

THE SOURCE

SUMMER 2018

What's New?

New requirement for testing faucets for lead - See page 3

Baby-safe sleep guidelines have changed - See page 3

Save the date - Oregon Child Care Business Summit featuring Tom Copeland November 10 - See page 4

Free autism training hosted by [Columbia Regional Program](#) - See page 15

Keeping Challenging Children in Care

by Hadiyah Miller and Heather Irace

You work hard to build a sense of community among the children in your care. You teach children how to play together, how to be a friend, and how to care for each other. You put a lot of work into loving children and teaching them how to love and how to be part of a community. This is enough for most children most of the time – until it isn't. Some children need more, and they may communicate their need through very challenging behavior.

If a child is very defiant or hurts children or adults, it can be hard to keep thinking of them as a member of your little community. You may feel like you've tried everything but nothing has improved. Maybe you feel like you are always saying "no" to a child – maybe you are about ready to pull your hair out! This is even more frustrating if you feel a child's family is not supporting your efforts. Eventually, you may feel like this child just isn't a good fit for your program.

Unfortunately, more and more

early childhood educators in our nation are choosing to expel or suspend children who experience challenging behaviors from their programs. On an average, 250 preschoolers are suspended or expelled⁽¹⁾ each day in the United States. Some child care providers feel they must choose between keeping their child care program safe and happy and keeping the child in care. However, excluding children from care has long-lasting negative effects on children and families. Above all, children

miss out on the education and sense of community that child care provides. Social and emotional learning is known to have a big impact on a child's success in school and life. Excluding a child from care as a form of discipline isolates them when they are most in need of social and emotional support. Expulsion may even delay the identification of a disability or other issue that may be causing challenging behaviors. Finally, an expelled child's family experiences

Continued on page 2

The greatness of a community is most accurately measured by the compassionate actions of its members.
– Coretta Scott King



Office Hours

Monday - Friday
8:30 am - 4:30 pm

Closed

We will be closed on
Wednesday, July 4
for Independence Day

Monday, September 3
for Labor Day

Monday, September 10
for staff in-service training

We will be closed
for staff meetings
12:30 to 3:00 pm
on August 2,
August 30,
and September 27

Continued from cover

additional stress and financial burden when their employment and income are interrupted by lack of child care⁽²⁾.

A child care provider who very much wants to help may not know what to do about challenging or disruptive behaviors. It's important to remember that everyone struggles with children's behavior from time to time. Because of this, there are free resources available to help. It is essential to reach out for help before you feel overwhelmed by a child's behavior. Asking for help can be difficult, but as Coretta Scott King said, "The greatness of a community is most accurately measured by the compassionate actions of its members." Getting help from the larger community is an act of compassion for the child, the child's family, and yourself! A child behavior specialist or inclusion specialist can get you and the child the support you both deserve (see contact information below). Together, you can work toward building better relationships with the child, other children in the program, and even the child's parents.

Every child deserves to be part of a community where they are valued and loved. If a child's behavior is challenging your ability to include and embrace them in your community, please reach out for support before you've reached the limits of what you can reasonably handle.

1. Malik, R. (2017). New Data Reveal 250 Preschoolers Are Suspended or Expelled Every Day. Retrieved from <https://www.americanprogress.org/issues/early-childhood/news/2017/11/06/442280/new-data-reveal-250-preschoolers-suspended-expelled-every-day/> on 5/24/18.
2. U.S. Department of Health and Human Services U.S. Department of Education Policy Statement on Expulsion and Suspension Policies in Early Childhood Settings. Retrieved from <https://www2.ed.gov/policy/gen/guid/school-discipline/policy-statement-ece-expulsions-suspensions.pdf> on 5/24/18

BEHAVIOR AND INCLUSION SUPPORT

Three different agencies are available to support Multnomah County child care providers in caring for children who experience special needs or challenging behaviors.

The CCR&R Child Behavior Specialist Line can support you create a positive learning environment and outlines to proactively manage children's challenging behaviors. 503-491-6219

The Inclusive Child Care Program can help families and child care providers when children need exceptionally close supervision, special accommodations or other supports for safe and appropriate care. 971-673-2286

Multnomah Early Childhood Program (MECP) provides screening, identification, and early intervention and early childhood special education services to children birth to age five in Multnomah County. 503-261-5535

SUPPORT FOR LICENSE-EXEMPT CHILD CARE PROVIDERS

Hadiyah Miller is Child Care Resource and Referral's newest Early Childhood Education Consultant. A large part of Hadiyah's time is going to be spent supporting license-exempt family child care providers.

If you are providing child care for a family member, friend, or neighbor, Hadiyah would love to meet you and the children in your care! You can reach her by phone Monday - Friday at 503-491-6221.

Also look for Hadiyah this summer at [Portland Parks and Recreation free lunch and play events](#) at your local parks. She looks forward to sharing information about how Child Care Resource and Referral can assist you with your concerns, needs and ideas. <http://bit.ly/2JiWTyA>

CHILD CARE RULE REVISION

Rule revisions for all types of licensed child care will be released in the fall of 2018. CCR&R and the Office of Child Care will share new information this summer as it becomes available. Get up-to-date info at oregonearlylearning.com.

TABLE OF CONTENTS

Announcements	2-4
Registration Form	5
CCR&R Policies	6
Training Keys	7
Licensing Information & Safety Set Training	8 & 9
Training Calendar	10 - 15

UPCOMING CONFERENCES

4th Annual Early Childhood Inclusion Summer Institute

Wednesday-Friday, August 8-10
at Western Oregon University
Monmouth, OR

wouecisummerinstitute.com

Contact Cindy Ryan at
ryanc@wou.edu

Save the Date: Oregon AEYC & CCR&R-MC Fall Conference Friday and Saturday October 12 & 13

at Mount Hood Community College
For info, email:

OAEYC@oregonaeyc.org

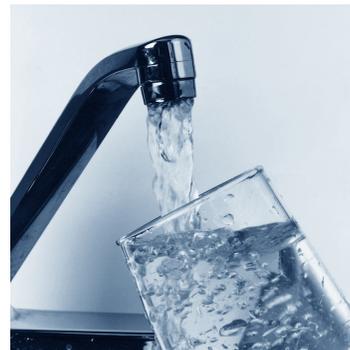
or call: 503-496-3991, 800-452-3610
or visit www.oraeyc.org

Would you like to receive
The Source
by email each quarter?
Please email
amelia.reyes@mhcc.edu
to let us know.

PREVENTING EXPOSURE TO LEAD

New Requirement for Child Care Providers

The harmful impact of lead exposure is well-known and documented. There is no safe blood lead level for people. Lead is especially harmful to young children and pregnant women because of the impact on growth and brain development. Lead in water is most harmful to formula-fed infants. The most important step adults can take is to prevent lead exposure before it occurs.



The Early Learning Council approved new requirements for child care providers to prevent children in their care from being exposed to lead. All state-regulated child care providers must test for lead in their drinking water and send test results to the Office of Child Care **before September 30, 2018**. If any faucets or fixtures test at or higher than 15 parts per billion, the provider must submit a plan within 60 days of receiving the test results to the Office of Child Care showing how the problem will be fixed.

Office of Child Care Lead Hotline: 503-947-5908

Find a list of lead testing labs here: <http://bit.ly/LeadTestOR>

Child care providers who are Portland Water Bureau customers can order free testing online at <http://bit.ly/pdxleadtest> or call 503-823-1870.

SAFE SLEEP

About 3,500 babies die each year in the United States from causes related to sleep. Many of these deaths could be prevented by using safe sleep practices. Babies younger than one year old should always be put to sleep on their back. Pediatricians now recommend:



- Babies should be put to sleep on their back every time they sleep
- Use a firm sleep surface with a tight-fitting mattress
- Keep soft objects and loose bedding out of the crib
- Consider offering a pacifier at naptime and bedtime
- Breastfeeding is recommended and may reduce the risk of SIDS

<http://bit.ly/aapsleepsafe>

Want to know more? Consider attending Jennifer Cahill's new training, "Learn the ABC's of Safe Sleep" on Thursday, September 13. See page 15 for registration information.

COMMUNITY CHILD CARE INITIATIVE

Does your program have space for more children?

Are you collecting your full tuition rate from families who get payment help through ERDC / DHS?

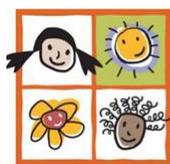
CCI is funded by the Portland Children's Levy and administered by CCR&R of Multnomah County. Thanks to increased funding from the Portland Children's Levy, the Community Childcare Initiative (CCI) is expanding funding. *Families must live in Portland or use child care in Portland.*

The CCI program pays child care providers their full fee while reducing a family's co-pay. CCI currently has families who are looking for child care. Eligible families attending child care programs enrolled in CCI pay only 10% of their gross monthly income for child care costs, while the child care program receives their full tuition rate.

CCI program staff support participating programs with business-related needs and quality improvement efforts.

CCI is currently recruiting child care providers - especially those who have space available for infants and toddlers.

Interested child care programs which operate in Portland or serve families who live in Portland may call the CCI Coordinator at 503-491-6220 to learn about eligibility requirements.



Investing in our future
**portland
children's
levy**



Empowering early educators
to inspire children

Are you interested
in working on quality
improvement?

There is still time to
qualify for support funding
and earn a star-rating with
the current system!

Call Heather Irace
for information.
(503) 491-6226

OREGON Child Care Business Summit

November 10

2018

The Dalles

A Statewide Event For Strategic Business Growth:

Finance
Marketing
Business Supports
Human Resources
Risk Management
Leadership
Loans
More



More info coming
soon...

Sponsored by:

The Oregon Child Care Resource & Referral Directors Coalition



Mt Hood Community College/CCR&R Registration

FORMA DE REGISTRACIÓN

Information on this form will be provided to the Oregon Registry.

La información de este formulario será proporcionada al Registro de Oregon.



Date Fecha:	Last name Apellido	First name Primer nombre	M.I. Segundo
Term / Year Año	Home Address Dirección	City Ciudad	State Estado
Summer 2018			Zip Código Postal

Gender Género	Mother's Maiden Name Apellido de Soltera de la Madre
Birth Date Fecha de Nac	Phone Teléfono
Email Correo electrónico	

Type of Care Tipo de cuidado:

Center
 RF
 CF
 Exempt (not licensed through OCC, sin licencia de OCC)

Child Care License Number Numero De Licencia De Cuidado Infantil							

<input type="checkbox"/>	Yes! Please mail me a Food Handler Packet. I have included a payment of \$10 Si! Favor de enviar el paquete para manejar los alimentos. He incluido el pago de \$10
--------------------------	--

Ethnic Data - Datos Etnicos	
<input type="checkbox"/>	Native American <i>Nativo Americano</i>
<input type="checkbox"/>	Alaskan Native <i>Nativo de Alaska</i>
<input type="checkbox"/>	Asian/Pacific Islander <i>Asiatico/De las Islas Pacificas</i>
<input type="checkbox"/>	African – American/Black <i>Afro-Americano</i>
<input type="checkbox"/>	Hispanic or Latino/a <i>Hispano o Latino/a</i>
<input type="checkbox"/>	White/Caucasian <i>Blanco/Caucásico</i>
<input type="checkbox"/>	Unknown or Other <i>Se Desconoce o Otro</i> _____

High School Education Educación Preparatoria	
<input type="checkbox"/>	(H)-High School Graduate <i>Graduado de Preparatoria</i>
<input type="checkbox"/>	(D)-Adult High School Diploma <i>Diploma de la Preparatoria</i>
<input type="checkbox"/>	(S)-Still in High School <i>Todavía en la Preparatoria</i>
<input type="checkbox"/>	(G)-GED
<input type="checkbox"/>	(N)-Did not complete <i>No Complete</i>
<input type="checkbox"/>	Are you a US Military veteran? <i>¿US Veterano Militar?</i>

Name of High School Nombre de la Preparatoria	Graduation Yr Año Graduado	State Estado

<input type="checkbox"/>	Will you be employed while attending this class? ¿Usted estará trabajando mientras asiste la escuela?
<input type="checkbox"/>	Yes, full-time (35+ hours per week) <i>Si, Tiempo Completo (35+ horas a la semana)</i>
<input type="checkbox"/>	Yes, part-time (Less than 35 hours per week) <i>Si, Medio Tiempo (Menos de 35 horas por semana)</i>
<input type="checkbox"/>	No, not employed <i>No, no estoy trabajando</i>

Course # Curso #	SEC # Sección #	Course Name Nombre del Curso	Date Fecha	Cost Costo

FOR OFFICE USE ONLY		Authorized Signature						Date	
Apply Cashier Code in the Amount of \$									
Cashier code	CCRD	EXP	CDFS	CCRC	CCI	OCCD	CDA	RFCF	

Bring or mail completed registration form to CCR&R-MC 4510 NE 102nd Ave. Portland, OR 97220
 Envíenos por correo o en persona su forma de registraci3n a CCR&R-MC 4510 NE 102nd Ave Portland, OR 97220

CCR&R TRAINING REGISTRATION, POLICIES, AND ETIQUETTE

REGISTRATION:

1. Complete the registration form on page 7. All necessary information can be found with class descriptions.
2. Registration for classes will only be accepted by mail or in person, and they must be received prior to the class date. All classes require pre-registration and payment if applicable. Payments are non-transferable from person to person.
3. Mail the registration form with full payment to:
CCR&R-MC
4510 NE 102nd Ave.
Portland, OR 97220

Please make checks and money orders payable to CCR&R-MC. We cannot accept credit/debit card payments at this time. Each person registering for a class needs to fill out a separate registration form. Please make copies as needed or download more copies from our website:

www.ccr-mc.org/training

4. Placement in a requested class will be on a first-come, first-served basis. If there is not space available in the class you request, we will call to let you know.

CANCELLATION POLICY: Please call ahead of time if you need to cancel. If you cancel at least 24 hours prior to the training for which you are registered, you will be issued a refund. The refund will be issued to the person that was registered for the class, regardless of who paid for the class. **Blended CPR classes must be cancelled 2 weeks in advance. See page 11 for specific dates.**

ATTENDANCE POLICY: If you miss a class and have not given at least 24 hours notice, you forfeit the payment for the class. It is important that participants arrive on time and stay for the duration of the class. Participants arriving later than 15 minutes after the start of class will not receive a certificate nor reimbursement, and no partial credit will be issued. In order to receive credit for multiple session trainings, full attendance is mandatory.

INCLEMENT WEATHER: In the case of inclement weather, CCR&R classes will be cancelled when and if Mt. Hood Community College closes. Closures will be announced via radio, television networks and mhcc.edu. If MHCC evening classes are cancelled, this also indicates that CCR&R evening classes will be cancelled. If class is not cancelled and you choose not to attend, you forfeit any applicable payment.

MHCC encourages students and staff to register for FlashAlert in order to receive emergency notices. There is no cost to use this service and your information will remain confidential. Set up a yearly FlashAlert subscription at www.flashalert.net/id/MHCC

POLICY FOR CHILDREN: Children under the age of 16 are not allowed in trainings. This is for the welfare of all class participants. Please adhere to this policy unless notified by CCR&R of an exception. If you have a breastfeeding infant who you need to bring to class, please call us ahead of time to make arrangements.

ACCOMMODATIONS AVAILABLE: Individuals who require accommodations due to disability may contact CCR&R at (503) 491-6205. Please call at least two weeks before the class to ensure availability.

CLASSROOM ETIQUETTE: Please come prepared to take notes and participate in the class. When you arrive, sign in on the roster sheet. Please make sure your cell phone is turned off or silenced before the class begins. At the end of the class, please complete the evaluation. This will aid us in planning training opportunities that interest you and meet your professional needs. If you are not leaving the building right away after an evening class, let the instructor know. He or she may need to set the building alarm and will need to know if there is someone still in the building.



Mt. Hood seen from OHSU by Cacophony

TRAINING KEYS

OREGON REGISTRY CORE KNOWLEDGE CATEGORIES (CKC)	
www.pdx.edu/occd	
CKC	Abbreviation
Diversity	DIV
Family and Community Systems	FCS
Health, Safety, and Nutrition	HSN
Human Growth and Development	HGD
Learning Environments and Curriculum	LEC
Observation and Assessment	OA
Personal, Professional, and Leadership Development	PPLD
Program Management	PM
Special Needs	SN
Understanding and Guiding Behavior	UGB

CDA NUMBERING SYSTEM (CDA)

www.cdacouncil.org

Competency area 1. Planning a safe, healthy, learning environment. Training subjects include health and safety, first aid, space planning, materials and equipment.

Competency area 2. Steps to advance children's physical and intellectual development. Training subjects include active play, fine motor skills, language, writing, literacy, discovery, art, and music.

Competency area 3. Positive ways to support children's social and emotional development. Training subjects include friendship skills, self-esteem, self-control, understanding emotions, guiding behavior.

Competency area 4. Strategies to establish productive relationships with families. Training subjects include working with parents, home visits, conferences, referrals.

Competency area 5. Strategies to manage an effective program operation. Training subjects include planning, record-keeping, policies, and budgeting.

Competency area 6. Maintaining a commitment to professionalism. Training subjects include advocacy, ethical practices, work force issues, professional associations.

Competency area 7. Observing and recording children's behavior. Training subjects include tools and strategies for collecting objective information about children's learning and development.

Competency area 8. Principles of child development and learning. Training subjects include developmental milestones, and cultural influences on development.



SET ONE training provides an overview of basic principles, theories and/or research. Set One training participants are expected to gain basic, introductory knowledge of session topics.

SET TWO training presents intermediate knowledge. The purpose of these sessions is to build on previous knowledge by having professionals use what they have already learned and experienced to think in depth and to learn more. Sessions are developed assuming that participants already have basic knowledge of the subject.

SET THREE training presents advanced knowledge. Sessions provide opportunities for analysis, comparison, critical examination, evaluation, research, and/or practical study. Set Three training participants are expected to already have significant and/or intermediate knowledge of and professional experience in the session topic.

The listing for each training session includes age group information:

IT = Infants and toddlers (birth to 3 years old)

PK = Preschoolers (3 to 5 years old)

SA = School-age children (5 to 12 years old)

NA = The class contains no age-related content

All = The class includes content that applies to all age groups.

For more information visit the Oregon Center for Career Development (OCCD) at www.pdx.edu/occd

CHILD CARE LICENSING INFORMATION

Obtaining a Family Child Care License in Oregon

If you are applying for a Registered Family (RF) license, you will need to attend an Overview for Family Child Care class (see schedule below). If you are applying for a Certified Family (CF) Child Care license, start by calling the Office of Child Care at 1-800-556-6616. The steps below apply to both types of family child care license.

1. Enroll in Oregon's Central Background Registry and follow instructions to complete fingerprinting oregonearlylearning.com
 2. Complete all Safety Set training (see information below) or make sure certifications are current:
 - Infant/Child/Adult CPR & First Aid
 - Child Care Food Handler Certification
 - Recognizing and Reporting Child Abuse and Neglect (RRCAN) in person or online - this training does not expire
 3. Complete license application and return it to the Office of Child Care
 4. To renew your license, ensure you have completed all required training hours and submitted certificates to your ORO account as needed
- Questions? Call the CCR&R at 503-491-6205.

OVERVIEW FOR FAMILY CHILD CARE

The family child care overview is a free, one-time class which is required to become a licensed Registered Family (RF) child care provider in Oregon. Information presented includes rules and regulations, the application process, child care business principles, and resources including CCR&R services and the USDA food program. You must pre-register. Unless otherwise noted, classes are held at the CCR&R office, 4510 NE 102nd Ave, Portland, OR 97220.

Course # CCRX10R

Location: CCR&R Office, 4510 NE 102nd Ave, Portland, OR 97220		
Thursday	July 19	9:00 am - 12:00 pm
Thursday	August 9	6:00 - 9:00 pm
Tuesday	August 28	9:00 am - 12:00 pm
Thursday	September 13	9:00 am - 12:00 pm

SAFETY SET TRAINING

In-person Introduction to Child Care Health and Safety

Monday, September 17

Location: CCR&R Office 4510 NE 102nd Ave. Portland, OR 97220

Required Health and Safety training for all providers working in licensed facilities and those caring for children receiving a DHS subsidy. Topics include injury prevention, illness prevention and management, emergency preparedness, and general safety.

This class is also available online at no cost. See below for details.

6:30 - 8:30 pm
 Cost: \$5.00
 CCRX13THSN
 Sec #:1
 CKC: HSN
 CDA: 1

Online Introduction to Child Care Health and Safety - No Cost

Required Health and Safety training for all providers working in licensed facilities and those caring for children receiving a DHS subsidy. Topics include injury prevention, illness prevention and management, emergency preparedness, and general safety. This training is available online at campus.educadium.com/OCCD/

Child Care Food Handler Certification

Food handler certification may be completed online at childcarefoodhandler.org, or you may purchase a self-study packet by sending the registration form on page 5 with a check or money order for \$10.00. Please check the box in the middle of the registration form. Child Care Food Handler Certification is good for 3 years.

Online Recognizing and Reporting Child Abuse and Neglect (RRCAN) - No Cost

Child care and education providers are among those persons who are mandatory reporters of suspected incidents of child abuse and neglect in the state of Oregon. Participants will learn the process for reporting incidents of child abuse or neglect. This training is available online at campus.educadium.com/OCCD/

This class is also available in person for a fee of \$10.00. See page 9 for details.

SAFETY SET TRAINING (CONTINUED)

Recognizing and Reporting Child Abuse and Neglect (RRCAN)

COST: \$10.00

RRCAN fulfills the child abuse class requirement for Office of Child Care licensing. **See schedule below.**
This class is also available online at no cost. See page 8 for details.

Infant/Child/Adult CPR and First Aid Certification

COST: \$50.00

Successful completion of our CPR/First Aid classes will certify you in infant, child and adult CPR and First Aid for 2 years.
See schedule below.

Location: MHCC Maywood Campus 10100 NE Prescott St. Portland, OR 97220				
Date	RRCAN (CCR10)	Section #	CPR and 1 st Aid (CCR11)	Section #
Saturday, July 14	9:00 - 11:00 am	1	12:00 - 5:30 pm	4
Saturday, July 21			9:00 am - 3:00 pm	7
Saturday, July 28			9:00 am - 3:00 pm	9
Saturday, August 4			9:00 am - 3:00 pm	11
Saturday, August 25			9:00 am - 3:00 pm	15
Saturday, September 1	9:00 - 11:00 am	2	12:00 - 5:30 pm	16
Saturday, September 8			9:00 am - 3:00 pm	1
Saturday, September 22			9:00 am - 3:00 pm	3
Wednesday, September 26	6:30 - 8:30 pm	3		

Blended First Aid/CPR Training

COST: \$50.00

This class blends online and in-person training.

The class has two parts: 2-3 hours online, and 3 hours in-person on a scheduled date.



FIRST complete the 2-3 hour online portion of this class, which includes videos, reading, and quizzes. It must be completed **before** the scheduled classroom date.



NEXT, attend the 3-hour in-person portion of the class on your scheduled date. You will have hands-on practice with CPR manikins and first aid procedures.

REGISTRATION AND CANCELLATION POLICIES FOR BLENDED FIRST AID/CPR:

1. Select an in-person training date. All sessions are held at our Maywood campus. Fill out a registration form and mail it in.
2. Two weeks (14 days) prior to your in-person class, you will receive an email with the link to the online half of the training. You must complete this before attending your in-person class.
3. **If you wish to cancel, you must call and let us know at least two weeks (14 days) before your scheduled in-person training. No refunds can be given after that date. (503) 491-6205.**
4. After successful completion of the online portion and attendance at the in-person training, you will receive an email with your new First Aid/CPR certification card. These are sent on your training day.

***Location for the Wednesday, September 12 session ONLY: CCR&R Office 4510 NE 102nd Ave. Portland, OR 97220**

Location for all other dates: MHCC Maywood Campus 10100 NE Prescott St. Portland, OR 97220

Day and Date	Time	Course #	Section #	Last Day to Cancel
Wednesday, July 25	6:00 - 9:00 pm	CCR11	8	Wednesday, July 11
Saturday, August 11	9:00 am - 12:00 pm	CCR11	12	Friday, July 27
Wednesday, August 15	6:00 - 9:00 pm	CCR11	13	Wednesday, August 1
Wednesday, September 12*	6:00 - 9:00 pm	CCR11	2	Wednesday, August 29
Saturday, September 29	9:00 am - 12:00 pm	CCR11	5	Friday, September 14

Training Calendar

Positive Behavior Interventions and Supports (PBIS): Module 1 (Preschool)

Wednesdays,
July 11 & 18

Location: MHCC Maywood Campus 10100 NE Prescott St. Portland, OR 97220

Leah Robinson

This module will cover strategies for preventing challenging behavior. The module is based on the principles that positive relationships serve as the foundation for addressing social emotional needs and that meaningful schedules and routines can serve as a prevention for challenging behaviors. **Must attend both sessions to receive certificate. All participants will receive a Tucker the Turtle puppet!**

6:00 - 9:00 pm

Cost: \$30.00

CCR42UGB

Sec #:1

CKC: UGB

Age group: PK

CDA: 3

Work: Joy & Meaning Alongside Your Employees

Tuesday, July 17

Location: MHCC Maywood Campus 10100 NE Prescott St. Portland, OR 97220

Amy Williams

Workshop participants will explore ways to assist employees in reducing stress at work and learn methods to find and support work-life balance while remaining present and authentic throughout the day.

NEW

6:00 - 9:00 pm

Cost: \$24.00

CCR98PDL

Sec #:1

CKC: PPLD

Age group: NA

CDA: 6

Gender Equity in the Classroom (Set 2)

Wednesday, July 18

Location: MHCC Maywood Campus 10100 NE Prescott St. Portland, OR 97220

Ronda Taft

What does gender equity look like in the classroom? How do you foster individual self-identity within the context of the group setting? In this course we will explore the impact of attitudes and beliefs on gender equity and examine methods for creating a classroom that supports every child.

6:30 - 8:30 pm

Cost: \$20.00

CCR61DIV

Sec #:1

CKC: DIV

Age group: NA

CDA: 3

Social & Emotional Saturday!

Supporting Children's Social and Emotional Development Birth - 5: The Foundation

Saturday, July 21

Location: MHCC Maywood Campus 10100 NE Prescott St. Portland, OR 97220

Aoife Magee

Secure attachments and positive relationships. Brain development and milestones of social and emotional development. Understanding trauma informed care and developing partnerships with families. Explore these topics and more in "The Foundation," a session in the Supporting Children's Social and Emotional Development training series. This training will focus on children aged birth through five.

NEW

9:30 am - 12:00 pm

Cost: \$10.00

CCR11QHGD

Sec #:1

CKC: HGD

Age group: IT / PK

CDA: 3

Supporting Children's Social and Emotional Development Birth - 5: Creating Supportive Environments

Saturday, July 21

Location: MHCC Maywood Campus 10100 NE Prescott St. Portland, OR 97220

Aoife Magee

In this basic training of the Supporting Children's Social and Emotional Development Birth-5 series, Participants will learn about environments that promote growth and learning and the relationship between environment and behavior. The session will also discuss types of activities to engage all children. Explore these topics and more in this training on "Creating Supportive Environments."

NEW

12:30 - 3:00 pm

Cost: \$10.00

CCR17JLEC

Sec #:2

CKC: LEC

Age group: IT / PK

CDA: 3

Help Staff Grow Through Goal Setting & Objective Development**Tuesday, July 24**

Location: MHCC Maywood Campus 10100 NE Prescott St. Portland, OR 97220
 Amy Williams



How do you inspire seasoned professionals and develop new professionals into a team that works toward higher school goals? Leave with concrete ideas on how to blend the talents and passions of the staff with whom you work with the needs of the entire school. Retain teachers in a competitive job market through encouraging them to learn and grow.

6:00 - 9:00 pm
 Cost: \$24.00
 CCRX10MPM
 Sec #:1
 CKC: PM
 Age group: NA
 CDA: 5

In the Mix 1: Joys and Challenges of Mixed Age Child Care**Tuesday, July 24**

Location: MHCC Maywood Campus 10100 NE Prescott St. Portland, OR 97220
 Joan Lowe

Family child care often includes a blend of older and younger children. The mix of ages can be a joy or a challenge! We will discuss how family child care can be helpful to the development of school-age children as well as the younger ones. We will describe the unique developmental interests and needs of school-age children and youth and younger children and will plan ways to meet the challenges of mixed ages in family child care.

6:30 - 8:30 pm
 Cost: \$10.00
 CCRX33HGD
 Sec #:1
 CKC: HGD
 Age group: SA
 CDA: NA

Early Words: Snuggle up and Read**Thursday, July 26**

Location: MHCC Maywood Campus 10100 NE Prescott St. Portland, OR 97220
 Rachel Altman

Help parents learn what they can do at home to continue their children's development in language and literacy.

6:30 - 8:30 pm
 Cost: \$5.00
 CCRX47FCS
 Sec #:1
 CKC: FCS
 Age group: NA
 CDA: 4

Saturday Play Day!**The Animal Shelter:****A Specialized Dramatic Play Environment & Creative Curriculum****Saturday, July 28**

Location: MHCC Maywood Campus 10100 NE Prescott St. Portland, OR 97220
 Jory Aronson



Do your children pretend to be dogs and cats? Gain an understanding of a specialized dramatic play area, and curriculum that supports it: art, music, language & literacy and more. This multimedia training includes videos, downloadable music, photos, etc. The Animal Shelter provides exciting ideas and effective learning opportunities.

9:30 - 11:30 am
 Cost: \$16.00
 CCRX18MLEC
 Sec #:1
 CKC: LEC
 Age group: PK
 CDA: 1

Learning Through Play Dough**Saturday, July 28**

Location: MHCC Maywood Campus 10100 NE Prescott St. Portland, OR 97220
 Jory Aronson

Play dough can be used in conjunction with a variety of materials to foster effective approaches and strategies for early childhood learning, from dramatic play, motor skill development, and creative self-expression; there are endless ways to support your curriculum and children's development from such a simple 'tool'; play dough!

12:00 - 1:00 pm
 Cost: \$8.00
 CCRX14JLEC
 Sec #:1
 CKC: LEC
 Age group: PK
 CDA: 2

**Promoting Resiliency in Early Childhood:
Examining Risk and Protective Factors (Set 2)**

Thursday, August 2

Location: MHCC Maywood Campus 10100 NE Prescott St. Portland, OR 97220
Aoife Magee

Participants will examine how risk and protective factors influence developmental outcomes for young children and how to promote resiliency. Groups will work together to apply key concepts related to risk and protective factors to case studies and then reflect upon the actual outcomes after completing the activity.

6:00 - 9:00 pm
Cost: \$30.00
CCR11UHGD
Sec #:1
CKC: HGD
Age group: IT / PK
CDA: 3

New trainer!

We would like to introduce you to Amy Lomanto. Amy has many years experience teaching Pre-K and Kindergarten as well as parent engagement classes. She started in Hawaii as the owner of an in-home child care program and she currently works as an Education Content Specialist at a Head Start preschool program. She has a Master's degree in Human Development and is a Master Trainer.



Promoting Your Program Philosophy

Mondays, August 6 & 13

Location: MHCC Maywood Campus 10100 NE Prescott St. Portland, OR 97220
Amy Lomanto



What do you value in your program? How do others know what your program philosophy is? In this session we will learn strategies for promoting the philosophy of your program and discover methods of marketing and external communications that communicate what your program is all about!

6:30 - 9:00 pm
Cost: \$40.00
CCR10QPM
Sec #:1
CKC: PM
Age group: NA
CDA: 5

First Connections 6: First Moves - Introducing Children to a New Group

Tuesday, August 7

Location: CCR&R Office 4510 NE 102nd Ave. Portland, OR 97220
Heather Irace

Separation is a major issue in infant and toddler care for children, parents, and caregivers. When children join new groups, caregivers can follow their cues to provide the kind of comfort and support the child needs. Caregivers and parents can develop a partnership in the care of the child that emphasizes child care as a support, not a substitute for the family.

6:00 - 9:00 pm
Cost: \$15.00
CCR30UGB
Sec #:1
CKC: UGB
Age group: IT
CDA: 3

**What Does It Mean to Make Learning Visible?:
Exploring the Possibilities in Reggio-Inspired Practices (Set 2)**

Wednesday, August 8

Location: MHCC Maywood Campus 10100 NE Prescott St. Portland, OR 97220
Lynn Green and Will Parnell



Participants will explore a variety of visual narrative presentations of documentation of children's learning in Reggio-inspired settings. Through collaborative dialogues, they will develop strategies to make children's learning visible and apply observation and assessment skills to set up their own communication systems for sharing about children's learning.

6:00 - 9:00 pm
Cost: \$30.00
CCR700A
Sec #:1
CKC: OA
Age group: All
CDA: 7

Supporting Families, Responsive Relationships (Set 2)

Tuesday, August 14

Location: MHCC Maywood Campus 10100 NE Prescott St. Portland, OR 97220
Tammy Marino

Childhood care and education professionals play an important role in supporting children and families. In this session we will explore strategies for supporting parents as leaders, creating learning opportunities for families, supporting parent connections and creating mutual supports.

6:30 - 8:30 pm
Cost: \$20.00
CCR36FCS
Sec #:1
CKC: FCS
Age group: All
CDA: 4

**Positive Behavior Intervention Supports (PBIS)
for Infants & Toddlers: Module 1**

**Thursdays,
August 16 & 23**

Location: MHCC Maywood Campus 10100 NE Prescott St. Portland, OR 97220
DyLynn Robertson and Kristen Walker

This module will cover strategies for preventing challenging behavior. The module is based on the principles that positive relationships serve as the foundation for addressing social emotional needs and that meaningful schedule and routines can serve as a prevention for challenging behaviors. **Must attend both sessions to receive certificate. All participants will receive a Tucker the Turtle puppet!**

6:30 - 9:00 pm
Cost: \$30.00
CCR73UGB
Sec #:1
CKC: UGB
Age group: IT
CDA: 3

Observing Challenging Behaviors (Set 2)

Monday, August 20

Location: MHCC Maywood Campus 10100 NE Prescott St. Portland, OR 97220
Amy Lomanto

Truly understanding challenging behaviors begins with observation. Yet, observing challenging behaviors can be a challenge! In this session we will explore techniques for observing challenging behaviors and sifting through the many influences to guide understanding that can lead to solutions. Through video clips and case studies we will practice observing and recording preschool and school age children.



6:30 - 8:30 pm
Cost: \$20.00
CCR71OA
Sec #:1
CKC: OA
Age group: PK / SA
CDA: 7

Stepping Into Money

Monday, August 20

Location: CCR&R Office 4510 NE 102nd Ave. Portland, OR 97220
Deb Johnson

Did you know that there are education awards for individuals that care for and educate young children? Yes, you could be eligible for \$100-\$200 dollars! Come to this training and discover how you can plan your education journey using the Oregon Registry as a tool. Participants can expect to receive information, materials and apply for a Step on the Oregon Registry.

6:30 - 8:30 pm
Cost: \$5.00
CCR30PDL
Sec #:1
CKC: PPLD
Age group: NA
CDA: 6

New trainer!

We would like to introduce you to Stephen Karmol, MAT. Stephen is the Executive Director of Wild Lilac Child Development Community. He is a Master Trainer and serves on both the board of the Portland Metropolitan Chapter and the state Governing Council of the Oregon AEYC. Stephen is passionate about inclusion, emergent curriculum, anti-bias education, and growing the visibility of early childhood education in our communities.



Program Administration for Equity and Social Justice (Set 2)

Tuesday, August 21

Location: MHCC Maywood Campus 10100 NE Prescott St. Portland, OR 97220
Stephen Karmol

How can we promote equity, social justice, and anti-bias education as early childhood administrators? Join us as we investigate elements of program, practice, policy, and professional development. Participants will learn about the successful implementation of program-wide policies supporting equity, share examples from their own settings, and articulate ideas for future action in our schools.



6:30 - 8:30 pm
Cost: \$20.00
CCR10NPM
Sec #:1
CKC: PM
Age group: NA
CDA: 5

**Introduction to Inclusion:
Identifying and Referring Children to Early Intervention**

Wednesday, August 22

Location: MHCC Maywood Campus 10100 NE Prescott St. Portland, OR 97220
Tracy Branscomb

This class is an introduction into identifying and working with children who may have developmental delays or disabilities. The class will cover how to identify a child who may have developmental delays, how to make a referral for screening and evaluation, talking to parents, and what early interventions services include.

6:30 - 8:30 pm
Cost: \$5.00
CCR18SN
Sec #:1
CKC: SN
Age group: All
CDA: 8

Understanding Health, Safety, and Nutrition Guidelines

Tuesday, August 28

Location: MHCC Maywood Campus 10100 NE Prescott St. Portland, OR 97220
Tammy Marino



How healthy and safe is your program? In this session we will learn about the categories and types of health, safety and nutrition standards. Join us in the opportunity to consider your current program policies in comparison to standards.

6:30 - 8:30 pm
Cost: \$16.00
CCR13YHSN
Sec #:1
CKC: HSN
Age group: All
CDA: 1

Please be aware that children under the age of 16 are not allowed in trainings. If you need to bring a breastfeeding infant, please call 503-491-6205 before your training day to let us know.

New trainer!

We would like to introduce you to Esther Horta. Esther is a Spanish language trainer and network coordinator at CCR&R of Multnomah County. We are very excited that she will be offering training for English speaking participants this quarter! Esther has built expertise in developing curriculum, teaching dual language learners, and diversity. Before coming to the CCR&R in 2013, Esther was a teacher in Head Start and Early Head Start programs.



Honoring Your Families' Cultures (Set 2)

Wednesday, August 29

Location: CCR&R Office 4510 NE 102nd Ave. Portland, OR 97220
Esther Horta

This session focuses on developing a culturally responsive early learning and development program (ELDP). Participants will examine why it's important to provide a culturally responsive ELDP, explore how to be linguistically responsive to their families, and explore and select strategies to reflect and support children's cultures and home languages.

6:00 - 9:00 pm
Cost: \$15.00
CCR48DIV
Sec #:1
CKC: DIV
Age group: All
CDA: 4

Professional Development Planning

Thursday, August 30

Location: CCR&R Office 4510 NE 102nd Ave. Portland, OR 97220
Heather Irace

Participants will define professional development planning and explore ways to take charge of their own development. We will look at the Oregon Registry as one way to begin planning professional development goals. We will use a professional development planning tool to set individual goals and timelines for achievement.

6:30 - 8:30 pm
Cost: \$5.00
CCR49PDL
Sec #:1
CKC: PPLD
Age group: NA
CDA: 6



Deal With the Behavior, Not the Label

Tuesday, September 5

Location: CCR&R Office 4510 NE 102nd Ave. Portland, OR 97220
Amy Williams

Children are often given a label, which may or may not be correct. Often the children that we work with are too young to even have a diagnosis placed upon them. Often a three year old is just being three, not developing into a case of oppositional defiant disorder. Participants will look at specific behavior patterns from the children in the classroom and learn to address specific behaviors to lead to a more successful, respectful and enriching community.

6:00 - 9:00 pm
Cost: \$16.00
CCR64SN
Sec #:1
CKC: SN
Age group: PK / SA
CDA: 3

First Connections 16: Partnerships with Families**Thursday, September 6**

Location: CCR&R Office 4510 NE 102nd Ave. Portland, OR 97220

Heather Irace

The quality of care for infants and toddlers is greatly influenced by the caregiver-family partnerships. Caregivers can begin to establish a welcoming partnership when children are first enrolled. Successful parent involvement relies on a variety of strategies that encourage comfortable and mutually rewarding ways for participation.

6:00 - 9:00 pm

Cost: \$10.00

CCR19FCS

Sec #:1

CKC: FCS

Age group: NA

CDA: 4

Infant Attachment Theories: Perspective, Impact and Application (Set 2)**Saturday, September 8**

Location: MHCC Maywood Campus 10100 NE Prescott St. Portland, OR 97220

Tammy Marino

How do infants form bonds? In this session we will examine six attachment theories and the components of bonding, separation and stranger anxiety. In addition, we will explore the connections between attachment theories and working with young children. Join us as we learn ways to deepen connections with infants and toddlers!

9:30 am - 12:30 pm

Cost: \$30.00

CCR11CHGD

Sec #:1

CKC: HGD

Age group: IT

CDA: 3

Learn the ABC's of Safe Sleep**Thursday, September 13**

Location: CCR&R Office 4510 NE 102nd Ave. Portland, OR 97220

Jennifer Cahill

Educational and public health efforts around infant sleep positions have recently been revised and updated, resulting in the "Safe to Sleep" campaign. We will discuss how infant sleep position affects SUID (Sudden Unexpected Infant Death) during sleep, and describe and identify components of a safe sleep environment. Participants will watch, practice, and discuss methods to create a safe sleep environment to reduce the risk of SIDS (Sudden Infant Death Syndrome)/ Sleep Related Deaths. We will identify and promote sleep arrangements, bedtime routines, and habits to support families. Participants will receive a current Safe to Sleep packet to support the ABC's of Safe Sleep and a free gift to use in their infant / toddler setting.



6:30 - 8:30 pm

Cost: \$5.00

CCR13NHSN

Sec #:1

CKC: HSN

Age group: IT

CDA: 1

Supporting Children with Autism and Other Developmental Delays in Early Childhood Education Settings**Saturday, September 15**Special location: [Columbia Regional Program 833 NE 74th Ave. Portland, OR 97213](#)

Brenda Hancock

This training opportunity will provide early childhood educators with a greater understanding of working with children with autism spectrum disorders. Topics discussed will include learning characteristics, behavioral strategies, and simple activities to encourage social and language skill development. This workshop will provide specific examples of evidence-based practices that can be used immediately in an early education setting. This class will include a 1-hour break for lunch.



8:30 am - 3:30 pm

Cost: FREE

CCR82SN

Sec #:1

CKC: SN

Age group: IT / PK

CDA: 3

**Observation and Assessment in a Multicultural Program (Set 2)****Thursdays, September 20 & 27**

Location: CCR&R Office 4510 NE 102nd Ave. Portland, OR 97220

Hadiyah Miller

Examine the application of assessment tools that use as unbiased methods as possible in all manners of diversity. Explore the selection of instruments and tools that promote authentic and developmentally appropriate assessment.

Attend this class for 6 hours of Set 2 training in DIV and OA for only \$30.00!

6:00 - 9:00 pm

Cost: \$30.00

CCR36DIV

Sec #:1

CKC: DIV & OA

Age group: IT / PK

CDA: 7

Mt. Hood Community College
Child Care Resource and Referral
of Multnomah County
26000 SE Stark St.
Gresham, OR 97030

NONPROFIT ORG.
STANDARD
POSTAGE PAID
GRESHAM, OR
MHCC #39

CCR&R STAFF (503) 491-6205

Christine Waters, Director 491-6210
Amelia Reyes, Program Assistant 491-6205 - Registration
Carmen Ellis, Training Coordinator 491-6213
Deb Johnson, CCI Coordinator 491-6220
Carol Wilks, CCI Program Specialist 491-6206
Debbie Buta, CCI Business Consultant 491-6216
Hadiyah Miller ECE Consultant 491-6221
Heather Irace, ECE Consultant 491-6226
Tam Nguyen, Provider Specialist (Vietnamese) 491-6214

Esther Horta, ECE Consultant/Network (Spanish) 491-6208
Yelena Hennegan, ECE Consultant/Network (Russian) 491-6211
Galina Nekrasova, ECE Consultant/Network (Russian) 491-6218
Leslee Barnes, ECE Consultant/Network (English) 491-6215
Muna Farah, ECE Consultant/Network (Somali) 491-6209

Child behavior specialist line (503) 491-6219

Cami Stevenson, Early Intervention/Special Education 491-6217
Paula Zaninovich MSW, Mental Health Consultant 491-6145
Maria Nazzaro LCSW, Mental Health Consultant (503) 258-4543

Training Registration Questions? Call (503) 491-6205

For child care referrals call 2-1-1

For referral support contact 2-1-1 Info at (503) 416-2698

Spark@mhcc.edu

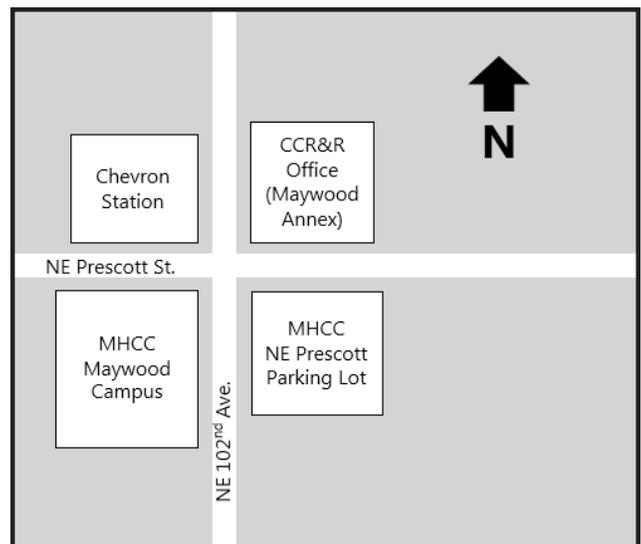
Website: www.ccr-mc.org

Email us: info@ccr-mc.org

Like us on Facebook: [CCR Multnomah County](https://www.facebook.com/CCR Multnomah County)

Please call or drop in if you need help
registering for a CCR&R class.

Other services typically require an appointment.



OFFICE: [4510 NE 102nd Ave, Portland, OR 97220](https://www.google.com/maps/place/4510+NE+102nd+Ave,+Portland,+OR+97220)

MAYWOOD: 10100 NE PRESCOTT ST, PORTLAND, OR 97220