals that work toward higher school community goals. Leave with concrete ideas on how to blend your talents and passions with the needs of the entire school.

6:30 - 8:30 pm

Cost: \$5.00

CCR85PDL

Sec #:1

CKC: PPLD

Age group: NA

CDA: 6

Essential Leadership Strategies for Adopting the Pyramid Model with Fidelity (Set 2)



Saturday, June 2

Location: MHCC Maywood Campus 10100 NE Prescott St. Portland, OR 97220

Caroline Falcone Goldstone

This workshop is for program leaders who are interested in implementing the Pyramid Model for Supporting Social Emotional Competence in Infants and Young Children from the Center on the Social and Emotional Foundations for Early Learning (CSEFEL). In this workshop, we will review the evidence-based Pyramid model and provide leadership strategies and tools for implementing the framework and practices. Every participant will have the opportunity to reflect, problem-solve, and commit to individualized action plans. Participants will leave this class with their very own Tucker the Turtle puppet! **This class includes a 30 minute break.**

The "Pyramid Model" is part of PBIS (Positive Behavior Interventions and Supports).

9:00 am - 3:30 pm

Cost: \$25.00

CCR97PDL

Sec #:1

CKC: PPLD & UGB

Age group: NA

CDA: 6

NEW

In the Mix 4: Developmental Needs & Interests of School-Age Children

Saturday, June 2

Location: MHCC Maywood Campus 10100 NE Prescott St. Portland, OR 97220

Sonia Thomas

Understanding typical development of both younger and older children in family child care is the key to planning caring environments and stimulating activities. School-age children and youth have some unique developmental needs and interests that can be supported by knowledgeable and caring providers. We will describe these characteristics and discuss ways to welcome school-age children into family child care.

9:30 - 11:30 am

Cost: \$10.00

CCR37HGD

Sec #:1

CKC: HGD

Age group: SA

CDA: NA

Brain Development and the Young Child

Saturday, June 2

Location: MHCC Maywood Campus 10100 NE Prescott St. Portland, OR 97220

Sonia Thomas

The human brain develops in a sequential way; from brain stem to cerebral cortex. Both genetics (nature) and the environment (nurture) interact to advance a child's development. Learn about the structure and function of the human brain, and what is needed to foster healthy development.

12:00 - 3:00 pm

Cost: \$15.00

CCR11RHGD

Sec #:1

CKC: HGD

Age group: IT/PK

CDA: 8

NEW

Positive Guidance Basics

Monday, June 4

Location: MHCC Maywood Campus 10100 NE Prescott St. Portland, OR 97220

Tammy Marino

In this beginning guidance workshop we will look at the strategies to use in responding to challenging behaviors. From developmentally appropriate practices to structuring the program, we will examine the many tools in the positive guidance tool kit and understand the difference between guidance and discipline.

6:30 - 8:30 pm

Cost: \$16.00

CCR32UGB

Sec #:1

CKC: UGB

Age group: PK

CDA: 3

Linking the Causes of Challenging Behavior with Strategies for Positive Child Guidance: Birth to Five (Set 2)

Thursday, June 7

Location: MHCC Maywood Campus 10100 NE Prescott St. Portland, OR 97220

Aoife Magee

Participants will examine the common causes of challenging behavior in early childhood. Participants will examine behavior in the context of personal factors that cause behavioral challenges including: developmental stages, temperament, and other issues such as trauma or disability. Participants will examine the influence of environmental design, negative caregiving climate, family dynamics and cultural factors on a child's behavior. Using resources from the Center on the Social and Emotional Foundations for Early Learning (CSEFL), special consideration on how general, targeted and intensive interventions can be used for behavior will be outlined. Attendees will have an opportunity to practice linking probable causes of behavior with appropriate guidance strategies.

6:00 - 9:00 pm

Cost: \$30.00

CCR91UGB

Sec #:1

CKC: UGB

Age group: IT/PK

CDA: 3

Preparing to Engage Diverse Families (Set 2)**Saturday, June 9**

Location: MHCC Maywood Campus 10100 NE Prescott St. Portland, OR 97220

Rachel Elliott

How do you engage families in your program? How do you know when families feel comfortable with you? Through activities and discussion we will explore practices that promote engagement for diverse families within your program structure. **This class includes a 30 minute break.**

9:00 am - 3:30 pm

Cost: \$50.00

CCR73DIV

Sec #:1

CKC: DIV

Age group: NA

CDA: 4

NEW**New trainer! We would like to introduce you to Lucia Aleman Oregon.**

Lucia Aleman Oregon, born in Mexico, is married, the mother of three children and is expecting her sixth grandchild soon! Lucia moved to the USA and became a citizen in 1995. She has a B.S. in Human Development and is a Master Trainer. From 1996 to 2011, Lucia coordinated a family child care program. She is currently a Professional Development Coordinator at OCDC and is certified as a Professional Development Specialist by the CDA Council. Lucia has taught classes for CCR&R in Spanish for many years and is now using her bilingual skills to bring her deep knowledge of family partnerships and intercultural communication to our English-speaking community as well.

Family and Culture**Monday, June 11**

Location: MetroKids Child Development Center 600 NE Grand Ave. Portland, OR 97232

Lucia Aleman Oregon

This training focuses on the big impact that culture causes in the lives of children, families, and child care providers. This information also emphasizes the role and practices of the child care provider to establish daily routines that support and help children to develop a healthy cultural identity and prevent challenging behaviors due to cultural issues.

6:30 - 8:30 pm

Cost: \$16.00

CCR35DIV

Sec #:1

CKC: DIV

Age group: All

CDA: 3

NEW**Empowering Children to Successfully Manage Their Behavior (Set 2)****Tuesday, June 12**

Location: MHCC Maywood Campus 10100 NE Prescott St. Portland, OR 97220

Richard Halpern

Have you ever felt empowered? Remember the rush, heartbeat, confidence, and sense of self-esteem which came with it? In this training, we will explore powerful methods to teach children basics skills to empower self-regulation. Participants will practice instruction and guidance to help children develop greater self-discipline.

7:00 - 9:00 pm

Cost: \$20.00

CCR10KUGB

Sec #:1

CKC: UGB

Age group: SA

CDA: NA

NEW**Responsive Caregiving in Infant and Toddler Programs:
The Key to Healthy Development (Set 2)****Wednesday, June 13**

Location: MHCC Maywood Campus 10100 NE Prescott St. Portland, OR 97220

Lauren Peterson and Candi Scott

Participants will discuss foundational and current theories on secure attachment. They will explore the critical role the adult-child relationship plays in infant and toddler development. Participants will examine interactions that promote and factors that inhibit secure attachment. They will identify and practice strategies to create a responsive caregiving program.

6:30 - 9:00 pm

Cost: \$10.00

CCR11SHGD

Sec #:1

CKC: HGD

Age group: IT

CDA: 3

NEW**Sign on the Dotted Line: Child Care Contracts****Saturday, June 30**

Location: CCR&R Office (Annex) 4510 NE 102nd Ave. Portland, OR 97220

Carol McMurdie

Written contracts are essential to avoiding unnecessary misunderstandings between you and the families you work with. They help you clearly state what you offer and what both parties can expect from the arrangement. They are also essential in helping you be proactive and avoid collection problems. We will examine the key elements that your contract should include and give you the opportunity to write a contract that fits your needs.

9:00 - 11:00 am

Cost: \$16.00

CCR10KPM

Sec #:1

CKC: PM

Age group: NA

CDA: 5

NEW

Mt. Hood Community College
Child Care Resource and Referral
of Multnomah County
26000 SE Stark St.
Gresham, OR 97030

NONPROFIT ORG.
STANDARD
POSTAGE PAID
GRESHAM, OR
MHCC #39

CCR&R STAFF (503) 491-6205

Christine Waters, Director 491-6210
Amelia Reyes, Program Assistant 491-6205 - Registration
Carmen Ellis, Training Coordinator 491-6213
Tam Nguyen, Provider Specialist (Vietnamese) 491-6214
Deb Johnson, CCI Coordinator 491-6220
Carol Wilks, CCI Program Specialist 491-6206
Debbie Buta, ECE Business Consultant 491-6216
Heather Irace, ECE Consultant 491-6226

Esther Horta, ECE Consultant/Network (Spanish) 491-6208
Yelena Hennegan, ECE Consultant/Network (Russian) 491-6211
Galina Nekrasova, ECE Consultant/Network (Russian) 491-6218
Leslee Barnes, ECE Consultant/Network (English) 491-6215

Child behavior specialist line (503) 491-6219

Cami Stevenson, Early Intervention/Special Education 491-6217
Paula Zaninovich MSW, Mental Health Consultant 491-6145
Maria Nazzaro LCSW, Mental Health Consultant (503) 258-4543

Training Registration Questions? Call (503) 491-6205

For child care referrals call 2-1-1

For referral support contact 2-1-1 Info at (503) 416-2698

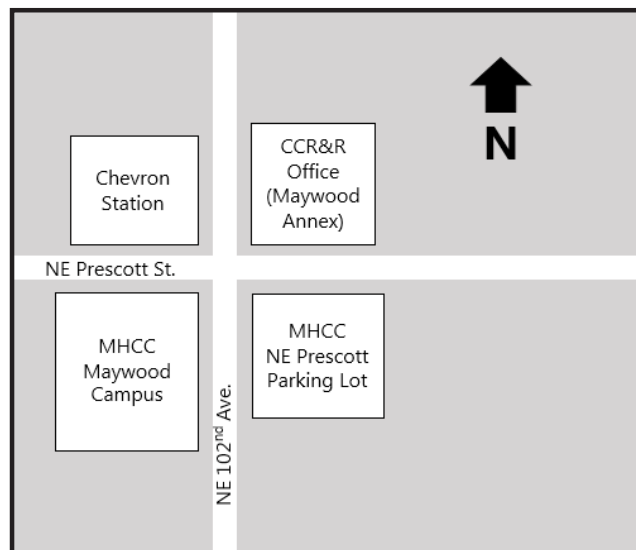
Spark@mhcc.edu

Website: www.crr-mc.org

Email us: info@crr-mc.org

Like us on Facebook: [CCR Multnomah County](#)

Please call or drop in if you need help
registering for a CCR&R class.
Other services typically require an appointment.



OFFICE: [4510 NE 102nd AVE, PORTLAND, OR 97220](#)
MAYWOOD: 10100 NE PRESCOTT ST, PORTLAND, OR 97220