

THE SOURCE

Winter 2020



Are you a new child care provider?

Look for this symbol indicating foundational trainings.

See pg. 3 to learn about the Student Success Act

Using Encouraging Words Can Make a Huge Impact

Encouragement can help children feel good about themselves and develop self-confidence. Praise can be overdone and cause children to be overly dependent on adult approval. Helpful words show appreciation and excitement without sounding like empty praise. Encouraging words invite children to recognize that they are responsible for their efforts. Here are some tips on encouraging your child.

Notice specific good acts and comment on them.

- **Tell your child you care about her and appreciate her efforts.** Provide her with encouragement about specific actions and skills. Instead of saying, "What a good girl you are," try saying, "You put your book back on the shelf." She will see her action as helpful.
- **Pay attention to the things that your children get right.** For example, if he usually pushes to the front of the line but remembers to wait this time, you might say, "I'm glad you remembered to wait to go down the slide when you saw Jason get to the ladder first," along with a smile or a hug.
- **Use words to help your children become aware of her own approach to problems.** "I noticed Maria wanted to play a different game than you did, so you suggested playing her choice and then playing yours. You looked like you were having fun together."

Notice your children's effort and give feedback.

- **Support each child's good intentions.** Rather than saying, "What a beautiful card! You're a great artist!" try saying, "Your Daddy will really like the get well card you made."
- **Invite your children to talk about their efforts.** "You spent a lot of time working on your Daddy's card. Would you tell me about it?"
- **Give nonverbal feedback.** A smile, a wink, or a high-five tells your child that you noticed his efforts.

Encouragement is nonjudgmental.

- **Encouraging words point out specific facts but are not evaluative.** "You used a lot of blue paint to cover the sky in your painting."
- **Encouraging words build on a child's inner drive to learn.** A child learns that his self-motivation leads to new skills. Say, "Watching you practice zipping your coat tells me you are excited to learn how to zip."

Children and adults feel good when statements are sincerely spoken: "I care about you." "I enjoy your silly jokes." "I'm so glad you're my child."

Article from
Illinois Early Learning Project
<https://illinoisearlylearning.org/tipsheets/encouragingwords/>



Office Hours

Monday - Friday
8:30 am - 4:30 pm

Closed

January 20
February 17
March 23-27

We will be closed for staff meetings

12:30 to 3:00 pm

January 30
February 6
February 27
March 5

SAVE THE DATES -- UPCOMING CONFERENCES

PRO CONFERENCE

Saturday, February 29, 2020
8:30 am - 6:00 pm

Mt. Hood Community College

Special guest Jamie and her co-teacher Gemma will be hosting a six hour presentation. They run a preschool program in Virginia and specialize in learning through play and expression through art.

Provider Resource Organization (PRO) is a statewide non-profit with the mission of providing opportunities, resources, and recognition for the professional development of family child care providers.

Please visit <http://www.oregonpro.org/Conference.php> for more information.

PCPO CONFERENCE

Saturday, March 14, 2020
8:30 am - 6:00 pm

Clackamas High School

The 2020 theme for the Parent Child Preschools Organization conference is **COMMUNITY**. Workshops will explore how we build community, inclusive practices, supporting and celebrating diverse learners, and much more!

PCPO is an affiliate of Parent Cooperative Preschools International (PCPI), whose purpose is to cross state and national boundaries sharing the philosophy that "children, parents, and teachers go to school together, each learning from the other."

Please visit <https://www.parentchildpreschools.org/conference-1> for more information.

OAELP CONFERENCE

March 13-14, 2020

Agate Beach, Newport

Oregon Association of Early Learning Professionals provides advocacy, education and support to early learning professionals in Oregon.

Please visit <http://www.earlylearningprofessionals.com/> for more information.

ALL BORN (IN) CONFERENCE

April 17-18, 2020
8:30 am - 6:00 pm

Portland Airport Holiday Inn

15th Annual Cross-disability Best Practices Educational Inclusion Conference and Master Session

Keynote speaker Andy Arias is an advocacy professional, award winning presenter, and actor.

ABI is a program of NW Disability Support and is a movement in pursuit of an inclusive civil society. ABI seeks to end segregation and promote the inclusion of individuals with disabilities in our schools and communities.

Please visit https://www.abicomunity.org/events/all_born_in_conference/all_born_in_conference.html for more information.

Check the pdx.edu/occd website for scholarship information. If eligible, Oregon's Family Child Care Scholarship Program and the Betty Gray Early Childhood Scholarship Program may provide financial assistance for conferences.

BEHAVIOR AND INCLUSION SUPPORT

Several agencies are available to support Multnomah County child care providers in caring for children who experience special needs or challenging behaviors.

The **CCR&R Child Behavior Specialist Line** can support you in creating a positive learning environment and routines to proactively manage children's challenging behaviors. **503-491-6219**

The **Inclusive Partners** can help families and child care providers when children need exceptionally close supervision, special accommodations, or other supports for safe and appropriate care. **971-673-2286**

Multnomah Early Childhood Program (MECP) provides screening, identification, and early intervention and early childhood special education services to children birth to age five in Multnomah County. **503-261-5535**

Help Me Grow (HMG) is a free information and referral line that connects families with children ages 0-5 to child development information and parenting resources in the community. **833-868-4769**

EDUCATOR SPOTLIGHT

Each quarter, we will spotlight a provider in the community and share the amazing ways they are impacting the families around them.

Li Xia and Leif Bullock run Laugh and Learn Chinese School and Daycare, which offers a Chinese immersion program.

Please share with us how you became child care providers.

We aim to raise our son in a nurturing, bilingual learning environment. Our school blends an embrace of play with a routine of sound study habits. Learning occurs when you're having fun! We've become childcare providers because we love high-energy activities and games that appeal to students who love moving and socializing. An active, healthy body and an ability to undertake independent discovery are critical to cultivating a flourishing mind. We believe play is often the best way to jumpstart curiosity, motivation, and discovery. At the same time, we have the teaching and organizational experience necessary to diligently plan lessons, equip students with responsibilities and skills, and allow our children to succeed in later stages

of their lives. Respect, concentration, and teamwork are accomplished with direct guidance from us two teaching adults. We ensure young children enter elementary school as fluent Chinese speakers, and as academically capable students prepared to succeed in every subject. We offer a diverse range of enriching children's activities each day, to enable a routinization of both study and play.

What are some struggles you face as a provider?

It can be challenging to determine the level of immersion intensity when teaching immersion daycare. We let new students enjoy jokes, music, understanding and compliments in both English and Chinese, to establish communication and trust. We use nonverbal communications—body language and physical demonstrations. We also use four short Chinese classes per day to specifically teach picture flash cards, chants, greetings, daily talk, and recognition of basic written characters. Our primary aim for students is ensuring their safety, security and confidence throughout the day.

What has been the most rewarding experience in being in the early childhood education field?

We experiencing rewarding relationships daily, by recognizing and commending students on their learning progress, no matter how small such results initially appear.

What are your hopes and dreams for your program?

We hope our program helps sustain a community of young Mandarin learners. Our dream is for our students to grow up and look back on their education with us as a joyful experience that inspires them to explore and expand the limits of themselves and their world.

Do you have advice for future providers?

Set goals and objectives that specifically outline what you wish to accomplish as a childcare provider. On the other hand, be flexible, willing to adapt, and listen to others for input on how to improve.

Interested in being spotlighted?

Contact winnie.cheung@mhcc.edu

STUDENT SUCCESS ACT AND THE EARLY LEARNING ACCOUNT

Oregon Governor Kate Brown signed House Bill 3427, the Student Success Act, into law on May 20, 2019. This law aims to correct decades of underinvestment in our schools and our children and includes sweeping provisions for new and improved services for children and families.

The Act funds three accounts:

The Early Learning Account (at least 20% of funds)

Student Investment Account (at least 50% of funds)

Statewide Education Initiatives (up to 30% of funds)

Too many children have not had the opportunity to reach their full potential because of the limited supply of early childhood education and gaps between which families can and cannot afford access to this limited supply. The investments within the ELA are focused on correcting this inequity, with services targeting the prenatal to five period by providing services to both children and their families who face economic challenges.

The ELA investments will ensure more of Oregon's youngest children in low-income families can enter school ready to learn. Annual funding of \$200 million will support the expansion of existing early care and education programs for infants, toddlers, and preschoolers and their families. In addition, the funding creates new programs, including an Equity Fund, a parenting education program, and a new state investment in the early childhood workforce. This investment – when paired with our current programs – will help us reach approximately 15,000 children, or 15 percent of children living in low-income families and approximately 60 percent of families in poverty.

<https://www.oregon.gov/ode/StudentSuccess/Pages/default.aspx>

Want to learn more about what this means for Multnomah County? Early Learning Multnomah, our local early learning hub, will be hosting an infosession. **More information to come.**

UPDATES FROM OUR PARTNERS

ONLINE SAFETY SET CLASSES

ALL required safety trainings are now online at <http://campus.educadium.com/OCCD/>

These online classes include
Safe Sleep for Oregon's Infants
Prevention is Better Than Treatment
Introduction to Registered Family Child Care Part One
Introduction to Child Care Health and Safety
Recognizing and Reporting Child Abuse and Neglect

The Early Learning Division offers self-studies in English, Spanish, Russian, Vietnamese, and Chinese for Safe Sleep for Oregon's Infants and Introduction to Registered Family Child Care Part One.

These can be found at <https://www.pdx.edu/occd/occd/> under the Self-Study Training tab.

PORTLAND PUBLIC SCHOOLS

Update from Portland Public Schools: PPS will be delaying the School-Age Child Care Application process for one year. They plan to post the revised application next Fall. If you have questions, please contact Nancy Hauth, Student Success Program Manager, nhauth@pps.net.

CHILD DEVELOPMENT ASSOCIATE CREDENTIAL PROVIDES OPPORTUNITIES FOR BEGINNING EDUCATORS

Child Care Resource and Referral of Multnomah County, in coordination with Mt. Hood Community College's ESL and WorkSource departments, is striving to expand and diversify the pool of teachers who work with young children. This year a select group of beginning teachers – most of whom are immigrants and English learners - make up three cohorts who are working towards their CDA (Child Development Certificate). The CDA is a nationally recognized credential that verifies the foundational knowledge and skills necessary to advance to in the ECE field. Our cohort-training model has attracted international media attention. Public Radio International (PRI) recently profiled the program as a model for other regions. Hear the story at <https://www.pri.org/stories/2019-12-02/early-childhood-education-critical-limited-oregon-immigrant-teachers-could-be>

Are you an administrator interested in hiring quality educators? Are you a beginning teacher interested in advancing your career? Contact MHCC Early Education Career Pathways advisor **Sean Meurisse** at 503-491-6214 or sean.meurisse@mhcc.edu

COMMUNITY CHILD CARE INITIATIVE

Are you a Spark star-rated program?

Do you have parents with ERDC subsidy? Parents who live in the City of Portland and are receiving ERDC subsidy with a co-pay higher than 10% of their gross salary may qualify for assistance from the CCI. CCI may be able to help lower their co-pay. The program is funded by the Portland Children's Levy and administered through Child Care Resource and Referral of Multnomah County and Mt. Hood Community College.

Contact: Debora Johnson 503-491-6220 or Debbie Buta 503-491-6216



Are you interested in working on quality improvement? There is still time to qualify for support funding and earn a star rating with the current Spark system!

Call CCR&R at (503) 491-6205



Earn your degree or certificate in Early Childhood Education from Mt. Hood Community College!

- Evening and hybrid/online course formats allow for you to pursue your educational goals while balancing work and family commitments.
- Complete your first term attending courses every Monday and Wednesday evening in the fall.

Interested in learning more?

Contact MHCC Faculty Advisor **Yolanda Buenafe**
503-491-7129 or Yolanda.Buenafe@mhcc.edu





Mt. Hood Community College/CCR&R Registration

FORMA DE REGISTRACIÓN

Information on this form will be provided to the Oregon Registry.
 La información de este formulario será proporcionada al Registro de Oregon.



Date Fecha:	Last name Apellido	First name Primer nombre	M.I. Segundo
Term / Year Año	Home Address Dirección	City Ciudad	State Estado
Winter 2020		Zip Código Postal	

Gender Género	Mother's Maiden Name Apellido de Soltera de la Madre
Birth Date Fecha de Nac	Phone Teléfono
Email Correo electrónico	

Type of Care Tipo de cuidado:

Center RF CF
 Exempt (not licensed through OCC, sin licencia de OCC)

Child Care License Number Numero De Licencia De Cuidado Infantil							

<input type="checkbox"/>	Yes! Please send me reminders via text message. (Standard message and data rates may apply.) Sí! Por favor envíeme recordatorios por mensaje de texto. (Pueden aplicarse tarifas estándar de mensajes y datos.)
<input type="checkbox"/>	Yes! Please mail me a Food Handler Packet. Si! Favor de enviar el paquete para manejar los alimentos.

Ethnic Data - Datos Etnicos	
<input type="checkbox"/>	Native American Nativo Americano
<input type="checkbox"/>	Alaskan Native Nativo de Alaska
<input type="checkbox"/>	Asian/Pacific Islander Asiatico/De las Islas Pacificas
<input type="checkbox"/>	African – American/Black Afro-Americano
<input type="checkbox"/>	Hispanic or Latino/a Hispano o Latino/a
<input type="checkbox"/>	White/Caucasian Blanco/Caucásico
<input type="checkbox"/>	Unknown or Other Se Desconoce o Otro _____

High School Education Educación Preparatoria	
<input type="checkbox"/>	(H)-High School Graduate Graduado de Preparatoria
<input type="checkbox"/>	(D)-Adult High School Diploma Diploma de la Preparatoria
<input type="checkbox"/>	(S)-Still in High School Todavía en la Preparatoria
<input type="checkbox"/>	(G)-GED
<input type="checkbox"/>	(N)-Did not complete No Complete
<input type="checkbox"/> Are you a US Military veteran? ¿US Veterano Militar?	

Name of High School Nombre de la Preparatoria	Graduation Yr Año Graduado	State Estado

<input type="checkbox"/>	Will you be employed while attending this class? ¿Usted estará trabajando mientras asiste la escuela?
<input type="checkbox"/>	Yes, full-time (35+ hours per week) Si, Tiempo Completo (35+ horas a la semana)
<input type="checkbox"/>	Yes, part-time (Less than 35 hours per week) Si, Medio Tiempo (Menos de 35 horas por semana)
<input type="checkbox"/>	No, not employed No, no estoy trabajando

Course # Curso #	SEC # Sección #	Course Name Nombre del Curso	Date Fecha	Cost Costo

FOR OFFICE USE ONLY		Authorized Signature								Date	
Apply Cashier Code in the Amount of \$		CCRD		EXP	CDFS	CCRC	CCI	OCCD	CDA	RFCF	
Cashier code											

Bring or mail completed registration form to CCR&R-MC 4510 NE 102nd Ave. Portland, OR 97220
 Envíenos por correo o en persona su forma de registraci3n a CCR&R-MC 4510 NE 102nd Ave Portland, OR 97220

CCR&R TRAINING REGISTRATION, POLICIES, AND ETIQUETTE

REGISTRATION:

(Online registration coming soon! Be on the lookout for more information within the next few weeks.)

1. Complete the registration form on page 5. All necessary information can be found with the class descriptions.
2. Registration for classes will only be accepted by mail or in person and must be received prior to the class. All classes require pre-registration and payment if applicable. Payments are non-transferable from person to person.
3. Mail the registration form with full payment to:

CCR&R-MC
4510 NE 102nd Ave
Portland, OR 97220

Please make checks and money orders payable to CCR&R-MC. We cannot accept credit/debit card payments at this time. Each person registering for a class needs to fill out a separate registration form. Please make copies as needed or download more copies from our website:

www.ccr-mc.org/training

4. Placement in a requested class will be on a first-come, first-served basis. If there is not space available in the class you request, we will call to let you know.

CANCELLATION POLICY:

Please call ahead of time if you need to cancel. If you cancel at least 24 hours prior to the training for which you are registered, you will be issued a refund. The refund will be issued to the person that was registered for the class, regardless of who paid for the class.

Blended CPR classes must be cancelled 2 weeks in advance. See page 9 for specific dates.

ATTENDANCE POLICY:

If you miss a class and have not given at least 24 hours notice, you forfeit the payment for the class.

It is important that participants arrive on time and stay for the duration of the class. Participants arriving later than 15 minutes after the start of class will not receive a certificate nor reimbursement, and no partial credit will be issued. In order to receive credit for multiple session trainings, full attendance is mandatory.

ACCOMMODATIONS AVAILABLE:

Individuals who require accommodations due to disability may contact CCR&R at **(503) 491-6205**. Please call at least two weeks before the class to ensure availability.

INCLEMENT WEATHER:

In the case of inclement weather, CCR&R classes will be cancelled when and if Mt. Hood Community College closes. Closures will be announced via radio, television networks and mhcc.edu. If MHCC evening classes are cancelled, this also indicates that CCR&R evening classes will be cancelled. If class is not cancelled and you choose not to attend, you forfeit any applicable payment.

MHCC encourages students and staff to register for **FlashAlert** in order to receive emergency notices. There is no cost to use this service and your information will remain confidential.

Set up a yearly FlashAlert subscription at
www.flashalert.net/id/MHCC

POLICY FOR CHILDREN:

Breastfeeding infants are welcome in class; otherwise, children under the age of 16 are not allowed in trainings. This is for the welfare of all class participants. Please adhere to this policy unless notified by CCR&R of an exception. If you need to bring your breastfeeding infant to class, please call us ahead of time to make arrangements.

CLASSROOM ETIQUETTE:

Please come prepared to take notes and participate in the class. When you arrive, sign in on the roster sheet. Please make sure your cell phone is turned off or silenced before the class begins. At the end of the class, please complete the evaluation; this will aid us in planning training opportunities that interest you and meet your professional needs. If you are not leaving the building right away after an evening class, let the instructor know; they may need to set the building alarm and will need to know if there is someone still in the building.

TRAINING KEYS

OREGON REGISTRY CORE KNOWLEDGE CATEGORIES (CKC) www.pdx.edu/occd	
CKC	ABBREVIATION
Diversity	DIV
Family and Community Systems	FCS
Health, Safety, and Nutrition	HSN
Human Growth and Development	HGD
Learning Environments and Curriculum	LEC
Observation and Assessment	OA
Personal, Professional, and Leadership Development	PPLD
Program Management	PM
Special Needs	SN
Understanding and Guiding Behavior	UGB

CDA NUMBERING SYSTEM (CDA) www.cdacouncil.org	
CDA SUBJECT AREAS	
1	Planning a safe and healthy learning environment. Subjects include health and safety, first aid, space planning, materials, and equipment.
2	Steps to advance children’s physical and intellectual development. Subjects include active play, fine motor skills, language, writing, literacy, discovery, art, and music.
3	Positive ways to support children’s social and emotional development. Subjects include friendship skills, self-esteem, self-control, understanding emotions, and guiding behavior.
4	Strategies to establish productive relationships with families. Subjects include working with parents, home visits, conferences, and referrals.
5	Strategies to manage an effective program operation. Subjects include planning, record-keeping, policies, and budgeting.
6	Maintaining a commitment to professionalism. Subjects include advocacy, ethical practices, work force issues, and professional associations.
7	Observing and recording children’s behavior. Subjects include tools and strategies for collecting objective information about children’s learning and development.
8	Principles of child development and learning. Subjects include developmental milestones and cultural influences on development.

Set One training provides an overview of basic principles, theories and/or research. Set One training participants are expected to gain basic, introductory knowledge of session topics.

Set Two training presents intermediate knowledge. The purpose of these sessions is to build on previous knowledge by having professionals use what they have already learned and experienced to think in depth and to learn more. Sessions are developed assuming that participants already have basic knowledge of the subject.

Set Three training presents advanced knowledge. Sessions provide opportunities for analysis, comparison, critical examination, evaluation, research, and/or practical study. Set Three training participants are expected to already have significant and/or intermediate knowledge of and professional experience in the session topic.

The listing for each training session includes age group information:

- IT** = Infants and toddlers (birth to 3 years old)
- PK** = Preschoolers (3 to 5 years old)
- SA** = School-age children (5 to 12 years old)
- NA** = The class contains no age-related content

For more information visit the Oregon Center for Career Development (OCCD) at www.pdx.edu/occd



CHILD CARE LICENSING INFORMATION

Obtaining a Family Child Care License in Oregon

If you are applying for a Registered Family (RF) license, you will need to attend an Introduction to Registered Family Child Care class (see schedule below). If you are applying for a Certified Family (CF) Child Care license, start by calling the Office of Child Care at 1-800-556-6616. The steps below apply to both types of family child care license.

1. Enroll in Oregon's Central Background Registry and follow instructions to complete fingerprinting oregonearlylearning.com
2. Complete all Safety Set training (see information below) or make sure certifications are current:
 - Infant/Child/Adult CPR & First Aid
 - Child Care Food Handler Certification
 - Recognizing and Reporting Child Abuse and Neglect (RRCAN) in person or online - certificate does not expire
 - Introduction to Child Care Health and Safety (ICCHS) in person or online - certificate does not expire
 - Safe Sleep for Oregon's Infants - certificate does not expire
 - Complete license application and return it to the Office of Child Care

To renew your license, ensure you have a current CPR/First Aid card, a Food Handlers card, and completed all required training hours and submitted certificates to your ORO account as needed.

INTRODUCTION TO REGISTERED FAMILY CHILD CARE PART TWO

The Introduction to Registered Family Child Care is a **free**, two-part class which is required to become a licensed Registered Family (RF) child care provider in Oregon. The mandatory Part One is available online at <http://campus.educadium.com/OCCD/>. Information presented includes rules and regulations, the application process, child care business principles, and resources including CCR&R services and the USDA food program. You must call to pre-register for Part Two. Unless otherwise noted, classes are held at: MHCC Maywood Campus 10100 NE Prescott St. Portland, OR

Location: MHCC Maywood Campus 10100 NE Prescott St. Portland, OR 97220		
Thursday	January 16	9:00 am - 12:00 pm
Tuesday	February 4	6:00 pm - 9:00 pm
Wednesday	February 12	9:00 am - 12:00 pm
Thursday	March 12	9:00 am - 12:00 pm

SAFETY SET TRAINING

Introduction to Child Care Health and Safety		Saturday, February 1				
In-person, classroom training: Required health and safety training for all providers working in licensed facilities and those caring for children receiving a DHS subsidy. Topics include injury prevention, illness prevention and management, emergency preparedness, and general safety. This class is also available online. See below for details.						
Location: MHCC Maywood Campus 10100 NE Prescott St. Portland, OR 97220						
12:30 pm - 2:30 pm	Cost: FREE	CCR13THSN	Sec # 1	CKC: HSN	Age group: NA	CDA: 1

Online Introduction to Child Care Health and Safety **FREE**
 Required Health and Safety training for all providers working in licensed facilities and those caring for children receiving a DHS subsidy. Topics include injury prevention, illness prevention and management, emergency preparedness, and general safety. This training is available online at campus.educadium.com/OCCD/

Child Care Food Handler Certification **FREE**
 Food handler certification may be completed online at childcarefoodhandler.org, or you may request a self-study packet by sending the registration form on page 5. Please check the box in the middle of the registration form to request the packet. Child Care Food Handler Certification is good for 3 years.

Online Recognizing and Reporting Child Abuse and Neglect (RRCAN) **FREE**
 Child care and education providers are among those persons who are mandatory reporters of suspected incidents of child abuse and neglect in the state of Oregon. Participants will learn the process for reporting incidents of child abuse or neglect. This training is available online at campus.educadium.com/OCCD/

SAFETY SET TRAINING (CONTINUED)

Safe Sleep for Oregon's Infants

COST: FREE

New providers are required to have an in-depth understanding of safe sleep practices and need to complete the free state training and quiz. A self-study training packet for *Safe Sleep for Oregon's Infants* is available at the CCR&R office or online at: <http://campus.educadium.com/OCCD/>.

Prevention is Better Than Treatment

COST: FREE

This is a required online health and safety training and addresses how to prevent, reduce, and respond to childhood illnesses and food allergies in child care settings. Providers, assistant 2s, substitutes, directors, teachers, and aide IIs are required to complete this training prior to next license renewal or by 10/1/2020, which ever comes first. This training can be found at: <http://campus.educadium.com/OCCD/>.

Infant/Child/Adult CPR and First Aid Certification

COST: \$50.00

Our CPR/First Aid classes will certify you in infant, child and adult CPR and First Aid for 2 years.

Location: MHCC Maywood Campus, Building 1, 10100 NE Prescott St, Portland, OR 97220

Date	RRCAN (CCR10)	Section #	CPR and First aid (CCR11)	Section #
Saturday, January 11			9:00 am - 3:00 pm	1
Saturday, January 18			9:00 am - 3:00 pm	3
Saturday, January 25			9:00 am - 3:00 pm	4
Saturday, February 1	9:00 am - 12:00 pm	1		
Saturday, February 8			9:00 am - 3:00 pm	6
Thursday, February 20	6:30 pm - 8:30 pm	1		
Saturday, February 29			9:00 am - 3:00 pm	8
Saturday, March 7			9:00 am - 3:00 pm	9
Saturday, March 14			9:00 am - 3:00 pm	11

Blended First Aid/CPR Training

COST: \$50.00

This class blends online and in-person training.

The class has two parts: 2-3 hours online, and 2.5 hours in-person on a scheduled date.



FIRST complete the 2-3 hour online portion of this class, which includes videos, reading, and quizzes. It must be completed **before** the scheduled classroom date.



NEXT, attend the 2.5-hour in-person portion of the class on your scheduled date. You will have hands-on practice with CPR manikins and first aid procedures.

REGISTRATION AND CANCELLATION POLICIES FOR BLENDED FIRST AID/CPR:

1. Select an in-person training date. All sessions are held at our Maywood campus. Fill out a registration form and mail it in.
2. Two weeks (14 days) prior to your in-person class, you will receive an email with the link to the online half of the training. You must complete this before attending your in-person class.
3. **If you wish to cancel blended CPR, you must call and let us know at least two weeks (14 days) before your scheduled in-person training. No refunds can be given after that date. (503) 491-6205**
4. After successful completion of the online portion and attendance at the in-person training, you will receive an email with your new First Aid/CPR certification card. These are sent on your training day.

Day and Date	Time	Course #	Section #	Last Day to Cancel
Saturday, January 18	9:30 am - 12:00 pm	CCR11	2	Friday, January 3
Thursday, January 30	6:30 pm - 9:00 pm	CCR11	5	Thursday, January 16
Thursday, February 27	6:30 pm - 9:00 pm	CCR11	7	Thursday, February 13
Saturday, March 14	9:30 am - 12:00 pm	CCR11	10	Friday, February 28
Thursday, March 19	6:30 pm - 9:00 pm	CCR11	12	Thursday, March 5

TRAINING CALENDAR: JANUARY - MARCH 2020

Prevention is Better Than Treatment (Set 1)

Monday, January 13

It is essential that in your child care program you offer healthy and safe environments for children in your care. Diseases can be reduced and controlled in your child care environment. Following good practices for the control of germs, infectious diseases, addressing food allergies and medication administration, will help you control and manage better healthy environments for children in your care! This is a new state required training.

Winnie Cheung		Location: MHCC Maywood Campus 10100 NE Prescott St. Portland, OR 97220				
6:30 pm - 8:00 pm	Cost: FREE	CCR14KHSN	Sec # 1	CKC: HSN	Age group: NA	CDA: 1

Supporting Literacy and Language Development for Dual Language Learners Training Series

Module 5, 6, and 7 will be offered in the Spring and do not need to be taken in any order. Certificates will be awarded at each class.

Supporting Literacy and Language Development for Dual Language Learners: Session 3 Building Children's Background Knowledge (Set 1)

Tuesday, January 14 **NEW**

The more intentional and focused support young children who are Dual Language Learners (DLL) receive around language and literacy development, the greater their understanding and use of their home language and English will be. This session stresses the importance of developing background knowledge in young children who are dual language learners. Participants will learn about strategies to develop background knowledge, including involving children in interesting experiences and engaging them in shared reading.

Hadiyah Miller		Location: MHCC Maywood Campus 10100 NE Prescott St. Portland, OR 97220				
6:30 pm - 8:30 pm	Cost: \$10	CCR12DHGD	Sec # 1	CKC: HGD	Age group: IT, PK	CDA: 2

Supporting Literacy and Language Development for Dual Language Learners: Session 4 Building Vocabulary and Oral Language Skills (Set 1)

Tuesday, January 21 **NEW**

The more intentional and focused support young children who are Dual Language Learners (DLL) receive around language and literacy development, the greater their understanding and use of their home language and English will be. This session introduces participants to the "Big 5" early oral and written language abilities that children need in order to become literate. The session also focuses on one of those abilities, oral language and vocabulary.

Hadiyah Miller		Location: MHCC Maywood Campus 10100 NE Prescott St. Portland, OR 97220				
6:30 pm - 8:30 pm	Cost: \$10	CCR12EHGD	Sec # 2	CKC: HGD	Age group: IT, PK	CDA: 2

Important Conversations with Families: Cultivating Respectful and Clear Partnerships (Set 2)

Thursday, January 16

Ideally, we are always in a peaceful partnership with the families that we serve. Yet, sometimes we must have conversations that are difficult and uncomfortable that may put that partnership at risk. Examine ways to create a safe, trusting atmosphere, explore ways to communicate when emotions run high, and maintain a relationship that is respectful, clear and effective.

Amy Williams		Location: MHCC Maywood Campus 10100 NE Prescott St. Portland, OR 97220				
6:00 pm - 9:00 pm	Cost: \$20	CCR78FCS	Sec # 1	CKC: FCS	Age group: NA	CDA: 4

What is True Family Engagement? Developing Positive Connections and Meeting Families Where They Are At (Set 1)

Saturday, January 18 **NEW**

In this practical workshop, we will learn the many ways that families can be engaged in their children's education, from supporting their child's daily attendance, to maintaining two-way communication with their teachers and caregivers, to becoming volunteers and leaders in their school or childcare. Participants will learn, develop, and practice concrete strategies for engaging the families of their preschool or childcare setting in the different ways that families may be ready to engage.

Andreina Velasco		Location: MHCC Maywood Campus 10100 NE Prescott St. Portland, OR 97220				
9:30 am - 12:00 pm	Cost: FREE	CCR79FCS	Sec # 1	CKC: FCS	Age group: NA	CDA: 4

Kick off the New Year with a FREE DAY of Music, Arts, and Crafts!

Making Friends Through Music, Arts, and Crafts (Set 2)

Saturday, January 18

NEW

Come explore fun and engaging activities, along with rich materials to engage infants and toddlers in art. Discussion will focus on how we can know if an art experience is developmentally appropriate for young children. All domains of development will be explored through art, helping you to develop a wider breath of activities.

Helen Pevzner		Location: MHCC Maywood Campus 10100 NE Prescott St. Portland, OR 97220				
9:00 am - 12:00 pm	Cost: FREE	CCRX16TLEC	Sec # 1	CKC: LEC, DIV	Age group: IT, PK	CDA: 2

Children Around the World (Set 2)

Saturday, January 18

NEW

This session will help to focus on the differences of nationalities, traditions, cultures, languages, music and historical aspects of each individual child and acceptance of each other in society. We will explore links between cultures and provide tools for curriculum enrichment in child care programs.

Helen Pevzner		Location: MHCC Maywood Campus 10100 NE Prescott St. Portland, OR 97220				
12:45 pm - 3:45 pm	Cost: FREE	CCRX71DIV	Sec # 1	CKC: LEC, DIV	Age group: IT, PK, SA	CDA: 8

Introducing New Trainer Helen Pevzner, PhD! Helen is an educator, a business professional, music professional and an event coordinator. Helen has taught and directed for over 30 years.

Common Childhood Delays and Special Needs (Set 1)

Thursday, January 23

Although developmental and behavioral delays and disorders are increasingly more common, they can be poorly understood. The lack of understanding accompanying a diagnosis of a developmental or behavioral disorder often causes problems for parents and providers of young children in their care. Come join us in learning about common childhood delays and special needs. We will review the basic characteristics of several common childhood delays or disorders such as autism, Down syndrome, sensory processing disorder and others. We will also briefly cover their causes, identification, and opportunities for treatment and intervention.

Jessica Wade		Location: MHCC Maywood Campus 10100 NE Prescott St. Portland, OR 97220				
6:30 pm - 9:00 pm	Cost: \$10	CCRX76SN	Sec # 1	CKC: SN	Age group: IT, PK	CDA: 8

S.INQ: Engineering Design for 5-7 Year Olds (Set 2)

Saturday, January 25

NEW

In these hands-on, minds-on sessions participants will explore the engineering design process from activities in the S.INQ curriculum. Participants will explore questioning strategies, develop strategies for encouraging reflection, and examine strategies for engaging typically underserved youth. The units are: Sound, Wind, Invisible Forces, Mechanical Engineering, Engineering Design.

Leilani Larsen		Location: MHCC Maywood Campus 10100 NE Prescott St. Portland, OR 97220				
9:00 am - 12:00 pm	Cost: \$20	CCRX19FLEC	Sec # 1	CKC: LEC	Age group: SA	CDA: 2

Exploring the Benefits of Observation in Early Childhood (Set 2)

Monday, January 27

Participants will explore the benefits of observing young children to build positive relationships with children and understand their individual needs. During the training, participants will learn to use observation guidelines to become a skilled observer and how to then use what is learned through observation to respond to individual and group needs effectively.

Aoife Magee		Location: MHCC Maywood Campus 10100 NE Prescott St. Portland, OR 97220				
6:00 pm - 9:00 pm	Cost: \$30	CCRX77OA	Sec # 1	CKC: OA	Age group: IT, PK	CDA: 7

Colors of Your Own Sensory Palette (Set 2)				Saturday, February 1		NEW	
Through active experience with art materials and personal reflection, explore and examine your personal sensory sensitivities and how that interfaces with the children in your classroom community.							
Amy Williams			Location: MHCC Maywood Campus 10100 NE Prescott St. Portland, OR 97220				
9:00 am - 12:00 pm	Cost: \$30	CCR91SN	Sec # 1	CKC: SN, PPLD	Age group: NA	CDA: 1	

Developmentally Appropriate Arts for Infants & Toddlers (Set 2)				Saturday, February 1			
Come explore fun and engaging activities, along with rich materials to engage infants and toddlers in art. Discussion will focus on how we can know if an art experience is developmentally appropriate for young children. All domains of development will be explored through art, helping you to develop a wider breath of activities.							
Joan Lowe			Location: MHCC Maywood Campus 10100 NE Prescott St. Portland, OR 97220				
9:00 am - 12:00 pm	Cost: \$30	CCR17FLEC	Sec # 2	CKC: LEC	Age group: IT	CDA: 2	

Engaging Young Learners and Teachers in the Outdoor Environment (Set 2)				Monday, February 3		NEW	
How can teachers promote learning and engagement while actively supervising and observing children in the outdoor environment? This training will examine strategies on how all these teaching practices can be implemented at the same time in the outdoor environment with Preschoolers.							
Rachel Elliot			Location: MHCC Maywood Campus 10100 NE Prescott St. Portland, OR 97220				
6:00 pm - 9:00 pm	Cost: \$30	CCR83OA	Sec # 1	CKC: LEC, OA	Age group: PK	CDA: 7	

Introducing New Trainer, Rachel Elliot! Rachel Elliott earned a Masters of Arts degree in Curriculum and Instruction Early Childhood Education from Portland State University. Presently, she is an Adjunct Professor at Portland State University and an Early Childhood Education Specialist for an Oregon statewide Head Start Organization. Additionally, Rachel is the President for the Oregon Association for the Education of Young Children Governing Council board.

Advocacy in Early Childhood: Opportunities for Professionals (Set 1)				Thursday, February 6		NEW	
This session introduces the basic principles of advocacy for early childhood professionals. We will discuss equity and current public policy in Oregon as well as opportunities for professionals to get involved as leaders in their communities.							
Hadiyah Miller, Carmen Ellis			Location: MHCC Maywood Campus 10100 NE Prescott St. Portland, OR 97220				
6:00 pm - 9:00 pm	Cost: \$5	CCR10LPDL	Sec # 1	CKC: PPLD	Age group: NA	CDA: 6	
This class is part of an Advocacy training series. The other modules will be offered on February 13 and February 29. Not all modules are required, but are recommended.							

Please remember that children under 16 are not allowed at trainings. However, breastfeeding infants are welcome. Please call in advance of your class to make arrangements. 503 - 491 - 6205

Child and Family Well-Being Protective Factor: Knowledge of Parenting and Child Development (Set 2)	Saturday, February 8	NEW
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Participants in this workshop will explore how caregivers who understand the usual course of child development are more likely to provide children with respectful communication, consistent rules and expectations, and opportunities that promote independence. Adjusting caregiving styles for a child’s unique temperament or special needs will also be examined.

Aoife Magee		Location: MHCC Maywood Campus 10100 NE Prescott St. Portland, OR 97220				
9:00 am - 12:00 pm	Cost: \$25	CCRX12FHGD	Sec # 1	CKC: HGD	Age group: IT, PK, SA	CDA: 4

Using Child Development to Guide Behavior: Positive Approaches for Early Childhood (Set 2)	Saturday, February 8
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Since not all children are alike, participants in this training will examine how behavior is related to the ages and stages of development in early childhood and individual temperamental differences. We will explore beneficial approaches that can be used by the caregivers to support healthy development and to guide them.

Aoife Magee		Location: MHCC Maywood Campus 10100 NE Prescott St. Portland, OR 97220				
12:30 pm -3:30 pm	Cost: \$25	CCRX10VUGB	Sec # 1	CKC: UGB	Age group: IT, PK	CDA: 8

Advocacy in Early Childhood: Children’s Rights, Our Responsibilities (Set 2)	Thursday, February 13	NEW
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This session examines culturally and developmentally appropriate professional practice in relation to the rights of children. We will explore strategies for professionals to uphold and advocate for children’s rights as well as strategies to share early childhood knowledge with others.

Hadiyah Miller, Carmen Ellis		Location: MHCC Maywood Campus 10100 NE Prescott St. Portland, OR 97220				
6:00 pm - 9:00 pm	Cost: \$15	CCRX10MPDL	Sec # 1	CKC: PPLD	Age group: NA	CDA: 6

This class is part of an Advocacy training series. The other modules will be offered on February 6 and February 29. Not all modules are required, but are recommended.

Developmental Movement Patterns in the Classroom (Set 2)	Tuesday, February 18
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In this class, participants will explore the sequence of rhythmic movement choices children journey through as they develop. Participants will leave with a basic observation tool to use in the classroom. We will also discuss how individual preferences unfold in our relationship with individual children. Are we labeling children “problem” or “difficult” when really it is the typically developing stage they are in and our reaction to it? What do we observe and what types of classroom materials and experiences are we offering children as they proceed naturally through these rhythmic stages?

Amy Williams		Location: MHCC Maywood Campus 10100 NE Prescott St. Portland, OR 97220				
6:00 pm - 9:00 pm	Cost: \$30	CCRX39OA	Sec # 1	CKC: OA, HGD	Age group: IT,PK,SA	CDA: 7

Accommodations: It’s Easier Than You Think (Set 2)	Wednesday, Feb. 19	NEW
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Having to make an accommodation plan for a child can be a daunting task. Join us as we explore when they are necessary and how to put one together. A well-defined accommodation plan can maximize effectiveness for the child and for your program.

Dominic Paz		Location: MHCC Maywood Campus 10100 NE Prescott St. Portland, OR 97220				
6:30 pm - 8:30 pm	Cost:\$10	CCRX92SN	Sec # 1	CKC: SN	Age group: NA	CDA: 7

Multnomah 2 Weeks Ready Community Conversation (Set 1)	Wednesday, Feb. 19	NEW
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In this session, participants will be introduced to the Emergency Preparedness 2 Weeks Ready Campaign, gain an understanding of current emergency preparedness resources available in their community, and discuss existing communication procedures that are in place. This session will be held in conversational style.

Kassy Rouselle		Location: MHCC Maywood Campus 10100 NE Prescott St. Portland, OR 97220				
7:00 pm - 8:00 pm	Cost: FREE	CCRX14LHSN	Sec # 1	CKC: HSN	Age group: NA	CDA:1

Anti-Bias Education: Principles and Goals (Set 1)				Saturday, February 22			
<p>The course lays the groundwork for understanding and pursuing the basic goals of anti-bias education: Goal 1: Every child will understand their own identity in a positive way; Goal 2: Every child will recognize and find joy in the diversity that exists among humans; Goal 3: Every child will recognize when things are unfair; and Goal 4: Every child will learn to speak up against unfairness on their own and/or with others.</p>							
Katie Kissinger		Location: MHCC Maywood Campus 10100 NE Prescott St. Portland, OR 97220					
9:00 am - 12:00 pm	Cost: \$15	CCR69DIV	Sec # 1	CKC: DIV	Age group: IT, PK, SA	CDA: 3	
Talking with Children about Skin Color Differences (Set 2)				Saturday, February 22			
<p>In this workshop we will look at children's books and materials to support adults/teachers in facilitating conversations with young children about skin color and skin color differences. Hands-on materials and dialogue are a rich part of this class.</p>							
Katie Kissinger		Location: MHCC Maywood Campus 10100 NE Prescott St. Portland, OR 97220					
12:30 pm - 3:30 pm	Cost: \$20	CCR67DIV	Sec # 1	CKC: DIV	Age group: PK, SA	CDA: 3	

Why Do They Do That? And What Should I Do? (Set 2)				Saturday, February 29			
<p>An overview of children's goals of misbehavior and how routines, environment, language, and positive guidance techniques can help you try to avoid basic problems in the classroom. In this training, we will learn why children misbehave and create positive strategies teachers can easily use while working with them. We will explore designing positive classroom settings that help guide children towards making good decisions before any situations arise. We will discuss several techniques, phrases, and the simple "3-Step Method" to use when guiding children.</p>							
Julianne Standish		Location: MHCC Maywood Campus 10100 NE Prescott St. Portland, OR 97220					
9:00 am - 12:00 pm	Cost: \$20	CCR11BUBG	Sec # 1	CKC: UGB	Age group: SA, PK	CDA: 8	

Advocacy in Early Childhood: The Expulsion Dilemma (Set 3)				Saturday, February 29			
<p>Early childhood program expulsions are rising, with African American children twice as likely to be expelled from preschool as White children. This trend has long-term, negative impacts on children, families, and communities. We'll critically examine the problem of preschool expulsions as a case study for various methods of advocacy and empower educators to plan for positive change.</p>							
Hadiyah Miller, Carmen Ellis		Location: MHCC Maywood Campus 10100 NE Prescott St. Portland, OR 97220					
9:00 am - 3:30 pm	Cost: \$20	CCR10NPDL	Sec # 1	CKC: PPLD, DIV	Age group: NA	CDA: 6	
<p>This class is part of an Advocacy training series. The first modules are offered on February 6 and February 13. It is recommended that participants attend the first two modules before this Set 3.</p>							

Meeting Children's Special Nutritional and Dietary Needs (Set 2)				Wednesday, March 4			
<p>Many children in child care today have special dietary requirements. Food allergies, cultural and religious preferences, and vegetarian diets are common issues in child care programs. Child care educators struggle to ensure that children with special dietary needs receive appropriate food. Come share your solutions and explore new options. Together we can better meet every child's nutritional needs.</p>							
Debbie Buta		Location: MHCC Maywood Campus 10100 NE Prescott St. Portland, OR 97220					
6:00 pm - 9:00 pm	Cost: \$15	CCR13CHSN	Sec # 1	CKC: HSN	Age group: NA	CDA: 1	

Paper, Pencil & Ink: Creating a Plan for Self-Care (Set 2)				Saturday, March 7			
Using a variety of art materials, explore inspiring ways to recharge and remain fresh and authentic in your classroom community. Articulate what is important to you personally so that your work as an educator deepens.							
Amy Williams			Location: MHCC Maywood Campus 10100 NE Prescott St. Portland, OR 97220				
9:00 am - 12:00 pm	Cost: \$30	CCR96PDL	Sec # 1	CKC: PPLD	Age group: NA	CDA: 6	

Child Sexual Behaviors: What's Common, Concerning, Harmful Creating Safe & Respectful Classrooms (Set 1)				Wednesday, March 11			
Attendees will walk away with an increased understanding of child sexual development, identifying and responding to problematic sexual behaviors, creating norms/rules for a safe and respectful classrooms, talking to young children about child sexual abuse and private part safety, and responding to concerns of abuse.							
Sally Blackwood			Location: CCR&R Office 4510 NE 102nd Ave Portland, OR 97220				
6:30 pm - 9:00 pm	Cost: \$10	CCR11XHGD	Sec # 1	CKC: HGD	Age group: IT, PK	CDA: 8	

Everyone Needs a Family Handbook! (Set 2) 				Saturday, March 14			
Written policies and procedures describe how you operate and let parents know the expectations in your program. We will examine the importance of policies as a way to establish your professionalism and keep parents informed. This workshop is designed to help new providers establish a handbook. Leave with a list of policies and procedures to include.							
Carol McMurdie			Location: MHCC Maywood Campus 10100 NE Prescott St. Portland, OR 97220				
9:00 am - 12:00 pm	Cost: \$30	CCR69PM	Sec # 1	CKC: PM	Age group: NA	CDA:5	

Put It In Writing (Set 1) 				Saturday, March 14			
Confused about what forms are required by the Office of Child Care for licensing? Join us for an informative, fun-filled class to discuss what forms are required and which forms are helpful when communicating with families in your care. Sample forms will be provided.							
Winnie Cheung			Location: MHCC Maywood Campus 10100 NE Prescott St. Portland, OR 97220				
10:00 am - 12:00 pm	Cost: \$5	CCR33PM	Sec # 1	CKC: PM	Age group: NA	CDA: 5	

WINTER WEATHER ALERTS

As winter weather conditions may be unpredictable, we want to remind everyone of our winter weather alerts! The CCR&R office will be closed and classes will be cancelled any time bad weather, dangerous driving conditions, or an emergency causes MHCC to close.

To make sure you always have the information you need, sign up for MHCC's Flashalerts at www.flashalert.net/id/MHCC.

You can also find closure information at www.mhcc.edu.



Mt. Hood Community College
Child Care Resource and Referral
of Multnomah County
26000 SE Stark St.
Gresham, OR 97030

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CCR&R STAFF (503) 491-6205

Training Registration Questions? Call (503) 491-6205

Child behavior specialist line (503) 491-6219

Christine Waters, Director 491-6210
Amelia Reyes, Program Assistant 491-6205 - Registration
Carmen Ellis, Training Manager 491-6213
Janet Muros, Training Program Specialist 491-6222
Deb Johnson, CCI Coordinator 491-6220
Carol Wilks, CCI Program Specialist 491-6206
Debbie Buta, CCI Business Consultant 491-6216

Robyn Harris, Baby Promise Coordinator 491-6212
Audrey Duffy, Baby Promise IT/ECE Consultant 491-6207
Sean Meurisse, Pathways ECE Consultant 491-6205
Hadiyah Miller, ECE Consultant (English) 491-6221
Winnie Cheung, ECE Consultant (English/Mandarin) 491-6226
Tam Nguyen, Provider Specialist (Vietnamese) 491-6214
Esther Horta, ECE Consultant/Network (Spanish) 491-6208
Yelena Hennegan, ECE Consultant/Network (Russian) 491-6211
Galina Nekrasova, ECE Consultant/Network (Russian) 491-6218
Muna Farah, ECE Consultant/Network (Somali) 491-6209
Sieu Inac, Inclusion Specialist (971) 673-2294
Cami Stevenson, Early Intervention/Special Education 491-6217

To update your child care program information or for assistance with referrals, call (503) 491-6205.

 Website: www.crr-mc.org

 Email us: info@crr-mc.org

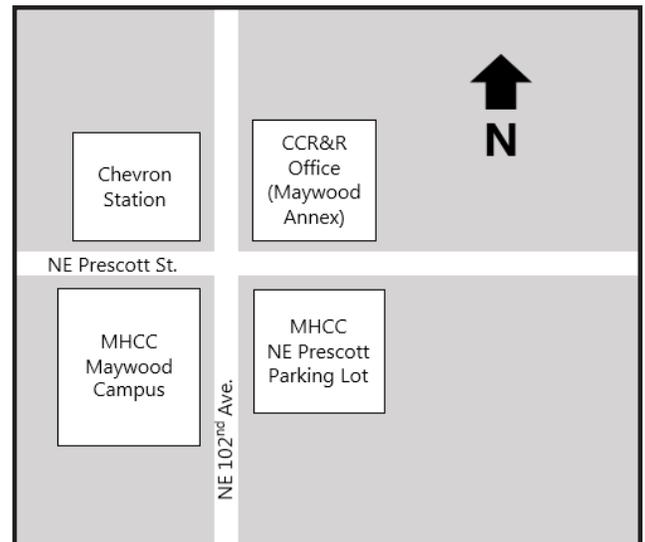
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Please call or drop in if you need help registering for a CCR&R class.

Other services typically require an appointment.



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