

THE SOURCE

Fall 2019



Are you a new child care provider?

Look for this symbol indicating foundational trainings.

Sign up for the upcoming 2019 Fall Community Conference!

Learning Opportunities at the 2019 Fall Community Conference

The 2019 Stronger Together conference brings the early childhood education community together, promoting advocacy, collaboration, and professional development. Our belief is that drawing on the strengths of our organizations, programs, and individual educators is the best path to a brighter future for our children.

Oregon AEYC, CCR&R of Multnomah County, and Threads of Justice Collective are combining our resources and communities to host a weekend designed for attendees to learn, network, and influence!

You will have the opportunity to:

- Hear from State Early Learning Director Miriam Calderon about the direction of early learning in Oregon
- Discuss your role as an advocate for children's rights and quality care
- Meet other teachers and take a deep look at your program practices
- Examine how your own culture and beliefs influences your views on child-raising
- Develop skill in observing children's play and developing curriculum
- Learn about new initiatives in early childhood around the state
- Explore mental health issues facing young children today
- Learn trauma-informed practices in working with children and families
- Expand your Community of Practice



Stronger Together

2019 Fall Community Conference
October 11-12, 2019

The 2019 Stronger Together conference will be held on October 11-12, 2019 at Mt. Hood Community College-Gresham campus.

Conference Fees:

NAEYC/ORAEYC Member: 1 Day	\$130
NAEYC/ORAEYC Member: 2 Day	\$210
Non-Member: 1 Day	\$190
Non-Member: 2 Day	\$330

RF and CF providers can attend the conference for **FREE** with scholarship.

You can view the sessions descriptions on the Oregon AEYC website at www.oraeyc.org/fall-conference-2019

Scholarships are available! Please check the website for more information on how to apply for a scholarship.

Volunteers are needed and receive a discount on registration. Contact Hadiyah.Miller@mhcc.edu if you are interested in volunteering!

You can find the registration and lunch form on the website. Please mail or fax them to ORAEYC.

ORAEYC

PO Box 60

Gladstone, OR 9702

Phone: (503) 496 - 3991

Fax: (503) 496 - 0520

Office Hours

Monday - Friday
8:30 am - 4:30 pm

Closed

Nov. 11
Nov. 25 - 29
Dec. 23 - Jan. 3

We will be closed for staff meetings

12:30 to 3:00 pm
October 29
November 7
December 5

WHO ARE THE STRONGER TOGETHER CONFERENCE PARTNERS?



Oregon Association for the Education of Young Children

Oregon AEYC has a rich history of decades' long activism by a diverse collection of early childhood educators working to advance the field of early childhood education. The non-profit is committed to supporting those who work for the education and needs of children from birth to age eight. Oregon AEYC sponsors the annual "Week of the Young Child" each Spring, as well as presents conferences, cohort trainings, and small teaching sessions throughout Oregon.



MT. HOOD
COMMUNITY COLLEGE

Mt. Hood Community College is nationally recognized as the choice for life-long education and is a leader in state-of-the-art learning environments and innovation; the college is celebrated by residents for its economic, social, cultural, and recreational contributions to the district. MHCC serves approximately 33,000 students annually. MHCC is the place for community members to accomplish their goals and accomplish their dreams. MHCC can help you earn your AAS degree in Early Childhood Education, Certificate in Early Childhood Education, or Career Pathway Child Care Center Teacher or Teacher Assistant Certificate.



Child Care Resource and Referral of Multnomah County is the non-profit, state designated resources and referral agency serving the diverse community of Multnomah County, creating a link between child care providers and families seeking quality child care, and offering services to parents, providers, and the community. CCR&R provides professional development and training, business resources, and consulting services. Their mission is strengthen the community by supporting early childhood professionals.



Threads of Justice Collective is a combination of efforts that include a group of early childhood education consultants, activists, and trainers. They are dedicated to furthering social, cultural, and economic justice through education. Threads of Justice Collective supports young children in anti-bias education by facilitating conversations and efforts for collective action against oppression.

BEHAVIOR AND INCLUSION SUPPORT

Several agencies are available to support Multnomah County child care providers in caring for children who experience special needs or challenging behaviors.

The **CCR&R Child Behavior Specialist Line** can support you in creating a positive learning environment and routines to proactively manage children's challenging behaviors. **503-491-6219**

The **Inclusive Partners** can help families and child care providers when children need exceptionally close supervision, special accommodations, or other supports for safe and appropriate care. **971-673-2286**

Multnomah Early Childhood Program (MECP) provides screening, identification, and early intervention and early childhood special education services to children birth to age five in Multnomah County. **503-261-5535**

Help Me Grow (HMG) is a free information and referral line that connects families with children ages 0-5 to child development information and parenting resources in the community. **833-868-4769**

EARLY CHILDHOOD PROGRAMS IN CRISIS

The high rate of expulsion in early childhood education is causing harm to children and families. Statistics show:

- More than 300,000 children are expelled each year.
- 50,000 preschoolers are expelled at least once.
- 250 preschoolers are suspended or expelled every day.
- Young boys and girls are at risk for academic failure, absenteeism, and even incarceration.
- Boys are expelled at a rate more than 4.5 times that of girls.
- Black children account for almost 50% of public preschool suspensions but less than one-fifth of all preschoolers.
- Black, brown, Asian Pacific, and children with a disability are more likely to be expelled.



Stronger Together

**2019 Fall Community Conference
October 11-12, 2019**

The Stronger Together Community Conference is hosting a free community forum for you to share your thoughts and experiences surrounding preschool expulsion.

When: Friday, October 11, 2019 @ 5:30-7:00pm

Where: MHCC Gresham campus Academic Center
Room 2507 (Town and Gown Room)

All attendees will receive a Set 1 training certificate.
Light snacks provided

Please RSVP **Hadiyah.Miller@mhcc.edu** to reserve your spot.

UPDATES FROM OUR PARTNERS

OCCD SCHOLARSHIPS

The Betty Gray Scholarship and Oregon's Family Child Care Scholarship are now under the umbrella of the "Oregon Statewide Scholarship Program." This change is to simplify the process of seeking scholarship support. You can now apply through a single online application, regardless of which funding you are ultimately eligible for.

The new online scholarship application works for all applicants. There are paper applications available in English, Spanish, and Russian.

To find the new online application, go to https://portlandstate.qualtrics.com/jfe/form/SV_0x5rJ5viCaWWm0J

INTRODUCTION TO REGISTERED FAMILY CHILD CARE PART 1 AND PART 2

Starting October 1, the former Overview for Family Child Care Providers training will be renamed to the Introduction to Registered Family Child Care. This training will consist of two parts and is required by the Office of Child Care in order to become a registered Family Child Care Provider. The required Part One class is available online at <http://campus.educadium.com/OCCD/>. Part Two is the in-person training you must attend after completing Part One. This free class provides a rule book, resources to help you be successful, information about Child Care Resource and Referral, and more. You must pre-register. Please see page 8 of The Source for more information on how to register for the class.

PORTLAND PUBLIC SCHOOLS

Portland Public Schools will open a Child Care Application process for experienced, high quality, and licensed child care organizations beginning November 4th and closing December 6th. New providers who are accepted through this process will be added to the pool of approved providers. If a child care contract opening occurs in a PPS school for the 2020-2021 school year and beyond, the new provider will be able to compete in the child care selection process. There is no guarantee that the approved provider will be selected. Providers will be notified of the results by February 10th. The application link will be posted on the Portland Public School [Child Care Website](#). For more information, contact Nancy Hauth at nhauth@pps.net or (503) 916-3230.

What is Baby Promise?

Baby Promise is an Oregon publicly funded pilot initiative to increase the retention, supply and quality of infant and toddler care through stabilization of families experiencing low income at or below 185% of the Federal Poverty levels. This program will provide financial assistance to working families to help pay for childcare, improve the quality and safety of childcare and support the supply and availability of childcare for all families.

At this time, the Baby Promise pilot program is accepting applications from child care providers participating in Focused Child Care networks, Community Child Care Initiative (CCI), Preschool Promise, and Early Head Start. Contact Robyn.Harris@mhcc.edu for more information.



Are you interested in working on quality improvement? There is still time to qualify for support funding and earn a star rating with the current Spark system!

Call CCR&R at (503) 491-6205



Empowering early educators
to inspire children

Earn your degree or certificate in Early Childhood Education from Mt. Hood Community College!

- Evening and hybrid/online course formats allow for you to pursue your educational goals while balancing work and family commitments.
- Complete your first term attending courses every Monday and Wednesday evening in the fall.

Interested in learning more?

Contact MHCC Faculty Advisor **Yolanda Buenafe**
503-491-7129 or Yolanda.Buenafe@mhcc.edu





Mt. Hood Community College/CCR&R Registration

FORMA DE REGISTRACIÓN

Information on this form will be provided to the Oregon Registry.

La información de este formulario será proporcionada al Registro de Oregon.



Date Fecha:	Last name Apellido	First name Primer nombre	M.I. Segundo
Term / Year Año	Home Address Dirección	City Ciudad	State Estado
Fall 2019			Zip Código Postal

Gender Género	Mother's Maiden Name Apellido de Soltera de la Madre
Birth Date Fecha de Nac	Phone Teléfono
Email Correo electrónico	

Type of Care Tipo de cuidado:

<input type="checkbox"/> Center	<input type="checkbox"/> RF	<input type="checkbox"/> CF
<input type="checkbox"/> Exempt	(not licensed through OCC, sin licencia de OCC)	

Child Care License Number							
Numero De Licencia De Cuidado Infantil							

<input type="checkbox"/>	Yes! Please send me reminders via text message. (Standard message and data rates may apply.) Sí! Por favor envíeme recordatorios por mensaje de texto. (Pueden aplicarse tarifas estándar de mensajes y datos.)
<input type="checkbox"/>	Yes! Please mail me a Food Handler Packet. I have included a payment of \$10 Sí! Favor de enviar el paquete para manejar los alimentos. He incluido el pago de \$10

Ethnic Data - Datos Etnicos	
<input type="checkbox"/>	Native American Nativo Americano
<input type="checkbox"/>	Alaskan Native Nativo de Alaska
<input type="checkbox"/>	Asian/Pacific Islander Asiático/De las Islas Pacíficas
<input type="checkbox"/>	African – American/Black Afro-Americano
<input type="checkbox"/>	Hispanic or Latino/a Hispano o Latino/a
<input type="checkbox"/>	White/Caucasian Blanco/Caucásico
<input type="checkbox"/>	Unknown or Other Se Desconoce o Otro _____

High School Education Educación Preparatoria	
<input type="checkbox"/>	(H)-High School Graduate Graduado de Preparatoria
<input type="checkbox"/>	(D)-Adult High School Diploma Diploma de la Preparatoria
<input type="checkbox"/>	(S)-Still in High School Todavía en la Preparatoria
<input type="checkbox"/>	(G)-GED
<input type="checkbox"/>	(N)-Did not complete No Complete

<input type="checkbox"/>	Are you a US Military veteran? ¿US Veterano Militar?
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Name of High School Nombre de la Preparatoria	Graduation Yr Año Graduado	State Estado

Will you be employed while attending this class? ¿Usted estará trabajando mientras asiste la escuela?	
<input type="checkbox"/>	Yes, full-time (35+ hours per week) Si, Tiempo Completo (35+ horas a la semana)
<input type="checkbox"/>	Yes, part-time (Less than 35 hours per week) Si, Medio Tiempo (Menos de 35 horas por semana)
<input type="checkbox"/>	No, not employed No, no estoy trabajando

Course # Curso #	SEC # Sección #	Course Name Nombre del Curso	Date Fecha	Cost Costo

FOR OFFICE USE ONLY		Authorized Signature				Date	
Apply Cashier Code in the Amount of \$							
Cashier code		CCRD		EXP		CDFS	
						CCRC	
						CCI	
						OCCD	
						CDA	
						RFCF	

Bring or mail completed registration form to CCR&R-MC 4510 NE 102nd Ave. Portland, OR 97220
Envíenos por correo o en persona su forma de registraci3n a CCR&R-MC 4510 NE 102nd Ave Portland, OR 97220

CCR&R TRAINING REGISTRATION, POLICIES, AND ETIQUETTE

REGISTRATION:

(Online registration coming soon! Be on the lookout for more information within the next few weeks.)

1. Complete the registration form on page 5. All necessary information can be found with the class descriptions.
2. Registration for classes will only be accepted by mail or in person and must be received prior to the class. All classes require pre-registration and payment if applicable. Payments are non-transferable from person to person.
3. Mail the registration form with full payment to:

CCR&R-MC
4510 NE 102nd Ave
Portland, OR 97220

Please make checks and money orders payable to CCR&R-MC. We cannot accept credit/debit card payments at this time. Each person registering for a class needs to fill out a separate registration form. Please make copies as needed or download more copies from our website:

www.ccr-mc.org/training

4. Placement in a requested class will be on a first-come, first-served basis. If there is not space available in the class you request, we will call to let you know.

CANCELLATION POLICY:

Please call ahead of time if you need to cancel. If you cancel at least 24 hours prior to the training for which you are registered, you will be issued a refund. The refund will be issued to the person that was registered for the class, regardless of who paid for the class.

Blended CPR classes must be cancelled 2 weeks in advance. See page 9 for specific dates.

ATTENDANCE POLICY:

If you miss a class and have not given at least 24 hours notice, you forfeit the payment for the class.

It is important that participants arrive on time and stay for the duration of the class. Participants arriving later than 15 minutes after the start of class will not receive a certificate nor reimbursement, and no partial credit will be issued. In order to receive credit for multiple session trainings, full attendance is mandatory.

ACCOMMODATIONS AVAILABLE:

Individuals who require accommodations due to disability may contact CCR&R at **(503) 491-6205**. Please call at least two weeks before the class to ensure availability.

INCLEMENT WEATHER:

In the case of inclement weather, CCR&R classes will be cancelled when and if Mt. Hood Community College closes. Closures will be announced via radio, television networks and mhcc.edu. If MHCC evening classes are cancelled, this also indicates that CCR&R evening classes will be cancelled. If class is not cancelled and you choose not to attend, you forfeit any applicable payment.

MHCC encourages students and staff to register for **FlashAlert** in order to receive emergency notices. There is no cost to use this service and your information will remain confidential.

Set up a yearly FlashAlert subscription at

www.flashalert.net/id/MHCC

POLICY FOR CHILDREN:

Breastfeeding infants are welcome in class; otherwise, children under the age of 16 are not allowed in trainings. This is for the welfare of all class participants. Please adhere to this policy unless notified by CCR&R of an exception. If you need to bring your breastfeeding infant to class, please call us ahead of time to make arrangements.

CLASSROOM ETIQUETTE:

Please come prepared to take notes and participate in the class. When you arrive, sign in on the roster sheet. Please make sure your cell phone is turned off or silenced before the class begins. At the end of the class, please complete the evaluation; this will aid us in planning training opportunities that interest you and meet your professional needs. If you are not leaving the building right away after an evening class, let the instructor know; they may need to set the building alarm and will need to know if there is someone still in the building.

TRAINING KEYS

OREGON REGISTRY CORE KNOWLEDGE CATEGORIES (CKC) www.pdx.edu/occd	
CKC	ABBREVIATION
Diversity	DIV
Family and Community Systems	FCS
Health, Safety, and Nutrition	HSN
Human Growth and Development	HGD
Learning Environments and Curriculum	LEC
Observation and Assessment	OA
Personal, Professional, and Leadership Development	PPLD
Program Management	PM
Special Needs	SN
Understanding and Guiding Behavior	UGB

CDA NUMBERING SYSTEM (CDA) www.cdacouncil.org	
CDA SUBJECT AREAS	
1	Planning a safe and healthy learning environment. Subjects include health and safety, first aid, space planning, materials, and equipment.
2	Steps to advance children's physical and intellectual development. Subjects include active play, fine motor skills, language, writing, literacy, discovery, art, and music.
3	Positive ways to support children's social and emotional development. Subjects include friendship skills, self-esteem, self-control, understanding emotions, and guiding behavior.
4	Strategies to establish productive relationships with families. Subjects include working with parents, home visits, conferences, and referrals.
5	Strategies to manage an effective program operation. Subjects include planning, record-keeping, policies, and budgeting.
6	Maintaining a commitment to professionalism. Subjects include advocacy, ethical practices, work force issues, and professional associations.
7	Observing and recording children's behavior. Subjects include tools and strategies for collecting objective information about children's learning and development.
8	Principles of child development and learning. Subjects include developmental milestones and cultural influences on development.

Set One training provides an overview of basic principles, theories and/or research. Set One training participants are expected to gain basic, introductory knowledge of session topics.

Set Two training presents intermediate knowledge. The purpose of these sessions is to build on previous knowledge by having professionals use what they have already learned and experienced to think in depth and to learn more. Sessions are developed assuming that participants already have basic knowledge of the subject.

Set Three training presents advanced knowledge. Sessions provide opportunities for analysis, comparison, critical examination, evaluation, research, and/or practical study. Set Three training participants are expected to already have significant and/or intermediate knowledge of and professional experience in the session topic.

The listing for each training session includes age group information:

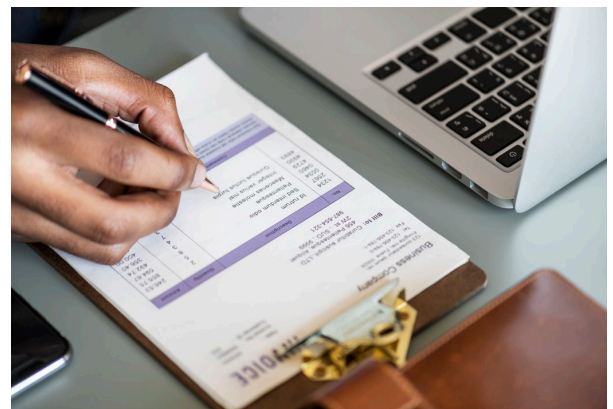
IT = Infants and toddlers (birth to 3 years old)

PK = Preschoolers (3 to 5 years old)

SA = School-age children (5 to 12 years old)

NA = The class contains no age-related content

For more information visit the Oregon Center for Career Development (OCCD) at www.pdx.edu/occd



CHILD CARE LICENSING INFORMATION

Obtaining a Family Child Care License in Oregon

If you are applying for a Registered Family (RF) license, you will need to attend an Introduction to Registered Family Child Care class (see schedule below). If you are applying for a Certified Family (CF) Child Care license, start by calling the Office of Child Care at 1-800-556-6616. The steps below apply to both types of family child care license.

1. Enroll in Oregon's Central Background Registry and follow instructions to complete fingerprinting
oregonearlylearning.com
2. Complete all Safety Set training (see information below) or make sure certifications are current:
 - Infant/Child/Adult CPR & First Aid
 - Child Care Food Handler Certification
 - Recognizing and Reporting Child Abuse and Neglect (RRCAN) in person or online - certificate does not expire
 - Introduction to Child Care Health and Safety (ICCHS) in person or online - certificate does not expire
 - Safe Sleep for Oregon's Infants - certificate does not expire
 - Complete license application and return it to the Office of Child Care

To renew your license, ensure you have a current CPR/First Aid card, a Food Handlers card, and completed all required training hours and submitted certificates to your ORO account as needed.

INTRODUCTION TO REGISTERED FAMILY CHILD CARE PART TWO

The Introduction to Registered Family Child Care is a **free**, two-part class which is required to become a licensed Registered Family (RF) child care provider in Oregon. The mandatory Part One is available online at <http://campus.educadium.com/OCCD/>. Information presented includes rules and regulations, the application process, child care business principles, and resources including CCR&R services and the USDA food program. You must call to pre-register for Part Two. Unless otherwise noted, classes are held at: MHCC Maywood Campus 10100 NE Prescott St. Portland, OR

Location: MHCC Maywood Campus 10100 NE Prescott St. Portland, OR 97220		
Thursday	October 24	6:00 pm - 9:00 pm
Wednesday	November 13	9:00 am - 12:00 pm
Thursday	December 5	6:00 pm - 9:00 pm

SAFETY SET TRAINING

Introduction to Child Care Health and Safety					Saturday, November 23	
In-person, classroom training: Required health and safety training for all providers working in licensed facilities and those caring for children receiving a DHS subsidy. Topics include injury prevention, illness prevention and management, emergency preparedness, and general safety. This class is also available online. See below for details.						
Location: MHCC Maywood Campus 10100 NE Prescott St. Portland, OR 97220						
3:00 pm - 5:00 pm	Cost: FREE	CCR13THSN	Sec # 3	CKC: HSN	Age group: NA	CDA: 1

Online Introduction to Child Care Health and Safety

FREE

Required Health and Safety training for all providers working in licensed facilities and those caring for children receiving a DHS subsidy. Topics include injury prevention, illness prevention and management, emergency preparedness, and general safety. This training is available online at campus.educadium.com/OCCD/

Child Care Food Handler Certification

FREE

Food handler certification may be completed online at childcarefoodhandler.org, or you may request a self-study packet by sending the registration form on page 5. Please check the box in the middle of the registration form to request the packet. Child Care Food Handler Certification is good for 3 years.

Online Recognizing and Reporting Child Abuse and Neglect (RRCAN)

FREE

Child care and education providers are among those persons who are mandatory reporters of suspected incidents of child abuse and neglect in the state of Oregon. Participants will learn the process for reporting incidents of child abuse or neglect. This training is available online at campus.educadium.com/OCCD/

SAFETY SET TRAINING (CONTINUED)

Safe Sleep for Oregon's Infants

COST: FREE

New providers are required to have an in-depth understanding of safe sleep practices and need to complete the free state training and quiz. A self-study training packet for *Safe Sleep for Oregon's Infants* is available at the CCR&R office or online at: <http://campus.educadium.com/OCCD/>.

Prevention is Better Than Treatment

COST: FREE

This is a required online health and safety training and addresses how to prevent, reduce, and respond to childhood illnesses and food allergies in child care settings. Providers, assistant 2s, substitutes, directors, teachers, and aide IIs are required to complete this training prior to next license renewal or by 10/1/2020, which ever comes first. This training can be found at: <http://campus.educadium.com/OCCD/>.

Recognizing and Reporting Child Abuse and Neglect (RRCAN)

COST: FREE

RRCAN fulfills the child abuse class requirement for Office of Child Care licensing. **See schedule below.**
This class is also available online at no cost. See page 8 for details.

Infant/Child/Adult CPR and First Aid Certification

COST: \$50.00

Our CPR/First Aid classes will certify you in infant, child and adult CPR and First Aid for 2 years.

Location: MHCC Maywood Campus, Building 1, 10100 NE Prescott St, Portland, OR 97220

Date	RRCAN (CCR10)	Section #	CPR and First aid (CCR11)	Section #
Saturday, October 5			9:00 am - 3:00 pm	21
Saturday, October 19			9:00 am - 3:00 pm	23
Saturday, October 26	3:30 pm - 5:30 pm	6	9:00 am - 3:00 pm	25
Saturday, November 9			9:00 am - 3:00 pm	26
Thursday, November 14	6:00 pm - 8:00 pm	7		
Saturday, November 23			9:00 am - 3:00 pm	29
Saturday, December 14			9:00 am - 3:00 pm	31

Blended First Aid/CPR Training

COST: \$50.00

This class blends online and in-person training.

The class has two parts: 2-3 hours online, and 2.5 hours in-person on a scheduled date.



FIRST complete the 2-3 hour online portion of this class, which includes videos, reading, and quizzes. It must be completed **before** the scheduled classroom date.



NEXT, attend the 2.5-hour in-person portion of the class on your scheduled date. You will have hands-on practice with CPR manikins and first aid procedures.

REGISTRATION AND CANCELLATION POLICIES FOR BLENDED FIRST AID/CPR:

1. Select an in-person training date. All sessions are held at our Maywood campus. Fill out a registration form and mail it in.
2. Two weeks (14 days) prior to your in-person class, you will receive an email with the link to the online half of the training. You must complete this before attending your in-person class.
3. **If you wish to cancel blended CPR, you must call and let us know at least two weeks (14 days) before your scheduled in-person training. No refunds can be given after that date. (503) 491-6205**
4. After successful completion of the online portion and attendance at the in-person training, you will receive an email with your new First Aid/CPR certification card. These are sent on your training day.

Day and Date	Time	Course #	Section #	Last Day to Cancel
Thursday, October 10	6:30 pm - 9:00 pm	CCR11	22	Thursday, Sept. 26
Thursday, October 24	6:30 pm - 9:00 pm	CCR11	24	Thursday, October 10
Saturday, November 16	9:30 am - 12:00 pm	CCR11	27	Friday, November 1
Thursday, November 21	6:30 pm - 9:00 pm	CCR11	28	Thursday, November 7
Saturday, December 7	9:30 am - 12:00 pm	CCR11	30	Friday, November 23

TRAINING CALENDAR: OCTOBER - DECEMBER 2019

An Examination of Safe Sleep Practices for Infants (Set 2)

Tuesday, Oct. 15

Safe sleep practices in childhood care and education programs can be life saving for infants. In this workshop we will explore and examine resources, program policies, risk factors and preventive strategies for Sudden Unexpected Infant Death (SUID) and Sudden Infant Death Syndrome (SIDS).

Hadiyah Miller	Location: MHCC Maywood Campus 10100 NE Prescott St. Portland, OR 97220					
6:00 pm - 8:00 pm	Cost: FREE	CCR13ZHSN	Sec # 1	CKC: HSN	Age group: IT	CDA: 1

Children and Aggression: Is there such a thing as a 4-year-old bully? (Set 1)

Wednesday, Oct. 16

"Bullying is a behavior, not an identity." With nearly one in five children experiencing aggression each year, it is no wonder this topic is on the minds of educators. Creating a safe supportive school experience is a common goal we all share as educators. This workshop explores resources and options to address this behavior and discusses how to offer support and guidance to all parties involved. Learn how to build empathy and assist your students to identify ways to increase understanding toward others.

Amy Williams	Location: MHCC Maywood Campus 10100 NE Prescott St. Portland, OR 97220					
6:00 pm - 9:00 pm	Cost: \$24	CCR10EHGD	Sec # 1	CKC: HGD	Age group: PK,SA	CDA: 3

Introduction to Inclusion: Identifying and Referring Children to Early Intervention (Set 1)

Saturday, Oct. 19

This class is an introduction into identifying and working with children who may have developmental delays or disabilities. The class will cover how to identify a child who may have developmental delays, how to make a referral for screening and evaluations, talking to parents, and what early intervention services include.

Leah Robinson	Location: MHCC Maywood Campus 10100 NE Prescott St. Portland, OR 97220					
10:00 am - 12:00 pm	Cost: \$10	CCR18SN	Sec # 1	CKC: SN	Age group: IT, PK, SA	CDA: 8

Power of Play (Set 2)

Monday, Oct. 21

NEW

Participants will examine how children construct their own understandings of the world around them through active play-based learning, the characteristics of play, the types and benefits of play, and how to use books and early literacy materials to promote growth and development.

Aoife Magee	Location: MHCC Maywood Campus 10100 NE Prescott St. Portland, OR 97220					
6:00 pm - 9:00 pm	Cost: \$30	CCR12RHGD	Sec # 1	CKC: HGD	Age group: IT,PK,SA	CDA: 2

Harmonious Classroom Teams: Building on Collaboration (Set 1)

Wednesday, Oct. 23

NEW

What does the idea of the "preparation of the adult" in a classroom community mean to you? How do you build harmony in your relationship with your classroom teammate? Discuss effective time-management and realistic expectations of each other as you come together to support a harmonious classroom.

Amy Williams	Location: MHCC Maywood Campus 10100 NE Prescott St. Portland, OR 97220					
6:00 pm - 9:00 pm	Cost: \$24	CCR10KPD	Sec # 1	CKC: PPLD	Age group: NA	CDA: 6

Mastering Marketing for Child Care (Set 2)

Thursday, Oct. 24

NEW

Marketing is essential in the competitive child care industry. The best program is useless without children to care for. What do you offer that parents are looking for? In this session you will sharpen your skills to increase and maintain enrollment. Align your message with your program philosophy and values. Assess your program strengths and benefits to target prospective clients.

Sonia Thomas	Location: CCR&R Office 510 NE 102nd Ave. Portland, OR 97220					
6:00 pm - 9:00 pm	Cost: \$30	CCR11FPM	Sec # 1	CKC: PM	Age group: NA	CDA: 5

Inclusion in Action: Strategies for Supporting Young Children with Autism Spectrum Disorder and Their Families (Set 2)					Saturday, Oct. 26	
Participants will explore strategies of working with children with Autism Spectrum Disorder (ASD) in early childhood settings. The session will include a variety of activities including discussion, small group activities and self-reflection. Topics to be explored will include defining ASD; the causes and diagnosis process; characteristics of ASD; the impact of ASD on learning and development; strategies for supporting young children with ASD and strategies for communicating and collaborating with parents of children with ASD. The workshop will focus primarily on preschool age children.						
Dani Stamm Thomas		Location: MHCC Maywood Campus 10100 NE Prescott St. Portland, OR 97220				
9:00 am - 12:00 pm	Cost: \$30	CCR85SN	Sec # 1	CKC: SN	Age group: PK	CDA: 8

Positive Behavior Intervention and Support (PBIS) Module 1: School Age					Saturday, Oct. 26	
This training is based on the principles that positive relationships serve as the foundation for addressing social emotional needs and that meaningful schedules and routines can serve as a prevention for challenging behaviors. Participants will leave with concrete strategies for preventing challenging behavior and setting a positive tone in their environment and relationships.						
Winnie Cheung		Location: MHCC Maywood Campus 10100 NE Prescott St. Portland, OR 97220				
9:00 am - 1:30 pm	Cost: \$30	CCR85UGB	Sec # 1	CKC: UGB	Age group: SA	CDA: 3

Give Me Five!: Five Key Practices to Prevent Challenging Behavior (Set 2)					Monday, Oct. 28		NEW
Challenging behavior getting you down? Join us to examine 5 key practices to support young children and promote positive behavior in the classroom and at home. Participants will explore ways to problem-solve challenging behavior, reflect on interactions with children, and support children’s social skills. Participants will leave with a plan for the classroom or home!							
Mackenzie Weintraub		Location: MHCC Maywood Campus 10100 NE Prescott St. Portland, OR 97220					
6:30 pm - 8:30 pm	Cost: \$20	CCR11CUGB	Sec # 1	CKC: UGB	Age group: PK	CDA: 3	

Bloom Where You Are Planted: The Art of Nurturing the Nurturer (Set 2)					Wednesday, Oct. 30	
Are you just surviving or thriving as a caregiver? Is it possible to feel personally nurtured while nurturing children daily? Learn how to give without giving out. Leave with a concrete plan to put into action!						
Amy Williams		Location: MHCC Maywood Campus 10100 NE Prescott St. Portland, OR 97220				
6:00 pm - 9:00 pm	Cost: \$30	CCR61PDL	Sec # 1	CKC: PDL	Age group: NA	CDA:6

Why Do They Do That? And What Should I Do? (Set 1)					Saturday, Nov. 2		NEW
An overview of children’s goals of misbehavior and how routines, environment, language, and positive guidance techniques can help you try to avoid basic problems in the classroom. In this training, we will learn why children misbehave and create positive strategies teachers can easily use while working with them. We will explore designing positive classroom settings that help guide children towards making good decisions before any situations arise. We will discuss several techniques, phrases, and the simple “3-Step Method” to use when guiding children.							
Julianne Standish		Location: MHCC Maywood Campus 10100 NE Prescott St. Portland, OR 97220					
12:00 pm - 3:00 pm	Cost: \$24	CCR11BUGB	Sec # 2	CKC: UGB	Age group: SA	CDA: 3	

Bicultural Development of Young Children (Set 1)					Wednesday, Nov. 6		NEW
Many children in early learning classrooms come from two cultural families and speak two or more languages. The workshop defines bicultural, identify the developmental process and discuss ways to support the children and their families.							
Hadiyah Miller		Location: MHCC Maywood Campus 10100 NE Prescott St. Portland, OR 97220					
6:00 pm - 9:00 pm	Cost: \$15	CCR86DIV	Sec # 2	CKC: DIV	Age group: IT, PK	CDA: 8	

**Please remember that children under 16 are not allowed at trainings.
However, breastfeeding infants are welcome. Please call in advance of your class to make
arrangements. 503 - 491 - 6205**

Program Administration for Equity and Social Justice (Set 2)

Wednesday, Nov. 6

How can we promote equity, social justice, and anti-bias education as early childhood administrators? Join us as we investigate elements of program, practice, policy, and professional development. Participants will learn about the successful implementation of program-wide policies supporting equity, share examples from their own settings, and articulate ideas for future action in our schools.

Stephen Karmol		Location: MHCC Maywood Campus 10100 NE Prescott St. Portland, OR 97220				
6:00 pm - 7:30 pm	Cost: \$12	CCR10NPM	Sec # 1	CKC: PM	Age group: NA	CDA: 6

Trauma-Informed Positive Behavior Intervention & Support (Set 2)

Thursday, Nov. 7

Develop strategies for helping children when their home lives include ongoing stress, chaos and/or violence. Examine how toxic stress impacts brain development, and how adults and childcare providers can implement practices to increase resiliency, improve relationships with children and parents, and improve environments to better serve at-risk children.

Tracy Branscomb		Location: MHCC Maywood Campus 10100 NE Prescott St. Portland, OR 97220				
6:00 pm - 9:00 pm	Cost: \$15	CCR78UGB	Sec # 1	CKC: UGB	Age group: IT/PK/SA	CDA: 3

In the Mix 4: Developmental Needs & Interests of School-Age Children (Set 1) Saturday, Nov. 9

Understanding typical development of both younger and older children in family child care is the key to planning environments and stimulating activities. School-age children and youth have some unique developmental needs and interest that can be supported by knowledgeable and caring providers. We will describe these characteristics and discuss ways to welcome school-age children in family child care.

Joan Lowe		Location: MHCC Maywood Campus 10100 NE Prescott St. Portland, OR 97220				
10:00 am - 12:00 pm	Cost: \$15	CCR37HGD	Sec # 1	CKC: HGD	Age group: SA	CDA: 8

In The Mix 6: Activities for Mixed Ages in Family Child Care (Set 1)

Saturday, Nov. 9

Planning activities for the different ages of children in your family child care setting can be challenging. School-age children and youth have interests and needs that may be very different from the younger children. You will gain ideas for activities that will be engaging and developmentally appropriate for school-age children and ones that will be inclusive of all the ages together.

Joan Lowe		Location: MHCC Maywood Campus 10100 NE Prescott St. Portland, OR 97220				
12:30 pm - 2:30 pm	Cost: \$15	CCR76LEC	Sec # 1	CKC: LEC	Age group: SA	CDA: 2

Parenting Styles and Strategies for Socially and Emotionally Healthy Children, Birth to Age Five (Set 2)

Wednesday, Nov. 13

Participants will examine the four parenting styles, impact of family climate on early development, and explore positive parenting strategies that promote socially and emotionally healthy children in the first five years.

Aoife Magee		Location: MHCC Maywood Campus 10100 NE Prescott St. Portland, OR 97220				
6:00 pm - 9:00 pm	Cost: \$30	CCR64FCS	Sec # 1	CKC: FCS	Age group: IT/PK	CDA: 3

Eco-Healthy Child Care: Small Steps to Improve Children's Health (Set 1)

Wednesday, Nov. 13

Every day children are exposed to chemicals that have a significant affect on their health. We will discuss major environmental health issues, what makes children uniquely vulnerable, and preventable actions and available resources.

Sheila Henderson		Location: MHCC Maywood Campus 10100 NE Prescott St. Portland, OR 97220				
6:30 pm - 8:30 pm	Cost: \$5	CCR24HSN	Sec # 1	CKC: HSN	Age group: NA	CDA: 1

Promoting Healthy Food Environments in Early Care and Education (Set 1)					Monday, Nov. 18		NEW
We all know nutrition is important to children, but it can be challenging to know what foods to serve, how much to serve, and how to create an environment that builds healthy eating habits. In this course, participants will become familiar with the basics of nutrition in child care and explore strategies to promote a healthy food environment in the program.							
Winnie Cheung			Location: MHCC Maywood Campus 10100 NE Prescott St. Portland, OR 97220				
6:00 pm - 9:00 pm	Cost: \$10	CCR14JHSN	Sec # 1	CKC: HSN	Age group: IT, PK	CDA: 1	

About Autism: Learning Styles and Evidence-Based Supports: Infant-Toddler Focus (Set 1)						Thursday, Nov. 21
This course will serve as an introduction to autism spectrum disorder. Our emphasis will be on learning styles and evidence-based strategies that can be used throughout the day, focusing on infant-toddlers.						
Fawn Anderson			Location: MHCC Maywood Campus 10100 NE Prescott St. Portland, OR 97220			
6:30 pm - 8:30 pm	Cost: \$10	CCR80SN	Sec # 1	CKC: SN	Age group: IT	CDA: 8

Sharing Music with the Youngest Child (Set 1)					Saturday, Nov. 23		
Who says professional development can't be fun! Join local teachers/musicians for a fun and engaging event. Learn transition rhymes, finger plays, and song activities.							
Mercedes Castle			Location: MHCC Maywood Campus 10100 NE Prescott St. Portland, OR 97220				
9:00 am - 12:00 pm	Cost: \$24	CCR15ALEC	Sec # 1	CKC: LEC	Age group: IT		CDA: 2

Drama and Storytelling (Set 1)					Saturday, Nov. 23		
From games to stories, drama engages all children. Create more fun and interest in what you do by gaining new ideas. Learn to increase children’s joy, self-awareness, and confidence through interactive drama games and imaginative stories. Come ready to act out!							
Joan Lowe			Location: MHCC Maywood Campus 10100 NE Prescott St. Portland, OR 97220				
10:00 am - 12:00 pm	Cost: \$15	CCR20LEC	Sec # 1	CKC: LEC	Age group: PK	CDA: 2	

Games for Indoors (Set 1)				Saturday, Nov. 23		
Bad weather may keep us indoors, but there are many fun games to be played indoors. Come ready to romp, jiggle, and giggle in a fun and very interactive workshop. Handouts will describe the games, freeing you up to play! We will include both quiet and active gym games, using only a small amount of materials. Dress in clothes you can really move in, and enjoy learning my top 20 games to play!						
Joan Lowe		Location: MHCC Maywood Campus 10100 NE Prescott St. Portland, OR 97220				
12:30 pm - 2:30 pm	Cost: \$15	CCR23LEC	Sec # 1	CKC: LEC	Age group: IT/PK/SA	CDA: 2

Observing Children: Looking and Learning (Set 2)					Monday, Dec. 2		
What can we learn from observing the children in our programs? We will examine the whats, whys, and hows of observations, as well as the types and purposes of them. We will then practice observation techniques and tools. Providers will leave this training excited to apply what they've learned about conducting observations in their programs.							
Winnie Cheung			Location: MHCC Maywood Campus 10100 NE Prescott St. Portland, OR 97220				
6:00 pm - 9:00 pm	Cost: \$15	CCR76OA	Sec # 2	CKC: OA	Age group: IT, PK, SA	CDA: 7	

Positive Behavior Intervention and Support: Preschool Module 1					Wednesday, Dec. 4 Wednesday, Dec. 11	
This module will cover strategies for preventing challenging behavior. The module is based on the principles that positive relationships serve as the foundation for addressing social emotional needs and that meaningful schedule and routines can serve as a prevention for challenging behaviors. Must attend both sessions to receive a certificate. Module 1 is required before taking Module 2 this winter.						
Mackenzie Weintraub			Location: MHCC Maywood Campus 10100 NE Prescott St. Portland, OR 97220			
6:00 pm - 9:00 pm	Cost: \$30	CCR42UGB	Sec # 1	CKC: UGB	Age group: PK	CDA: 8

Working with Multi-Stressed Families (Set 1)				Saturday, Dec. 7		
When we provide care and education for young children, we work closely with family members and caregivers. Many families experience a variety of stressors and sometimes it can feel overwhelming to us as child care providers. Join us for this two-part workshop to explore how stress can affect all members of a family and what we can do to provide support and healing as a consistent, competent and compassionate adult in the lives of families. In addition, come learn about the idea of secondary trauma and the importance of noticing our own stress and integrating strategies to help mitigate the effects of other peoples’ trauma on our own lives. Session includes a 30 minute lunch break.						
Caroline Falcone Goldstone			Location: MHCC Maywood Campus 10100 NE Prescott St. Portland, OR 97220			
9:30 am - 2:00 pm	Cost: \$32	CCR54FCS	Sec # 1	CKC: FCS	Age group: NA	CDA: 4



What to Do About Biting (Set 2)					Tuesday, Dec. 10		NEW
Why do toddlers bite? How do I discuss this with parents? If these are questions that you have, join us as we examine the causes of biting. We will explore strategies for dealing with ongoing biting and ways to communicate with and support parents. We will explore ways to observe the child, to assist you in determining possible causes.							
Audrey Duffy			Location: MHCC Maywood Campus 10100 NE Prescott St. Portland, OR 97220				
6:00 pm - 9:00 pm	Cost: \$15	CCR81OA	Sec # 1	CKC: OA	Age group: IT	CDA: 7	

Introducing New Trainer, Audrey Duffy! Audrey comes to Child Care Resource and Referral as an Infant/Toddler Specialist with the Baby Promise project. Before joining the CCR&R team, she worked at Albina Early Head Start for the past nine years as a Lead Teacher, Family Advocate, and Information Support Specialist. She is excited to join the team and looking forward to working with all the wonderful providers we have in Multnomah County!

Child Development Begins Before Birth (Set 2)					Wednesday, Dec. 11		NEW
Participants will examine the environmental, biological and social factors and conditions that affect prenatal development. We will explore beneficial conditions as well as adverse experiences related to child development outcomes for babies and their parents.							
Aoife Magee			Location: MHCC Maywood Campus 10100 NE Prescott St. Portland, OR 97220				
6:00 pm - 9:00 pm	Cost: \$30	CCR12QHGD	Sec # 1	CKC: HGD	Age group: IT	CDA: 8	



Introduction to Multiculturalism in Early Childhood Programs (Set 1)					Saturday, Dec. 14	
Participants in this training will be introduced to the ongoing attention to diversity and multiculturalism that is required to support early childhood programs and how to support and reflect community and society differences through environment and activities.						
Aoife Magee		Location: MHCC Maywood Campus 10100 NE Prescott St. Portland, OR 97220				
9:00 am - 12:00 pm	Cost:\$15	CCR49DIV	Sec # 1	CKC: DIV	Age group: IT/PK	CDA: 8
Using Mindful Reflection and Communication Practices with Culturally Diverse Children (Set 2)					Saturday, Dec. 14	
Participants in this training will learn how to become a culturally responsive early childhood practitioner while working with children who come from backgrounds different from the teacher. The Deficit Thinking Model and how attributions guide an adult's response to a child's behavior will be discussed. Participants will learn the 6 step process for mindful reflection and communication that early childhood educators and caregivers can use when interacting with children from culturally diverse backgrounds.						
Aoife Magee		Location: MHCC Maywood Campus 10100 NE Prescott St. Portland, OR 97220				
12:30 pm - 3:30 pm	Cost: \$25	CCR55DIV	Sec # 1	CKC: DIV	Age group: IT/PK	CDA: 8

Put It In Writing (Set 1) 				Saturday, Dec. 14		
Confused about what forms are required by the Office of Child Care for licensing? Join us for an informative, fun-filled class to discuss what forms are required and which forms are helpful when communicating with families in your care. Sample forms will be provided.						
Winnie Cheung and Janet Muros		Location: MHCC Maywood Campus 10100 NE Prescott St. Portland, OR 97220				
10:00 am - 12:00 pm	Cost: \$5	CCR33PM	Sec # 2	CKC: PM	Age group: NA	CDA: 5
<div>Introducing New Trainer Janet Muros! Janet Muros is a Program Specialist at CCR&R. Janet has worked for the community since 2003 in Early Childhood Education. She was a family child care provider in 2003 and then worked for the Parkrose School District as an Educational Assistant and Spanish Family Liaison for 5 years. Janet has also worked for the SUN program and Preschool Promise. She understands the needs of child care providers and teachers.</div>						
Stepping Into Money (Set 1) 				Saturday, Dec. 14		
Did you know that there are education awards for individuals that care for and educate young children? Yes, you could be eligible for \$100-\$250 dollars! Come to this training and discover how you can plan your education journey using the Oregon Registry as a tool. In addition, the Oregon Registry will recognize and reward individuals for completed trainings and education related to young children and after school children. Participants can expect to receive information, materials and apply for the Oregon Registry.						
Hadiyah Miller		Location: MHCC Maywood Campus 10100 NE Prescott St. Portland, OR 97220				
12:30 pm - 2:30 pm	Cost: \$5	CCR30PDL	Sec # 1	CKC: PPLD	Age group: NA	CDA: 5

Observing Children: Program Practices (Set 2)					Monday, Dec. 16	
What are the program practices which will encourage focused observations of the children in your program? And how can you link your observations to developmental support for your children? Explore strategies to use when observing your children and examine how to connect your observations to the activities you provide in your program.						
Winnie Cheung			Location: MHCC Maywood Campus 10100 NE Prescott St. Portland, OR 97220			
6:00 pm - 9:00 pm	Cost: \$15	CCR75OA	Sec # 1	CKC: OA	Age group: IT, PK, SA	CDA: 7

Mt. Hood Community College
Child Care Resource and Referral
of Multnomah County
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Training Registration Questions? Call (503) 491-6205

Child behavior specialist line (503) 491-6219

Christine Waters, Director 491-6210
Amelia Reyes, Program Assistant 491-6205 - Registration
Carmen Ellis, Training Manager 491-6213
Janet Muros, Program Specialist 491-6222
Deb Johnson, CCI Coordinator 491-6220
Carol Wilks, CCI Program Specialist 491-6206
Debbie Buta, CCI Business Consultant 491-6216

Robyn Harris, Baby Promise Coordinator 491-6212
Audrey Duffy, Baby Promise IT/ECE Consultant 491-6207
Sean Meurisse, Pathways ECE Consultant 491-6205
Hadiyah Miller, ECE Consultant (English) 491-6221
Winnie Cheung, ECE Consultant (English/Mandarin) 491-6226
Tam Nguyen, Provider Specialist (Vietnamese) 491-6214
Esther Horta, ECE Consultant/Network (Spanish) 491-6208
Yelena Hennegan, ECE Consultant/Network (Russian) 491-6211
Galina Nekrasova, ECE Consultant/Network (Russian) 491-6218
Leslee Barnes, ECE Consultant/Network (English) 491-6215
Muna Farah, ECE Consultant/Network (Somali) 491-6209
Sieu Inac, Inclusion Specialist (971) 673-2294

To update your child care program information or for assistance with referrals, call (503) 491-6205.

 Website: www.ccr-mc.org

 Email us: info@ccrr-mc.org

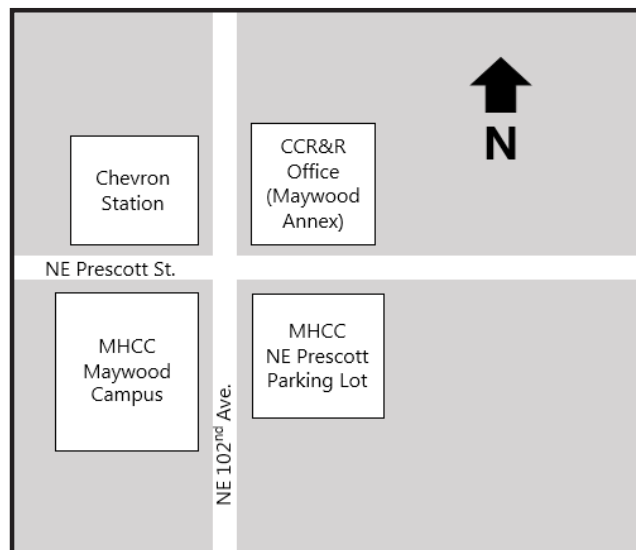
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