

THE SOURCE

Spring 2019



Look for discounted STEM training sessions indicated by this logo.



Don't want to miss a class? Not sure if class is cancelled due to weather? Sign up to receive text message reminders when you register for the class!

Engage Children in STEM Education Early!

What is STEM? "STEM" stands for science, technology, engineering, and math. STEM can refer to these subjects individually or two or more working together. STEM can also mean a style of teaching and learning that includes solving problems, asking questions, and exploring the world around us.

Young children learn STEM skills through exploration, play, and building curiosity about the natural world and how things work. STEM learning is important and can happen anytime, anywhere.

Our world is changing quickly and advancing in science and technology. "Experts in education, industry, and national security all agree it is necessary for students to develop a deep understanding of science, technology, engineering, and mathematics (STEM)"¹, as the future of our world depends on it!

STEM benefits all children, regardless of their innate abilities or backgrounds. Research from the US Department of Education shows that "STEM is important for all children and for all subject areas. Having a strong foundation in early math can lead to higher achievement in both math and reading later in school. Interacting with different materials in early childhood prepares students for science and engineering later in school."² In addition, many STEM projects involve trial and error. This helps children understand that failing is not the end of the project and fosters a problem solving mindset as they grow older.

It is never too early to start STEM education. The STEM skills that children need to succeed as adults in the 21st century are learned by

playing in ways that come naturally to children. STEM education fits perfectly with play-based learning and offers engaging, joyful experiences.

Children are naturally curious from the day they are born. Young children are eager to understand and make sense of their world. They like to collect items, organize their collections, build, take things apart, and put them back together as part of their everyday play. These traits and behaviors are central to the STEM disciplines; they help children begin to develop STEM understandings.

You don't need a math or engineering degree to lead STEM learning; you can nurture STEM concepts with your young children by asking questions about the world and making observations aloud. STEM skills can be developed purposefully through daily routines, play, and exploration activities; for example, count a baby's toes, talk with a toddler as you play with blocks together, or talk about the changes in nature with children.



Office Hours

Monday - Friday
8:30 am - 4:30 pm

Closed

May 1-2
May 27

We will be closed for staff meetings

12:30 to 3:00 pm
April 25
April 30
May 28
May 30
June 25
June 27

So what can you do to help young children develop STEM skills?

(Excerpt from "Early Learning: Talk, Read, and Sing Together Every Day!"^{2,3})

Observe the world! Observation is important in science. Talk throughout the day about what you see and what children are looking at: "Wow, I love that **big**, red, truck you are playing with! **How many** wheels does it have? **1, 2, 3, 4** wheels. Four wheels **all together**."

Use STEM language in everyday routines. During snack time, encourage children to lift the **heavy** apple and the **light** napkin. Show children a **whole** sandwich being cut in half.

Ask open-ended questions. These are questions that encourage children to respond with more than a "yes" or "no" answer. Ask children to describe objects and toys around them. Encourage them to compare the **size, shape, color, texture, smell, and weight** of different objects.

Encourage play with open-ended materials that can be connected and used in many different ways. Encourage children to find new ways to connect and move objects. What makes a ball **roll** down a ramp faster? How can tape make a connection **stronger**?

With the right support, even our youngest children can develop an understanding of foundational STEM concepts. As a child's first teacher, families play a critical role in the development of STEM capacities. It is important to partner with families and encourage them to try these strategies at home, in their home language. As a team, we can teach STEM at a young age and set our children up for success!

Additional Information, Resources, and References

- **Multnomah County Libraries-** check website for event schedule of daily STEM events; They also offer a selection of STEM kits families can borrow.
- Talkingisteaching.org
- Go.edc.org/earlylearning-resources
- www.acf.hhs.gov/ecd/learning-about-stem

¹"Feature Story." Professional Development Opportunities | Natural Start, naturalstart.org/feature-stories/engaging-children-stem-education-early.

^{2,3}"Early Learning: Talk, Read, and Sing Together Every Day!" Home, US Department of Education (ED), 28 June 2017, www2.ed.gov/about/initiatives/earlylearning/talk-read-sing/index.html.

"7 Wonderful Benefits of STEM for Kids. It's Not Just about Coding!" Cool Mom Picks, 17 Apr. 2018, coolmompicks.com/blog/2018/04/03/benefits-of-stem-for-kid-not-just-coding/.

K. Denton and J. West, "Children's Reading and Mathematics Achievement in Kindergarten and First Grade (Washington, DC: U.S. Government Printing Office, 2002). A. Claessens and others, "Kindergarten skills and fifth-grade achievement: Evidence from the ECLS-K," *Economics of Education Review* 28(4) (2009): 415–427. G. Duncan and others, "School readiness and later achievement," *Developmental Psychology* 43(6) (2007): 1428-46.

Use books. During reading time, use STEM language, too. Count objects on a page out loud for infants, or ask toddlers if they can find a **square** or a **triangle**.

Follow the child's lead. Focus on your child's interests to create STEM learning opportunities. If the child is excited about playing with dolls, **count** the doll's arms and legs, talk about the **shape** of the doll's eyes, and compare the **size** of the doll to other toys. Is she **bigger** or **smaller**? **Taller** or **shorter**?

Make discoveries together! Go outside and explore new objects. Talk about them and compare them. How many different types of leaves can you find? Can you find a **small, medium, and large** rock? Can you find a **square** object and a **circular** object?

Sing about STEM! Songs with repetitive patterns like "Old Macdonald had a Farm" and "Wheels on the Bus" teach children about patterns.



BEHAVIOR AND INCLUSION SUPPORT

Several agencies are available to support Multnomah County child care providers in caring for children who experience special needs or challenging behaviors. Three primary supports include:

The **CCR&R Child Behavior Specialist Line** can support you in creating a positive learning environment and routines to proactively manage children's challenging behaviors. **503-491-6219**

The **Inclusive Partners** can help families and child care providers when children need exceptionally close supervision, special accommodations, or other supports for safe and appropriate care. **971-673-2286**

The **Multnomah Early Childhood Program** (MECP) provides screening, identification, and early intervention and early childhood special education services to children birth to age five in Multnomah County. **503-261-5535**

UPDATES FROM OUR PARTNERS



The Office of Child Care wants to ensure that all child care providers keep safe and healthy environments. Here is a helpful table with Frequently Asked Questions concerning measles. Remember, you must have up-to-date documentation of immunizations for every child in your care. Immunization exemptions require proper documentation from a health care provider.

Question	Answer
Can I exclude a child from care if they are not immunized?	<ul style="list-style-type: none">• Yes, if they have been diagnosed with measles• Yes, if they are showing signs of illness that meet your facility's exclusion criteria• Consult your internal policy and your local health department if you feel you need to exclude for any other reason
What should I do if staff or children are diagnosed with measles?	<ul style="list-style-type: none">• All staff or children who show signs or symptoms of measles or who have been diagnosed should be excluded from the program immediately• Contact your local health department for additional guidance
When can children or staff return to care?	<ul style="list-style-type: none">• Staff or children who have been diagnosed cannot return to the facility for 4 days after their rash begins• Contact your health care provider or local health department for additional guidance
What do I do if I think a child in my care has measles?	<ul style="list-style-type: none">• Contact the parents• Contact your local health department
County Health Care Departments	<ul style="list-style-type: none">• Multnomah: 503-988-3406• Washington: 503-846-3594• Clackamas: 503-644-8411• Deschutes: 541-322-7400



Do you have children under 5 and questions about how they are growing, learning or playing? Help Me Grow is here for you.

Give us a call today!



Help Me Grow Oregon
Multnomah, Clackamas, Washington Counties
833-868-4769 | helpmegrow@providence.org



HELP ME GROW

Help Me Grow is a free information and referral line that connects families with children ages 0-5 to child development information and parenting resources in the community. Help Me Grow offers:

- Guidance on questions about the growth, learning style, and behavior of your child
- Connection to local and online parenting support, education, classes and community
- Free child development materials including books, games, growth charts, apps, and more!

Give them a call! 833-868-4769

CHILD DEVELOPMENT ASSOCIATE

CCR&R would like to extend congratulations to all of the graduates of the first Child Development Associate Vocational English as a Second Language (CDA VESL) Cohort. We had ten graduates of this program and they were an exceptional group! Thank you, cohort students for your hard work and commitment to the completion of your CDA VESL coursework.

Special congratulations to **Guillermina Garcia Lopez**, the first of the cohort to receive her Child Development Associate (CDA)!



CCR&R is partnering with MHCC Work Source to offer a second Preschool CDA cohort for educators who are learning English as a Second language. Participants attend Vocational English as a Second Language classes two evenings a week and attend early childhood education classes two Saturdays a month. Students complete 120 hours of early childhood training and receive coaching to complete a CDA portfolio and apply to receive their CDA. Participants are eligible for a full scholarship.

The next cohort begins in **June 2019** and ends **June 2020**. Applicants must attend an information session.

Information sessions at the CCR&R office:

Tuesday, April 16th at 4:00 pm

Thursday, April 25th at 6:30 pm

For more information, contact Angelique Kaufman at angelique.kauffman@mhcc.edu or (503) 660-1444.

GET READY FOR WOYC!

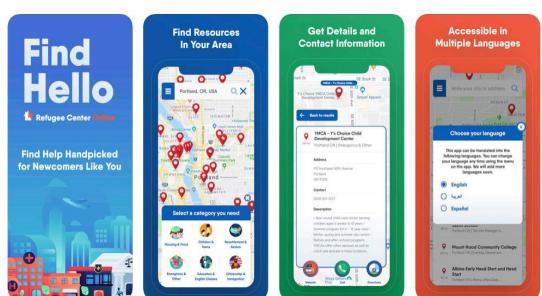


Step It Up for 2019 Week of the Young Child!

Join us April 8-12, 2019 for five fun-filled, themed days in celebration of our youngest learners! The Week of the Young Child (WOYC) is an annual celebration hosted by the NAEYC celebrating early learning, young children, their teachers, families, and communities.

Children learn so much as they enjoy music, explore food and cooking, build together, create art, and celebrate their families!

For more information on the daily themes, go to
www.naeyc.org/events/woyc/overview



Announcing the FindHello App!

Starting over in a new country is hard. Finding the closest ESL class or halal grocery store shouldn't be. FindHello helps you find what you need.

The FindHello App connects refugees, asylum seekers, and immigrants to the local resources newcomers need.

FindHello features are in English, Spanish and Arabic.

You can download the app today on the Apple store or Google Play.



**Sign up for kindergarten
by June 1**

Will your child be **five years old** by September 1?
It's time to sign up for kindergarten.

NEED HELP IDENTIFYING YOUR SCHOOL OR DISTRICT?

Dial 211 OR Text "MYSCHOOL" to 898211



Are you interested in working on quality improvement? There is still time to qualify for support funding and earn a star rating with the current Spark system!

Mt. Hood Community College/CCR&R Registration



FORMA DE REGISTRACIÓN



Information on this form will be provided to the Oregon Registry.

La información de este formulario será proporcionada al Registro de Oregon.

Date Fecha:	Last name Apellido	First name Primer nombre	M.I. Segundo
Term / Year Año	Home Address Dirección	City Ciudad	State Estado Zip Código Postal
Spring 2019			

Gender Género	Mother's Maiden Name Apellido de Soltera de la Madre	
Birth Date Fecha de Nac	Phone Teléfono	
Email Correo electrónico		
Type of Care <i>Tipo de cuidado:</i> <input type="checkbox"/> Center <input type="checkbox"/> RF <input type="checkbox"/> CF <input type="checkbox"/> Exempt (not licensed through OCC, <i>sin licencia de OCC</i>)		
Child Care License Number <i>Número De Licencia De Cuidado Infantil</i>		

	Yes! Please send me reminders via text message. (Standard message and data rates may apply.) <i>Sí! Por favor envíeme recordatorios por mensaje de texto. (Pueden aplicarse tarifas estándar de mensajes y datos.)</i>
	Yes! Please mail me a Food Handler Packet. I have included a payment of \$10 <i>Sí! Favor de enviar el paquete para manejar los alimentos. He incluido el pago de \$10</i>

Ethnic Data - Datos Etnicos		High School Education <i>Educación Preparatoria</i>
	Native American <i>Indio Americano</i>	(H)-High School Graduate <i>Graduado de Preparatoria</i>
	Alaskan Native <i>Indio de Alaska</i>	(D)-Adult High School Diploma <i>Diploma de la Preparatoria</i>
	Asian/Pacific Islander <i>Asiático/De las Islas Pacíficas</i>	(S)-Still in High School <i>Todavía en la Preparatoria</i>
	African – American/Black <i>Afro-Americano</i>	(G)-GED
	Hispanic or Latino/a <i>Hispano o Latino/a</i>	(N)-Did not complete <i>No Complete</i>
	White/Caucasian <i>Blanco/Caucásico</i>	
	Unknown or Other <i>Se Desconoce o Otro</i>	Are you a US Military veteran? <i>¿US Veterano Militar?</i>

Name of High School Nombre de la Preparatoria	Graduation Yr Año Graduado	State Estado

Will you be employed while attending this class? ¿Usted estará trabajando mientras asiste la escuela?	
	Yes, full-time (35+ hours per week) <i>Si, Tiempo Completo (35+ horas a la semana)</i>
	Yes, part-time (Less than 35 hours per week) <i>Si, Medio Tiempo (Menos de 35 horas por semana)</i>
	No, not employed <i>No, no estoy trabajando</i>

Course #	SEC #	Course Name	Date	Cost
Curso #	Sección #	Nombre del Curso	Fecha	Costo

FOR OFFICE USE ONLY Apply Cashier Code in the Amount of \$					Authorized Signature						Date						
Cashier code		CCRD		EXP		CDFS		CCRC		CCI		OCCD		CDA		RFCF	

Bring or mail completed registration form to CCR&R-MC 4510 NE 102nd Ave. Portland, OR 97220

Envíenos por correo o en persona su forma de registración a CCR&R-MC 4510 NE 102nd Ave Portland, OR 97220

CCR&R TRAINING REGISTRATION, POLICIES, AND ETIQUETTE

REGISTRATION:

1. Complete the registration form on page 5. All necessary information can be found with the class descriptions.
2. Registration for classes will only be accepted by mail or in person and must be received prior to the class. All classes require pre-registration and payment if applicable. Payments are non-transferable from person to person.
3. Mail the registration form with full payment to:

CCR&R-MC
4510 NE 102nd Ave
Portland, OR 97220

Please make checks and money orders payable to CCR&R-MC. We cannot accept credit/debit card payments at this time. Each person registering for a class needs to fill out a separate registration form. Please make copies as needed or download more copies from our website:

www.ccrr-mc.org/training

4. Placement in a requested class will be on a first-come, first-served basis. If there is not space available in the class you request, we will call to let you know.

CANCELLATION POLICY:

Please call ahead of time if you need to cancel. If you cancel at least 24 hours prior to the training for which you are registered, you will be issued a refund. The refund will be issued to the person that was registered for the class, regardless of who paid for the class.

Blended CPR classes must be cancelled 2 weeks in advance. See page 9 for specific dates.

ATTENDANCE POLICY:

If you miss a class and have not given at least 24 hours notice, you forfeit the payment for the class.

It is important that participants arrive on time and stay for the duration of the class. Participants arriving later than 15 minutes after the start of class will not receive a certificate nor reimbursement, and no partial credit will be issued. In order to receive credit for multiple session trainings, full attendance is mandatory.

ACCOMMODATIONS AVAILABLE:

Individuals who require accommodations due to disability may contact CCR&R at **(503) 491-6205**. Please call at least two weeks before the class to ensure availability.

INCLEMENT WEATHER:

In the case of inclement weather, CCR&R classes will be cancelled when and if Mt. Hood Community College closes. Closures will be announced via radio, television networks and mhcc.edu. If MHCC evening classes are cancelled, this also indicates that CCR&R evening classes will be cancelled. If class is not cancelled and you choose not to attend, you forfeit any applicable payment.

MHCC encourages students and staff to register for **FlashAlert** in order to receive emergency notices. There is no cost to use this service and your information will remain confidential.

Set up a yearly FlashAlert subscription at
www.flashalert.net/id/MHCC

POLICY FOR CHILDREN:

Breastfeeding infants are welcome in class; otherwise, children under the age of 16 are not allowed in trainings. This is for the welfare of all class participants. Please adhere to this policy unless notified by CCR&R of an exception. If you need to bring your breastfeeding infant to class, please call us ahead of time to make arrangements.

CLASSROOM ETIQUETTE:

Please come prepared to take notes and participate in the class. When you arrive, sign in on the roster sheet. Please make sure your cell phone is turned off or silenced before the class begins. At the end of the class, please complete the evaluation; this will aid us in planning training opportunities that interest you and meet your professional needs. If you are not leaving the building right away after an evening class, let the instructor know; they may need to set the building alarm and will need to know if there is someone still in the building.



TRAINING KEYS

OREGON REGISTRY CORE KNOWLEDGE CATEGORIES (CKC)	
CKC	ABBREVIATION
Diversity	DIV
Family and Community Systems	FCS
Health, Safety, and Nutrition	HSN
Human Growth and Development	HGD
Learning Environments and Curriculum	LEC
Observation and Assessment	OA
Personal, Professional, and Leadership Development	PPLD
Program Management	PM
Special Needs	SN
Understanding and Guiding Behavior	UGB

CDA NUMBERING SYSTEM (CDA) www.cdacouncil.org	
COMPETENCY AREA	
1	Planning a safe and healthy learning environment. Subjects include health and safety, first aid, space planning, materials, and equipment.
2	Steps to advance children's physical and emotional development. Subjects include active play, fine motor skills, language, writing, literacy, discovery, art, and music.
3	Positive ways to support children's social and emotional development. Subjects include friendship skills, self-esteem, self-control, understanding emotions, and guiding behavior.
4	Strategies to establish productive relationships with families. Subjects include working with parents, home visits, conferences, and referrals.
5	Strategies to manage an effective program operation. Subjects include planning, record-keeping, policies, and budgeting.
6	Maintaining a commitment to professionalism. Subjects include advocacy, ethical practices, work force issues, and professional associations.
7	Observing and recording children's behavior. Subjects include tools and strategies for collecting objective information about children's learning and development.
8	Principles of child development and learning. Subjects include developmental milestones and cultural influences on development.

Set One training provides an overview of basic principles, theories and/or research. Set One training participants are expected to gain basic, introductory knowledge of session topics.

Set Two training presents intermediate knowledge. The purpose of these sessions is to build on previous knowledge by having professionals use what they have already learned and experienced to think in depth and to learn more. Sessions are developed assuming that participants already have basic knowledge of the subject.

Set Three training presents advanced knowledge. Sessions provide opportunities for analysis, comparison, critical examination, evaluation, research, and/or practical study. Set Three training participants are expected to already have significant and/or intermediate knowledge of and professional experience in the session topic.

The listing for each training session includes age group information:

IT = Infants and toddlers (birth to 3 years old)

PK = Preschoolers (3 to 5 years old)

SA = School-age children (5 to 12 years old)

NA = The class contains no age-related content

All = The class includes content that applies to all age groups.

For more information visit the Oregon Center for Career Development (OCCD) at www.pdx.edu/occd



CHILD CARE LICENSING INFORMATION

Obtaining a Family Child Care License in Oregon

If you are applying for a Registered Family (RF) license, you will need to attend an Overview for Family Child Care class (see schedule below). If you are applying for a Certified Family (CF) Child Care license, start by calling the Office of Child Care at 1-800-556-6616. The steps below apply to both types of family child care license.

1. Enroll in Oregon's Central Background Registry and follow instructions to complete fingerprinting oregonearlylearning.com
 2. Complete all Safety Set training (see information below) or make sure certifications are current:
 - Infant/Child/Adult CPR & First Aid
 - Child Care Food Handler Certification
 - Recognizing and Reporting Child Abuse and Neglect (RRCAN) in person or online - certificate does not expire
- Introduction to Child Care Health and Safety (ICCHS) in person or online - certificate does not expire
 - Safe Sleep for Oregon's Infants - certificate does not expire
 - Complete license application and return it to the Office of Child Care

To renew your license, ensure you have a current CPR/First Aid card, a Food Handlers card, and completed all required training hours and submitted certificates to your ORO account as needed.

OVERVIEW FOR FAMILY CHILD CARE

The family child care overview is a free, one-time class which is required to become a licensed Registered Family (RF) child care provider in Oregon. Information presented includes rules and regulations, the application process, child care business principles, and resources including CCR&R services and the USDA food program. You must pre-register. Unless otherwise noted, classes are held at the CCR&R office: 4510 NE 102nd Ave, Portland, OR 97220.

Course # CCRX1OR

Location: CCR&R Office, 4510 NE 102nd Ave, Portland, OR 97220		
Tuesday	April 16	9:00 am - 12:00 pm
Tuesday	May 7	6:00 pm - 9:00 pm
Thursday	May 30	9:00 am - 12:00 pm
Tuesday	June 18	9:00 am - 12:00 pm

SAFETY SET TRAINING

Introduction to Child Care Health and Safety

Thursday, May 23

In-person, classroom training: Required health and safety training for all providers working in licensed facilities and those caring for children receiving a DHS subsidy. Topics include injury prevention, illness prevention and management, emergency preparedness, and general safety. **This class is also available online. See below for details.**

Location: MHCC Maywood Campus 10100 NE Prescott St. Portland, OR 97220

6:30 pm - 8:30 pm | Cost: FREE | CCRX13THSN | Sec # 1 | CKC: HSN | Age group: NA | CDA: 1

Online Introduction to Child Care Health and Safety

FREE

Required Health and Safety training for all providers working in licensed facilities and those caring for children receiving a DHS subsidy. Topics include injury prevention, illness prevention and management, emergency preparedness, and general safety. This training is available online at campus.educadium.com/OCCD/

Child Care Food Handler Certification

\$10.00

Food handler certification may be completed online at childcarefoodhandler.org, or you may purchase a self-study packet by sending the registration form on page 5 with a check or money order for \$10.00. Please check the box in the middle of the registration form to order the packet. Child Care Food Handler Certification is good for 3 years.

Online Recognizing and Reporting Child Abuse and Neglect (RRCAN)

FREE

Child care and education providers are among those persons who are mandatory reporters of suspected incidents of child abuse and neglect in the state of Oregon. Participants will learn the process for reporting incidents of child abuse or neglect. This training is available online at campus.educadium.com/OCCD/

SAFETY SET TRAINING (CONTINUED)

Safe Sleep for Oregon's Infants

Cost: FREE

New providers are required to have an in-depth understanding of safe sleep practices and need to complete the free state training and quiz. A self-study training packet for *Safe Sleep for Oregon's Infants* is available online at:

<https://oregonearlylearning.com/providers-educators/professional-development/Self>.

Recognizing and Reporting Child Abuse and Neglect (RRCAN)

Cost: FREE

RRCAN fulfills the child abuse class requirement for Office of Child Care licensing. **See schedule below.**

This class is also available online at no cost. See page 8 for details.

Infant/Child/Adult CPR and First Aid Certification

Cost: \$50.00

Our CPR/First Aid classes will certify you in infant, child and adult CPR and First Aid for 2 years.

Location: MHCC Maywood Campus, Building 1, 10100 NE Prescott St, Portland, OR 97220

Date	RRCAN (CCRX10)	Section #	CPR and First aid (CCRX11)	Section #
Saturday, April 6			9:00 am - 3:00 pm	1
Saturday, April 13	9:00 am - 11:00 am	1	12:00 pm - 5:30 pm	2
Saturday, May 4			9:00 am - 3:00 pm	5
Saturday, May 18			9:00 am - 3:00 pm	7
Saturday, June 1			9:00 am - 3:00 pm	8
Saturday, June 15			9:00 am - 3:00 pm	10
Saturday, June 29			9:00 am - 3:00 pm	1

Blended First Aid/CPR Training

Cost: \$50.00

This class blends online and in-person training.

The class has two parts: 2-3 hours online, and 2.5 hours in-person on a scheduled date.



FIRST complete the 2-3 hour online portion of this class, which includes videos, reading, and quizzes. It must be completed **before** the scheduled classroom date.



NEXT, attend the 2.5-hour in-person portion of the class on your scheduled date. You will have hands-on practice with CPR manikins and first aid procedures.

REGISTRATION AND CANCELLATION POLICIES FOR BLENDED FIRST AID/CPR:

1. Select an in-person training date. All sessions are held at our Maywood campus. Fill out a registration form and mail it in.
2. Two weeks (14 days) prior to your in-person class, you will receive an email with the link to the online half of the training. You must complete this before attending your in-person class.
3. If you wish to cancel blended CPR, you must call and let us know at least two weeks (14 days) before your scheduled in-person training. No refunds can be given after that date. (503) 491-6205
4. After successful completion of the online portion and attendance at the in-person training, you will receive an email with your new First Aid/CPR certification card. These are sent on your training day.

Day and Date	Time	Course #	Section #	Last Day to Cancel
Thursday, April 18	6:30 pm - 9:00 pm	CCRX11	3	Thursday, April 4
Saturday, April 27	9:30 am - 12:00 pm	CCRX11	4	Friday, April 12
Wednesday, May 8	6:30 pm - 9:00 pm	CCRX11	6	Wednesday, April 24
Saturday, June 8	9:30 am - 12:00 pm	CCRX11	9	Friday, May 24

TRAINING CALENDAR: APRIL - JUNE 2019

Using Child Development to Guide Behavior (Set 2)						Saturday, April 6
Participants in this training will be introduced to the guidelines for developmentally appropriate practice and the principles of child development and learning that inform practice, according to the NAEYC.						
Aoife Magee		Location: MHCC Maywood Campus 10100 NE Prescott St. Portland, OR 97220				
9:00 am - 12:00 pm	Cost: \$20	CCRX10VUGB	Sec # 1	CKC: UGB	Age group: IT, PK	CDA: 8
Promoting School Readiness Through Emergent Curriculum, Birth-5 (Set 2)						Saturday, April 6
Participants will explore effective approaches and strategies using emergent curriculum to support school readiness in children when they reach Kindergarten.						
Aoife Magee		Location: MHCC Maywood Campus 10100 NE Prescott St. Portland, OR 97220				
12:30 pm - 3:30 pm	Cost: \$20	CCRX14ZLEC	Sec # 1	CKC: LEC	Age group: IT, PK	CDA: 2
Paint, Pencil & Ink: Creating a Plan for Self-Care (Set 1)						Monday, April 8
Using a variety of art materials, explore inspiring ways to recharge and remain fresh and authentic in your classroom community. Articulate what is important to you personally so that your work as an educator deepens.						
Amy Williams		Location: MHCC Maywood Campus 10100 NE Prescott St. Portland, OR 97220				
6:00 pm - 9:00 pm	Cost: \$24	CCRX96PDL	Sec # 1	CKC: PPLD	Age group: NA	CDA: 6
It's Not Just Play! Communicating Learning with Parents (Set 1)						Wednesday, April 10
Ever hear a parent ask a kindergartner what they did for the day? The answer is usually... "played outside!" In this workshop we will share and explore ways to communicate to parents the learning that is happening in your classroom. From newsletters and displays to parent conferences we will discuss strategies that will make your learning shine through.						
Tammy Marino		Location: MHCC Maywood Campus 10100 NE Prescott St. Portland, OR 97220				
6:30 pm - 8:30 pm	Cost: \$16	CCRX31FCS	Sec # 1	CKC: FCS	Age group: IT, PK, SA	CDA: 4
Positive Behavior Intervention and Supports (PBIS): Preschool Module 2 (Set 1)						Thursday, April 11 & Thursday, April 18
Facilitating children's social/emotional development is important in order for children to be successful in school. Skills include the ability to solve problems, communicate emotions appropriately, and effectively build friendships. This module focuses on strategies for teaching these skills to support positive behaviors. Must attend both sessions to earn a certificate. PBIS Module 1 is required before taking this course.						
Mackenzie Weintraub		Location: MHCC Maywood Campus 10100 NE Prescott St. Portland, OR 97220				
6:00 pm - 9:00 pm	Cost: \$30	CCRX43UGB	Sec # 1	CKC: UGB	Age group: PK	CDA:3
Engaging Young Minds: Laying a Foundation for Inquiry Approaches Through the Arts and Sciences (Set 2)						Saturday, April 13
Inquiry Approaches are built on fundamental belief in the competence of children to think, imagine and create. Acknowledging children's competence fosters essential Habits of Mind, related to school achievement and lifelong learning. This session explores beliefs about children, the implications of beliefs, and strategies to align learning environments and practices, engaging young learners and illuminating their competence and strength.						
Melinda Hayward & Christyn Dundorf		Location: Shaver Elementary, 3701 NE 131st Pl, Portland, OR 97230				
9:00 am - 12 pm	Cost: \$30	CCRX18ELEC	Sec # 1	CKC: LEC/HGD	Age group: PK	CDA: 8

**Supporting Children's Social and Emotional Development
Birth-5: The Foundation (Set 1)****Saturday, April 13**

Secure attachments and positive relationships. Brain development and milestones of social and emotional development. Understanding trauma informed care and developing partnerships with families. Explore these topics and more in "The Foundation," a session in the Supporting Children's Social and Emotional Development training series. This training will focus on children aged birth through five.

Aoife Magee	Location: MHCC Maywood Campus 10100 NE Prescott St. Portland, OR 97220				
9:30 am - 12:00 pm	Cost: \$10	CCRX11QHGD	Sec # 1	CKC: HGD	Age group: IT, PK CDA: 3

**Supporting Children's Social and Emotional Development
Birth-5: Guiding Children's Behavior (Set 1)****Saturday, April 13**

In this basic training of the Supporting Children's Social and Emotional Development Birth-5 series, participants will learn about the differences between positive child guidance and punishment. The session will also provide information about typical behaviors based on a child's development and ways to encourage appropriate child behavior. Explore these topics and more in this training on "Guiding Children's Behavior."

Aoife Magee	Location: MHCC Maywood Campus 10100 NE Prescott St. Portland, OR 97220				
12:30 pm - 3:00 pm	Cost: \$10	CCRX10HUGB	Sec # 1	CKC: UGB	Age group: IT, PK CDA: 3



Are you a Registered or Certified Family Child Care provider?

Remember, you may be able to pay for Set 2 training with a scholarship through OCCD.

Providers are now allowed to use their scholarship to pay for conferences AND/OR Set 2 training. You may also be awarded more than \$200. For details on the Oregon Family Childcare Scholarship, visit:

www.pdx.edu/occd/education-awards-enhanced-rate-scholarships/

Eco-Healthy Childcare (Set 1)**Wednesday, April 17**

Every day children are exposed to chemicals that have a significant affect on their health. We will discuss major environmental health issues, what makes children uniquely vulnerable, and preventable actions and available resources.

Carol McMurdie	Location: MHCC Maywood Campus 10100 NE Prescott St. Portland, OR 97220				
6:00 pm - 9:00 pm	Cost: \$5	CCRX24HSN	Sec # 1	CKC: HSN	Age group: NA CDA: 1

Introduction to Inclusion: Identifying and Referring Children to Early Intervention (Set 1)**Wednesday, April 17**

This class is an introduction to identifying and working with children who may have developmental delays or disabilities. The class will cover how to identify a child who may have developmental delays, how to make a referral for screening and evaluations, talking to parents, and what early intervention services include.

Tiffany Sanford	Location: CCR&R Office Classroom 4510 NE 102nd Ave. Portland, OR 97220				
6:30 pm - 8:30 pm	Cost: \$10	CCRX18SN	Sec # 1	CKC: SN	Age group: IT, PK, SA CDA: 7

Science Experiments that Don't Work (Set 1)**Tuesday, April 23**

Ever tried to put an egg in a bottle and failed? Did your volcano not erupt like it was supposed to? Science experiments that don't go right can be disappointing to the children as well as the adults. We take off your expectations and dig in! In this class we will focus on the scientific method, what the true spirits of experimenting is about and not worry if it goes right or wrong.

Tammy Marino	Location: MHCC Maywood Campus 10100 NE Prescott St. Portland, OR 97220				
7:00 pm - 9:00 pm	Cost: \$16	CCRX78LEC	Sec # 1	CKC: LEC	Age group: SA CDA: 2

Movie Talk: Babies (Set 1)**Wednesday, April 24**

It's movie time! Join us to watch the documentary, *Babies*. The 2010 film follows four babies from different countries through their first year of life. Ponijao lives in Opuwo, Namibia; Bayar(jargal) lives in Bayanchandmani, Mongolia, both rural areas. Mari lives in the very urban Tokyo, Japan, and Hattie lives in San Francisco, U.S. After the movie, we will discuss the diverse ways in which children around the world are raised. Popcorn will be served!

Esther Horta		Location: CCR&R Office Classroom 4510 NE 102nd Ave. Portland, OR 97220				
6:30 pm - 9:00 pm	Cost: \$5	CCRX58DIV	Sec # 1	CKC: DIV	Age group: IT	CDA: 8

Natural Playscapes: Creating Outdoor Learning Environments For the Soul (Set 1)
Thursday, April 25

Play in nature supports healthy growth and development in children of all ages. This workshop will focus on how to invite nature in the playground. How to create a play environment that; engages the senses, provides challenge and appropriate risk, invites exploration and curiosity, supports a full range of play possibilities, and gives kids an introduction to the place they live. We will cover practical tips from transforming your play yard and using the resources of our community and natural environment.

Leon Smith		Location: MHCC Maywood Campus 10100 NE Prescott St. Portland, OR 97220				
7:00 pm - 9:00 pm	Cost: \$16	CCRX10MLEC	Sec # 1	CKC: LEC	Age group: IT, PK, SA	CDA: 1

Supervisor Academy (Set 2)
Saturdays: April 27, May 11, and June 1

Supervisor Academy is a 20 hour, Set 2 training. This course is offered partially in-person and partially online and will focus on effective coaching techniques, improving communication skills, and managing staff. Participants are required to attend all sessions to receive a certificate.

Tammy Marino		Location: CCR&R Office Classroom 4510 NE 102nd Ave. Portland, OR 97220				
9:00 am- 12:00 pm	Cost: \$120	CCRX10WPM	Sec # 1	CKC: PM	Age group: NA	CDA: 6

Understanding and Supporting Different Families (Set 2)
Saturday, April 27

We will examine our own values and ideas about what a family should be and debunk the myth of the perfect family. We will explore family diversity and use our understanding to develop ways to respect, support, and respond to different families in different ways.

Dani Stamm Thomas		Location: MHCC Maywood Campus 10100 NE Prescott St. Portland, OR 97220				
9:00 am - 1:30 pm	Cost: \$30	CCRX77DIV	Sec # 1	CKC: DIV	Age group: NA	CDA: 4

Working Together to Protect Caregivers, Babies, and Families in Child Care (Set 1)
Saturday, May 4**NEW**

Does it feel like infants and toddlers in child care are always sick? Are your infants and toddlers passing their illnesses on to their siblings and family at home, and YOU? This training will explore common child care illnesses, infections and their greater social impact. Participants will increase their understanding of the factors that cause frequent illness in infants/toddlers and learn effective prevention and intervention strategies.

Courtney Freeman		Location: MHCC Maywood Campus 10100 NE Prescott St. Portland, OR 97220				
9:00 am - 12:00 pm	Cost: \$24	CCRX14DHSN	Sec # 1	CKC: HSN	Age group: IT	CDA: 1

Introducing trainer Courtney Freeman! Courtney Freeman has been an instructor in health and safety for nine years. In her current position with Legacy Health System, she coordinates and implements health education programs for health, safety, and compliance. Her training focus has been around respirator protocols, high-risk infectious disease, and the importance of vaccination. Courtney has a toddler in child care and is excited to meet early childhood educators and support them in staying healthy in this tough line of work.

Ages and Stages of School Age (Set 1)**Saturday, May 4****NEW**

Afterschool development from ages 5-12 is a large range that spans many milestones. Come join us as we discuss the many different things that happen developmentally from Kindergarten to Middle School and ways that providers can support this wonderful stage of growth

Julianne Standish	Location: MHCC Maywood Campus 10100 NE Prescott St. Portland, OR 97220					
10:00 am - 12:00 pm	Cost: \$16	CCRX12AHGD	Sec # 1	CKC: HGD	Age group: SA	CDA: 8

**Please remember that children under 16 are not allowed at trainings.
However, breastfeeding infants are welcome. Please call in advance of your class to make arrangements. 503 - 491 - 6205**

Stepping Into Money (Set 1)**Saturday, May 4**

Did you know that there are education awards for individuals that care for and educate young children? Yes, you could be eligible for \$100-\$250 dollars! Come to this training and discover how you can plan your education journey using the Oregon Registry as a tool. In addition, the Oregon Registry will recognize and reward individuals for completed trainings and education related to young children and after school children. Participants can expect to receive information, materials and apply for the Oregon Registry.

Deb Johnson	Location: CCR&R Office Classroom 4510 NE 102nd Ave. Portland, OR 97220					
10:00 am - 12:00 pm	Cost: \$5	CCRX30PDL	Sec # 1	CKC: PPLD	Age group: NA	CDA: 5

Put it in Writing (Set 1)**Saturday, May 4**

Confused about what forms are required by the Office of Child Care for licensing? Join us for an informative, fun-filled class to discuss what forms are required and which forms are helpful when communicating with families in your care. Sample forms will be provided.

Deb Johnson	Location: CCR&R Office Classroom 4510 NE 102nd Ave. Portland, OR 97220					
12:30 pm - 2:30 pm	Cost: \$5	CCRX33PM	Sec # 1	CKC: PM	Age group: IT	CDA:

Conflict as Opportunity for Growth and Understanding (Set 1)**Wednesday, May 8 & Wednesday, May 22****NEW**

In mainstream U.S. culture, we view conflict as ending with a winner and a loser, but it's time to view conflict through a different lens. By seeing conflict as an opportunity to deepen understanding and to gain a more complete view of the situation, we can build strong connections with others and find new solutions to old patterns. During this training, we'll look into the problem with "default" conflict management approaches; discuss what could be possible with a new approach; breakdown the components, research and theories behind compassionate communication; and then design the participants' unique plan to implement these ideas. **Must attend both sessions to earn a certificate.**

Cara Meyer	Location: MHCC Maywood Campus 10100 NE Prescott St. Portland, OR 97220					
6:30 pm - 9:00 pm	Cost: \$40	CCRX10EPDL	Sec # 1	CKC:PPLD	Age group: NA	CDA: 6

Supporting Young Scientists: Finding Simple Science in Everyday Play (Set 1)**Saturday, May 18**

Nervous about science? Let staff from the Oregon Museum of Science and Industry (OMSI) help! In Supporting Young Scientists, you will assess your own attitudes about science and gain resources to identify what it really looks and sounds like when young children are being scientists. We will practice using some of these resources in fun hands-on activities rich in scientific thinking. **All participants will receive free museum admission on May 18.**

Annie Douglass	Location: Oregon Museum of Science and Industry (OMSI)					
8:30 am- 12:30 pm	Cost: \$30	CCRX18DLEC	Sec # 1	CKC: LEC	Age group: PK	CDA: 5

Willingness to Be Disturbed: Looking Internally to Have and Receive Critical Conversations (Set 2)

Saturday, May 18

NEW

When we engage in Anti-Bias Education with children, we ask them to have open conversations that challenge their beliefs about the world. However, as adults we often struggle to do this ourselves. In Willingness to be Disturbed, participants will look inwardly to examine their thoughts and biases, and how those affect their ability to have open and critical conversations.

Bria Bloom & Shalla Sayed	Location: MHCC Maywood Campus 10100 NE Prescott St. Portland, OR 97220				
9:00 am - 12:00 pm	Cost: \$24	CCRX79DIV	Sec # 1	CKC: DIV	Age group: NA
					CDA: 6

Supporting Literacy and Language Development for Dual Language Learners: Session 1 - Foundational Concepts (Set 1)

Saturday, May 18

NEW

The more intentional and focused support young children who are Dual Language Learners (DLL) receive around language and literacy development, the greater their understanding and use of their home language and English will be. This session provides information on how first and second languages develop in young children and ideas for supporting both languages. There is a focus on the development of competency in the home language as the basis for competency in English or any other languages the child may be learning.

Hadiyah Miller	Location: CCR&R Office Classroom 4510 NE 102nd Ave. Portland, OR 97220				
10:00 am - 12:00 pm	Cost: \$10	CCRX11ZHGD	Sec # 1	CKC: HGD	Age group: IT, PK
					CDA: 2

Supporting Literacy and Language Development for Dual Language Learners Session 2- Family Engagement and Importance of Home Language (Set 1)

Saturday, May 18

NEW

The more intentional and focused support young children who are Dual Language Learners (DLL) receive around language and literacy development, the greater their understanding and use of their home language and English will be. This session stresses the importance of engaging and supporting families in the education and development of young dual language learners. In this session, we will discuss how essential it is to support families to continue to use their home language with their children.

Hadiyah Miller	Location: CCR&R Office Classroom 4510 NE 102nd Ave. Portland, OR 97220				
12:30 pm - 2:30 pm	Cost: \$10	CCRX73FCS	Sec # 1	CKC: FCS	Age group: NA
					CDA: 2

Oregon's Increasing Quality Training (Set 1)

Wednesday, May 22

This session is the first step to participating in Spark, Oregon's Quality Rating and Improvement System. Spark recognizes, rewards and builds on what you are already doing well and provides free tools, financial incentives and professional support to increase and document your quality. In this session participants will explore Spark participation through a step by step breakdown of the process and criteria and get an in-depth look at the benefits of participation.

Winnie Cheung and Hadiyah Miller	Location: CCR&R Office Classroom 4510 NE 102nd Ave. Portland, OR 97220				
1:00 pm - 4:00 pm	Cost: FREE	CCRX65PM	Sec # 1	CKC: PM	Age group: NA
					CDA: 5

Introducing trainer Winnie Cheung, Early Childhood Education Consultant! Winnie works for the Child Care Resource and Referral Agency here in Multnomah County. She recently moved to the area from Texas where she taught for 7 years in a first grade inclusion classroom and was honored with the District Elementary School Teacher of the Year Award. She also served as a teacher and instructional coach at a Chinese Immersion School. Winnie is an OCCD Master Trainer.

Observing Children: Looking and Learning (Set 2)

Wednesday, May 29

NEW

What can we learn from observing the children in our programs? We will examine the whats, whys, and hows of observations, as well as the types and purposes of them. We will then practice observation techniques and tools. Providers will leave this training excited to apply what they've learned about conducting observations in their programs.

Winnie Cheung and Hadiyah Miller	Location: CCR&R Office Classroom 4510 NE 102nd Ave. Portland, OR 97220				
6:00 pm - 9:00 pm	Cost: \$15	CCRX76OA	Sec # 1	CKC: OA	Age group: IT, PK, SA
					CDA: 7

Family Engagement Through Authentic Relationships (Set 2)**Saturday, June 1****NEW**

The Search Institute's Developmental Relationships framework points to critical opportunities where youth programs can re-frame the way they partner with families. In this session participants will explore the framework and apply it to family engagement strategies for their program.

Susan Zundel	Location: MHCC Maywood Campus 10100 NE Prescott St. Portland, OR 97220					
10:00 am - 12:00 pm	Cost: \$20	CCRX74FCS	Sec # 1	CKC: FCS	Age group: SA	CDA: 4

A Home for Your Family, A Home for Mine (Set 2)**Tuesday, June 4****NEW**

Set aside your center-based notions of what a child care setting should be and examine the advantages of providing child care in your family's home setting. Explore how to apply effective early learning strategies while capturing the feeling of home. Provide a place that feels like home to the children in your care, their families, and your own family.

Winnie Cheung & Hadiyah Miller	Location: CCR&R Office Classroom 4510 NE 102nd Ave. Portland, OR 97220					
2:00 pm - 5:00 pm	Cost: \$15	CCRX18VLEC	Sec # 1	CKC: LEC	Age group: IT, PK, SA	CDA: 1

Environmental Choices That Support Inclusion (Set 2)**Tuesday, June 4**

There are many ways to infuse inclusive practices into your indoor and outdoor environments! Join us as we examine a variety of methods for supporting children of all abilities to test their skills, learn new things and flourish! Through video and case studies you will practice choosing environmental supports that promote an inclusive environment.

Tammy Marino	Location: MHCC Maywood Campus 10100 NE Prescott St. Portland, OR 97220					
6:30 pm - 8:30 pm	Cost: \$20	CCRX70SN	Sec # 1	CKC: SN	Age group: IT, PK, SA	CDA: 1

Let's Wrestle! Supporting Rough and Tumble Play in Your Classroom (Set 1)**Wednesday, June 5****NEW**

Teachers and parents often wonder: Is rough and tumble play dangerous? Does it make children more aggressive? Is there a place for rough play in our home, or in our school? Join us as we explore the many benefits – physical, cognitive, and social – of this vital play engaged in by young children of all ages. Participants will learn supportive guidance strategies and guidelines for safe physical environments as we deepen our understanding of the positive role symbolic aggression plays in children's growth and development.

Stephen Karmol	Location: MHCC Maywood Campus 10100 NE Prescott St. Portland, OR 97220					
7:00 pm - 8:30 pm	Cost: \$12	CCRX10TUGB	Sec # 1	CKC: UGB	Age group: NA	CDA: 3

Say YES to Blocks (Set 2)**Saturday, June 8**

Blocks are an essential tool to engage inquiring minds and promote the development of skills necessary for success. We'll examine what children learn, the stages of block play and explore your role as a facilitator. Most importantly, we will examine ways to set up for block play that allows for inquiry, exploration and the joy of building with blocks.

Carol McMurdie	Location: MHCC Maywood Campus 10100 NE Prescott St. Portland, OR 97220					
9:00 am - 12:00 pm	Cost: \$30	CCRX16BLEC	Sec # 1	CKC: LEC	Age group: IT, PK, SA	CDA: 2

Observing Children: Program Practices (Set 2)**Wednesday, June 12****NEW**

What are the program practices which will encourage focused observations of the children in your program? And how can you link your observations to developmental support for your children? Explore strategies to use when observing your children and examine how to connect your observations to the activities you provide in your program.

Winnie Cheung & Hadiyah Miller	Location: CCR&R Office Classroom 4510 NE 102nd Ave. Portland, OR 97220					
6:00 pm - 9:00 pm	Cost: \$15	CCRX765OA	Sec # 1	CKC: OA	Age group: IT, PK, SA	CDA: 7

Mt. Hood Community College
Child Care Resource and Referral
of Multnomah County
26000 SE Stark St.
Gresham, OR 97030

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For assistance finding child care call 2-1-1

For referral support contact 2-1-1 Info at (503) 416-2698

 Website: www.ccrr-mc.org

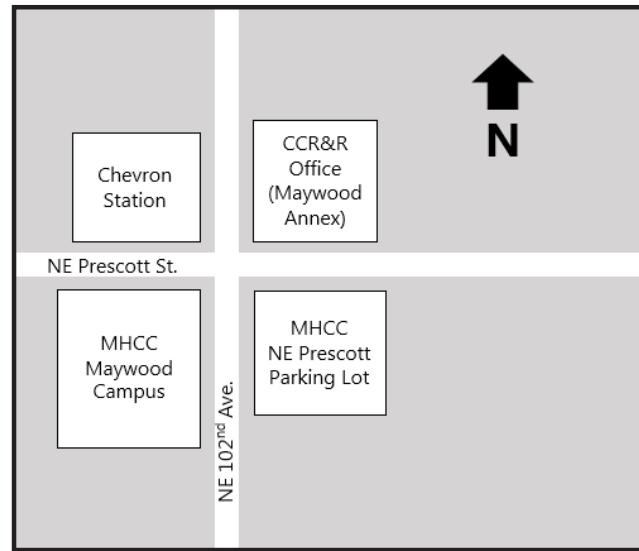
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